

**Oushadhi**

## **THERAPEUTIC INDEX**



**Oushadhi**

(A Govt. of Kerala undertaking)

**The Pharmaceutical Corporation (IM) Kerala Ltd.**

Phone : 0487-2459800 (30 lines)

Fax : 0487-2351675, 2459378

E-mail: [mail@oushadhi.org](mailto:mail@oushadhi.org) (Head Office); [marketing@oushadhi.org](mailto:marketing@oushadhi.org) (Marketing Section)

Website: [www.oushadhi.org](http://www.oushadhi.org)

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**Therapeutic Index**

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**The Pharmaceutical Corporation (IM) Kerala Ltd.**

(A Govt. of Kerala undertaking)

Kuttanellur, Thrissur - 680 014

Phone : 0487-2459800 (30 lines)

Fax : 0487-2351675, 2459378

E-mail: mail@oushadhi.org (Head Office)  
marketing@oushadhi.org (Marketing Section)  
Website: www.oushadhi.org

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# Asavarishtam

## 1. ABHAYARISHTAM: (Ashtangahrdayam)

Total Ingredients : 11  
Main Ingredients : Terminalia chebula, Emblica officinalis, Citrullus colocynthis, Symplocos cochinchinensis, Piper nigrum, Piper longum, Embelia ribes, Jaggery.  
Indication : Piles, Constipation. Recommended in Anaemia, Fever, Cardiac disorders, Skin diseases, Worm infestation, Sprue, Pthiasis, Oedema.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

## 2. AHIPHENASAVAM: (Bhaishajyaratnavali)

Total Ingredients : 9  
Ingredients : Madhuca indica, Honey, Elettaria cardamomum, Nelumbium speciosum, Santalum album, Opium, Cyperus rotundus, Myristica fragrans, Holarrhena antidyserterica.  
Indication : Diarrhoea and Dysentery. Useful even in Cholera  
Dosage : 10 drops or as directed by the physician.  
Presentation : 10 ml.

## 3. AMRUTHARISHTAM:(Bhaishajyaratnavali)

Total Ingredients : 23  
Main Ingredients : Tinospora cordifolia, Dasamoolam, Jaggery, Apium graveolens, Oldenlandia corymbosa, Cyperus rotundus, Picrorrhiza curroa, Aconitum heterophyllum, Holarrhena antidyserterica.  
Indication : Fever, Flu, Indigestion.  
Dosage : 15 ml - 25 ml b.d., after food or as directed by the physician.  
Presentation : 450 ml.

## 4. ARAGWADHARISHTAM: (Ashtangahrdayam)

Total Ingredients : 21  
Main Ingredients : Cassia fistula, Azadirachta indica, Tinospora cordifolia, Moringa oleifera, Cyclea peltata, Ficus glomerata, Trichosanthes anguina, Jaggery.  
Indication : Skin diseases. Recommended in Chronic wounds, Vitiligo, Scabies etc.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**5. ARAVINDASAVAM:** (Bhaishajyaratnavali)

Total Ingredients	:	27
Main Ingredients	:	Nelumbium speciosum (flower), Vetiveria zizanioides, Rubia cordifolia, Elettaria cardamomum, Sida cordifolia, Cyperus rotundus, Hemidesmus indicus, Acorus calamus, Merrimia turpethum, Oldenlandia corymbosa, Glycyrrhiza glabra, Raisins, Sugar, Honey.
Indication	:	Skin diseases, Loss of appetite and Indigestion in children. Recommended as a general tonic to children for achieving health and strength to the body.
Dosage	:	5 - 20 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**6. ASOKARISHTAM** (Bhaishajyaratnavali)

Total Ingredients	:	15
Main Ingredients	:	Saraca asoka, Jaggery, Apium graveolens, Coscinium fenestratum, Cuminum cyminum, Emblica officinalis, Adhatoda beddomei, Santalum album.
Indication	:	Menstrual disorders like Dysmenorrhoea, Menorrhagia etc., Leucorrhoea, Abdominal colic and Indigestion. Recommended as Uterine tonic.
Spl. Indication	:	In female sterility, it can be used with Aswagandharishtam.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**7. ASWAGANDHARISHTAM:** (Bhaishajyaratnavali)

Total Ingredients	:	27
Main Ingredients	:	Withania somnifera, Curculigo orchiooides, Rubia cordifolia, Glycyrrhiza glabra, Ipomoea mauritiana, Santalum album, Acorus calamus, Hemidesmus indicus, Curcuma longa, Alpinia calcarata, Elettaria cardamomum, Honey.
Indication	:	Mental disorders like Insanity, Epilepsy etc., Recommended in Rheumatic complaints, Cardiac complaints. Renders physical strength and vigour.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**8. AYASKRITHI:** (Ashtangahridayam)

Total Ingredients	:	49
Main Ingredients	:	Pterocarpus marsupium, Acacia catechu, Santalum album, Pongamia pinnata, Panchakolam, Iron sheets, Honey.
Indication	:	Diabetes mellitus, Anaemia, Vitiligo, Haemorrhoids, Skin diseases.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**9. BALARISHTAM:** (Bhalshajyaratnavali)

Total Ingredients	:	12
Ingredients	:	Sida cordifolia, Withania somnifera, Jaggery, Holostemma ada-kodien, Ricinus communis, Alpinia calcarata, Elettaria cardamomum, Merrimia tridentata, Eugenia caryophyllate, Vetiveria zizanioides, Tribulus terrestris, Woodfordia fruiticosa.

Indication	: Rheumatic and Nervous disorders. Recommended as a general tonic to all age groups. Renders appetite, physical strength and health. Effective in convalescence period.
Dosage	: 15-25 ml, b.d., after food or as directed by the physician.
Presentation	: 450 ml.

#### **10. CHANDANASAVAM:** (Bhalshajyaratnavali)

Total Ingredients	: 26
Main Ingredients	: Santalum album, Cyperus rotundus, Gmelina arborea, Caesalpinia sappan, Symplocos cochinchinensis, Pterocarpus santalinus, Kaempferia galanga, Trichosanthes anguina, Raisins, Sugar, jaggery.
Indication	: Gonorrhoea, Urinary diseases, Urinary calculi, Haematuria, Leucorrhoea, Anorexia and burning sensation of body. Renders appetite.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

#### **11. CHAVIKASAVAM:** (Brihatnighanturatnakaram)

Total Ingredients	: 34
Main Ingredients	: Piper brachystachym, Plumbago rosea, Acorus calamus, Kaempferia galanga, Thrichala, Coriandrum sativum, Baliospermum montanum, Embelia ribes, Thrikatu, Jaggery.
Indication	: Pthiasis, Ascites, Nasal catarrh, Anorexia, Rhinitis, Chronic sinusitis, Cough and other disorders related upper and lower respiratory tract, Dyspepsia.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

#### **12. DANTHYARISHTAM:** (Ashtangahridayam)

Total Ingredients	: 17
Main Ingredients	: Baliospermum montanum, Dasamoolam, Thrichala, Plumbago rosea, Jaggery, Woodfordia fruiticosa.
Indication	: Bleeding piles, Constipation, Loss of appetite. Recommended in Sprue, Worm infestation, Oedema.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

#### **13. DASAMOOLARISHTAM:** (Bhaishajyaratnavali)

Total Ingredients	: 70
Main Ingredients	: Dasamoolam, Tinospora cordifolia, Emblica officinalis, Clerodendrum serratum, Alpinia calcarata, Curcuma longa, Piper longum, Cyperus rotundus, Ipomoea mauritiana, Withania somnifera, Raisins, Jaggery, Honey, Santalum album.
Indication	: Rheumatic disorders. Recommended in Cough, Bronchitis, Dyspnoea, Gastric disorders, Vomiting, Dysuria and Anaemia. It is a general tonic and can be used in Post-natal care. Renders physical strength, vigour and vitality.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

**14. DHANWANTHARARISHTAM:** (Ashtangahridayam)

Total Ingredients : 70  
Main Ingredients : Sida cordifolia, Hordeum vulgare, Ziziphus jujuba, Horse gram, Dasamoolam, Asparagus racemosus, Withania somnifera, Hemidesmus indicus, Ipomoea mauritiana, Acorus calamus, Boerrhavia diffusa, Peucedanum graveolens, Jaggery, Piper longum, Piper nigrum, Santalum album, Nardostachys jatamansi  
Indication : Specially indicated for Post-natal care and Post-natal disorders. Recommended in rheumatic complaints like Hemiplegia, Spondylitis, Sprain and General fatigue.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**15. DRAKSHARISHTAM:** (Sarngadharasamhitha)

Total Ingredients : 10  
Main Ingredients : Raisins, Jaggery, Chathurjathakam, Aglaia roxburghiana, Piper longum, Piper nigrum, Embelia ribes.  
Indication : General weakness, Loss of appetite, Dyspnoea, Cough, Bronchitis, Anaemia, Chronic throat diseases. Recommended in Habitual constipation.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**16. DURALABHARISHTAM:** (Ashtangahridayam)

Total Ingredients : 12  
Main Ingredients : Tragia involucrata, Baliospermum montanum, Cyclea peltata, Plumbago rosea, Terminalia chebula, Emblica officinalis, Dried ginger, Adhatoda beddomei, Sugar, Aglaia roxburghiana, Piper spp., Woodfordia fruiticosa.  
Indication : Haemorrhoids, Anorexia and Constipation.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**17. JEERAKARISHTAM:**(Bhaishajyaratnavali)

Total Ingredients : 13  
Main Ingredients : Cuminum cyminum, Jaggery, Woodfordia fruiticosa, Dried ginger, Myristica fragrans, Cyperus rotundus, Chathurjathakam, Illicium verum, Eugenia caryophyllata.  
Indication : Post-natal disorders. Indicated in Loss of appetite, Flatulence, Indigestion, Hiccup, Bronchitis Dyspnoea, Sprue.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**18. KANAKASAVAM:**(Bhaishajyaratnavali)

Total Ingredients : 13  
Main Ingredients : Datura stramonium, Adhatoda beddomei, Madhuca indica, Piper longum, Solanum xanthocarpum, Mesua ferrea, Dried ginger, Clerodendrum serratum, Abies spectabilis, Woodfordia fruiticosa, Raisins, Sugar, Honey.

Indication	: A reputed bronchodilator. Recommended in Bronchial asthma, Cough, Hiccup, Dyspnoea etc.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

**19. KARPOORASAVAM:**(Bhaishajyaratnavali)

Total Ingredients	: 7
Main Ingredients	: Rectified spirit, Elettaria cardamomum, Cyperus rotundus, Dried ginger, Cuminum cyminum, Piper nigrum, Camphor.
Indication	: Abdominal colic, Dysentery, Diarrhoea, Indigestion.
Dosage	: 5-10 drops with luke warm Cumin seed water.
Presentation	: 10 ml.

**20. KHADIRARISHTAM:**(Bhaishajyaratnavali)

Total Ingredients	: 18
Main Ingredients	: Acacia catechu, Psoralia corylifolia, Coscinium fenestratum, Thriphala, Honey, Sugar, Woodfordia fruiticosa, Illicium verum, Myristica fragrans, Piper longum, Thrijathakam, Eugenia caryophyllata, Mesua ferrea.
Indication	: Skin diseases. Recommended as an excellent blood purifier. Also indicated in Anaemia, Obesity, Worm infestation; cough, spleenic disorders.
Dosage	: 15 - 25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

**21. KUMARYASAVAM:**(Sarngadharasamhitha)

Total Ingredients	: 45
Main Ingredients	: Aloe vera, Jaggery, Honey, Iron, Embelia ribes, Thrikatu, Picrorrhiza curroa, Coriandrum sativum, Curcuma longa, Coscinium fenestratum, Sida cordifolia, Glycyrrhiza glabra, Mucuna pruriens, Boerrhavia diffusa, Woodfordia fruiticosa, Ferri sulphuretum (processed)
Indication	: Dysmenorrhoea, Oligomenorrhoea, Anorexia, Urinary tract infection and Abdominal colic. Used as an Uterine tonic, increases strength & complexion.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

**22. KUTAJARISHTAM:**(Bhaishajyaratnavali)

Total Ingredients	: 6
Main Ingredients	: Holarrhena antidysenterica, Raisins, Madhuca indica (Flower), Gmelina arborea (fruit), Jaggery, Woodfordia fruiticosa.
Indication	: Diarrhoea and Dysentery. Recommended in Sprue, Colic, Flatulence and Fever associated with diarrhoea.
Dosage	: 15-25 ml. b.d., after food or as directed by the physician.
Presentation	: 450 ml.

**23. LODHRASAVAM:** (Ashtangahrdayam)

Total Ingredients : 32  
Main Ingredients : Symplocos cochinchinensis, Chonemorpha macrophylla, Kaempferia galanga, Embelia ribes, Clerodendrum serratum, Aconitum heterophyllum, Trichosanthes anguina, Solanum indicum, Cuminum cyminum, Thripala, Honey.  
Indication : Diabetes, Anaemia, Worm infestation. Recommended to reduce excess fat in the body. Vitiligo, skin diseases.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**24. LOHASAVAM:** (Sarngadharasamhitha)

Total Ingredients : 14  
Main Ingredients : Iron (processed), Thrikatu, Thripala, Cuminum cyminum, Embelia ribes, Cyperus rotundus, Plumbago rosea, Woodfordia fruiticosa, Honey, Jaggery.  
Indication : Anaemia. Recommended in Skin disorders, Pthiasis, Bleeding piles, Sprue, Cardiac disorders and Obesity.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**25. MADHOOKASAVAM:** (Ashtangahrdayam)

Total Ingredients : 9  
Main Ingredients : Madhuca indica, Embelia ribes, Plumbago rosea, Semicarpus anacardium, Rubia cordifolia, Honey, Elettaria cardamomum, Vetiveria zizanioides, Santalum album.  
Indication : Sprue. Recommended in Fatigue, Emaciation, Skin disorders and Dropsy, Diabetes.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**26. MRUDWEEKARISHTAM:** (Sarngadharasamhitha)

Total Ingredients : 17  
Main Ingredients : Raisins, Sugar candy, Honey, Woodfordia fruiticosa, Illicium verum, Piper nigrum, Elettaria cardamomum, Piper longum, Plumbago rosea, Piper aurantiacum, Santalum album, Camphor.  
Indication : Piles, Pthiasis, Diseases related to ear, nose and throat. Recommended in General fatigue, Skin problems.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

**27. MUSTHARISHTAM:** (Bhaishajyaratnavali)

Total Ingredients : 10  
Main Ingredients : Cyperus rotundus, Jaggery, Woodfordia fruiticosa, Carum carvi, Dried ginger, Piper nigrum, Eugenia caryophyllata, Trigonella foenum-graecum, Plumbago rosea, Cuminum cyminum.  
Indication : Intestinal colic, Indigestion, Loss of appetite, Sprue, Diarrhoea and Worm infestation.  
Effectively used with Aravindasavam in children

Dosage : 15 - 25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

#### **28. PARTHARISHTAM:** (Bhaishajyaratnavali)

Total Ingredients : 5  
Ingredients : Terminalia arjuna, Raisins, Madhuca indica (flower), Jaggery, Woodfordia fruiticosa.  
Indication : Cardiac complaints. Recommended to retain physical strength. Can be given in Hypertension and associated symptoms.  
Dosage : 15 - 25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

#### **29. PIPPALYASAVAM:** (Bhaishajyaratnavali)

Total Ingredients : 26  
Main Ingredients : Piper longum, Piper nigrum, Curcuma longa, Plumbago rosea, Embelia ribes, Cyclea peltata, Emblica officinalis, Santalum album, Nardostachys jatamansi, Elettaria cardamomum, Raisins, Jaggery, Woodfordia fruiticosa.  
Indication : Anorexia, General fatigue, Ptosis, Ascites, Sprue, Piles, Loss of appetite, Flatulence and Splenic disorders.  
Dosage : 15 - 25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

#### **30. POOTHIKASAVAM:** (Ashtangahrdayam)

Total Ingredients : 5  
Main Ingredients : Holoptelia integrifolia, Thrikatu, Jaggery.  
Indication : Haemorrhoids, Splenic diseases, Ascites, Constipation. Improves digestion.  
Dosage : 15-25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

#### **31. PUNARNAVASAVAM:** (Bhaishajyaratnavali)

Total Ingredients : 24  
Main Ingredients : Boerrhavia diffusa, Azadirachta indica, Tinospora cordifolia, Raisins, Adhatoda beddomei, Ricinus communis, Solanum melongena, var. insanum, Tribulus terrestris, Thrikatu, Sugar, Honey.  
Indication : Dropsy, Anaemia, Liver disorders, Fever, Splenic disorders. Ascites, Swelling.  
Dosage : 15 - 25 ml. b.d., after food or as directed by the physician.  
Presentation : 450 ml.

#### **32. ROHITHAKARISHTAM:** (Bhaishajyaratnavali)

Total ingredients : 14  
Main ingredients : Aphanamixis polystachya, Piper longum, Piper retrofractum, Plumbago Zeylanica, Zingiber officinalis, Cinnamomum zeylanicum, Elettaria Cardamomum, Cinnamomum tamala, Terminalia chebula, Terminalia Bellarica, Emblica officinalis, Woodfordia fruticosa  
Indication : Indigestion, Ascitis, Problems related spleen  
Dosage : 12-24 ml or as directed by physician  
Presentation : 450 ml

**33. SARASWATHARISHTAM:** (Bhaishajyaratnavali)

Total Ingredients	:	19
Main Ingredients	:	Bacopa monnieri, Ipomoea mauritiana, Asparagus racemosus, Honey, Sugar, Merrimia turpethum, Acorus calamus, Withania somnifera, Tinospora cordifolia, Embelia ribes, Gold (24 carat-processed).
Indication	:	Increases memory power, restores mental harmony. Recommended in Mental disorders, Stammering and Fear, good for children above three years.
Dosage	:	2 - 4 drops preferably with milk at bed time.
Presentation	:	10 ml.

**34. SARIBADYASAVAM:** (Bhaishajyaratnavali)

Total Ingredients	:	26
Main Ingredients	:	Hemidesmus indicus, Symplocos cochinchinensis, Kaempferia galanga, Caesalpinia sappan, Tinospora cordifolia, Vetiveria zizanioides, Santalum album, Pterocarpus santalinus, Picrorrhiza curroa, Amomum subulatum, Elettaria cardamomum, Holostemma ada-kodien, Jaggery, Raisins.
Indication	:	Arthritic complaints, Uriwo-genital disorders, Leucorrhoea, Painful and burning micturition, Diabetes.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**35. USEERASAVAM:** (Bhaishajyaratnavali)

Total Ingredients	:	25
Main Ingredients	:	Vetiveria zizanioides, Coleus zeylanicus, Aglaia roxburghiana, Caesalpinia sappan, Rubia cordifolia, Andrographis paniculata, Oldenlandia corymbosa, Raisins, Sugar, Honey.
Indication	:	Epistaxis, Recommended in Anaemia, Skin disorders, Worm infestation, Swelling etc. Diabetes.
Dosage	:	15-25 ml. b.d. after food or as directed by the physician.
Presentation	:	450 ml.

**36. VASARISHTAM:** (Ayurvedic Formulary of India)

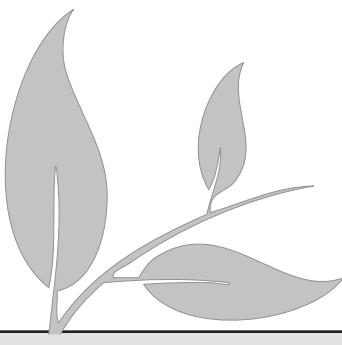
Total Ingredients	:	12
Main Ingredients	:	Adhatoda beddomei, Thrikatu, Chathurjathakam, Piper cubeba, Coleus zeylanicus, Jaggery, Woodfordia fruiticosa.
Indication	:	Productive cough, Bronchitis, Laryngitis. Recommended in Epistaxis.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**37. VIDARYADYASAVAM:** (Ashtangahridayam)

Total Ingredients	:	20
Main Ingredients	:	Ipomoea mauritiana, Ricinus communis, Boerrhavia diffusa, Cedrus deodara, Teramnus labialis, Phaseolus trilobus, Mucuna pruriens, Hemidesmus indicus, Holostemma ada-kodien, Desmodium gangeticum, Pseudarthria viscosa, Jaggery.
Indication	:	Fatigue, Emaciation, General weakness, Cough, Respiratory disorders, Fever and Cardiac complaints.
Dosage	:	15-25 ml. b.d., after food or as directed by the physician.
Presentation	:	450 ml.

**38. MOOLAKASAVAM:** (An Ayurvedic Proprietary medicine)

Total ingredients : 11  
Ingredients : Raphanus sativus, Azadiracta indica, Thripala, Glycyrrhiza glabra, milk,  
Honey etc.  
Indication : Skin disease etc.  
Presentation : 450 ml





# Thailam

## 1. AMRUTHADI THAILAM (Cheruthu): (Sahasrayogam)

Total Ingredients	:	6
Main Ingredients	:	Tinospora cordifolia, Santalum album, Hemidesmus indicus, Cyperus rotundus, Emblica officinalis, Gingelly oil.
Indication	:	Rheumatic disorders, Mental diseases, Epistaxis.
Usage	:	For external application only.
Presentation	:	200 ml., 450 ml.

## 2. AMRUTHADI THAILAM (Valuthu): (Charakasamhitha)

Total Ingredients	:	36
Main Ingredients	:	Tinospora cordifolia, Glycyrrhiza glabra, Boerrhavia diffusa, Alpinia calcarata, Ricinus communis, Holostemma ada-kodien, Withania somnifera, Sida cordifolia, Ipomoea mauritiana, Aegle marmelos, Hordeum vulgare, Horse gram, Gingelly oil, Santalum album, Cow milk.
Indication	:	Rheumatic disorders, Emaciation, Fatigue, Fracture, Mental disorders. More potent than Amruthadi thailam (cheruthu).
Usage	:	For external application only.
Presentation	:	200 ml., 450 ml.

## 3. ANUTHAILAM: (Ashtangahridayam)

Total Ingredients	:	28
Main Ingredients	:	Holostemma ada-kodien, Cedrus deodara, Cyperus rotundus, Santalum album, Coscinium fenestratum, Asparagus racemosus, Glycyrrhiza glabra, Embelia ribes, Desmodium gangeticum, Sida cordifolia, Gingelly oil, Goat milk.
Indication	:	Diseases related with nose, throat, head. Recommended in Headache, Anosmia, Chronic sinusitis, Nasal polyps etc.
Usage	:	For nasal application only. 4-10 drops in nostrils or as directed by the physician.
Presentation	:	10 ml., 50 ml.

**4. ARIMEDADI THAILAM:** (Ashtangahridayam)

Total Ingredients : 40  
Main Ingredients : Acacia ferruginea, Acacia catechu, Red ochre, Santalum album, Glycyrrhiza glabra, Coscinium fenestratum, Curcuma longa, Cyperus rotundus, Thriphala, Rubia cordifolia, Myristica fragrans, Eugenia caryophyllata, Camphor, Gingelly oil.  
Indication : Pyorrhoea, Stomatitis, Gingivitis and Dental diseases.  
Usage : Apply inside the mouth or use for gargling. Apply over head before bath in dental diseases or use as directed by the physician.  
Presentation : 200 ml., 450 ml.

**5. ARUKALADI THAILAM:** (Sahasrayogam)

Total Ingredients : 7  
Main Ingredients : Eclipta alba, Tinospora cordifolia, Elephantopus scaber, Cynodon dactylon, Cardiospermum halicacabum, Musa sapientum (rhizome), Gingelly oil.  
Indication : Anaemia. Effective in prophylactic period of Jaundice.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**6. ASANELADI THAILAM:** (Proprietary Medicine)

Total Ingredients : 34  
Main Ingredients : Pterocarpus marsupium, Aegle marmelos, Sida cordifolia, Tinospora cordifolia, Elettaria cardamomum, Kaempferia galanga, Saffron, Commiphora wightii, Gingelly oil, Cow milk.  
Indication : Chronic rhinitis, Scabies, Dandruff, Headache, and diseases related with head.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**7. ASANELADI VELICHENNA:** (Proprietary Medicine)

Total Ingredients : 34  
Main Ingredients : Pterocarpus marsupium, Aegle marmelos, Sida cordifolia, Tinospora cordifolia, Elettaria cardamomum, Kaempferia galanga, Saffron, Commiphora wightii, Coconut oil, Cow milk.  
Indication : Chronic rhinitis, Scabies, Dandruff, Headache and diseases related with head.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**8. ASANAMANJISHTADI THAILAM:** (Proprietary Medicine)

Total Ingredients : 35  
Main Ingredients : Pterocarpus marsupium, Aegle marmelos, Sida cordifolia, Tinospora cordifolia, Rubia cordifolia, Hemidesmus indicus, Thriphala, Chathurjathakam, Vetiveria zizanioides, Gingelly oil, Aloe vera, Cow milk, Camphor.  
Indication : Eye diseases, Headache.  
Recommended in diseases related to head, Otorrhoea, Otitis media.

Usage : For external application over head.  
Can be dropped in ear or as directed by the physician.

Presentation : 200 ml., 450 ml

#### **9. ASANAVILWADI THAILAM:** (Sahasrayogam)

Total Ingredients : 11

Main Ingredients : Pterocarpus marsupium, Aegle marmelos, Sida cordifolia, Tinospora cordifolia, Glycyrrhiza glabra, Thrichala. Dried ginger, Gingelly oil, Cow milk.

Indication : Headache, Otorrhoea, Eye diseases, Rhinitis.

Usage : For external application over head.

Presentation : 200 ml., 450 ml.

#### **10. ASANAVILWADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 11

Main Ingredients : Pterocarpus marsupium, Aegle marmelos, Sida cordifolia, Tinospora cordifolia, Glycyrrhiza glabra, Thrichala, Dried ginger, Coconut oil, Cow milk.

Indication : Headache, Otorrhoea, Burning sensation in eye, Rhinitis.

Usage : For external application over head.

Presentation : 200 ml., 450 ml.

#### **11. BALADHATHRYADI THAILAM:** (Sahasrayogam)

Total Ingredients : 58

Main Ingredients : Sida cordifolia, Emblica officinalis, Tinospora cordifolia, Vetiveria zizanioides, Santalum album, Thrichathakam, Asparagus racemosus, Ipomoea mauritiana, Raisins, Saffron, Kaempferia galanga, Hemidesmus indicus, Eugenia caryophyllata, Cedrus deodara, Thrichala, Gingelly oil, Cow milk.

Indication : Burning sensation over head, Insanity, Headache, Diseases of nervous system.

Usage : For external application over head.

Presentation : 200 ml., 450 ml.

#### **12. BALAGULUCHYADI THAILAM:** (Sahasrayogam)

Total Ingredients : 12

Main Ingredients : Sida cordifolia, Tinospora cordifolia, Cedrus deodara, Santalum album, Withania somnifera, Alpinia calcarata, Gingelly oil.

Indication : Burning sensation, Pain, Swelling etc. related with Arthritis. Recommended in Rheumatoid arthritis.

Usage : For external application over head and affected areas.

Presentation : 200 ml., 450 ml.

#### **13. BALAGULUCHYADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 12

Main Ingredients : Sida cordifolia, Tinospora cordifolia, Cedrus deodara, Santalum album, Withania somnifera, Alpinia calcarata, Coconut oil.

Indication : Burning sensation, Pain, Swelling etc. related with Arthritis. Recommended in Rheumatoid arthritis.

Usage : For external application over head.

Presentation : 200 ml., 450 ml.

**14. BALAHATADI THAILAM:** (Sahasrayogam)

Total Ingredients : 9  
Main Ingredients : Sida cordifolia, Emblica officinalis, Tinospora cordifolia, Phaseolus radiatus, Phaseolus mungo, Gingelly oil, Santalum album, Saussurea lappa, Glycyrrhiza glabra.  
Indication : Headache.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**15. BALASWAGANDHADI THAILAM:** (Sahasrayogam) (Balaswagantha Lakshadi thailam)

Total Ingredients : 22  
Main Ingredients : Sida cordifolia, Withania somnifera, Coccus lacca, Alpinia calcarata, Glycyrrhiza glabra, Curcuma longa, Peucedanum graveolens, Gingelly oil, Cow milk, Butter milk.  
Indication : Rheumatic complaints, Fatigue, Physical weakness, Mental diseases, Emaciation. Recommended in Post-natal care.  
Usage : For external application all over body.  
Presentation : 200 ml., 450 ml.

**16. BALA THAILAM:** (Ashtangahrdayam)

Total Ingredients : 55  
Main Ingredients : Sida cordifolia, Tinospora cordifolia, Alpinia calcarata, Cow milk, Gingelly oil, Butter milk, Coscinium fenestratum, Santalum album, Cyperus rotundus, Ocimum sanctum, Ipomoea mauritiana, Vitex negundo, Eugenia caryophyllata, Acorus calamus, Asphaltum, Camphor, Saffron.  
Indication : Rheumatic complaints, Mental diseases, Respiratory diseases.  
Usage : Internally: 6-15 drops with Cumin seed water/milk or as directed by the physician. May be used externally also.  
Presentation : 10 ml.

**17. BHRINGAMALAKADI THAILAM:** (Sahasrayogam)

Total Ingredients : 5  
Main Ingredients : Eclipta alba, Emblica officinalis, Glycyrrhiza glabra, Cow milk, Gingelly oil.  
Indication : Enhances growth of hair, gives cooling effect to head and eyes. Recommended in Eye diseases, Headache, Otitis media.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**18. CHANDANADI THAILAM:** (Sahasrayogam)

Total ingredients : 29  
Main Ingredients : Santalum album, Glycyrrhiza glabra, Withania somnifera, Vetiveria zizanioides, Curcuma longa, Sida cordifolia, Elettaria cardamomum, Clerodendrum serratum, Cow milk, Gingelly oil.  
Indication : Mental disorders. Renders cooling and conditioning to head.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**19. CHEMPARATHYADI VELICHENNA:** (Proprietary Medicine)

Total Ingredients : 11  
Main Ingredients : Leaves of Hibiscus rosa-sinensis, Aegle marmelos, Piper betel, Ocimum sanctum, Indigofera tinctoria, Ixora coccinea, Carum carvi, Coconut oil.  
Indication : Skin disorders like Scabies, Erysepelas, Itching, etc. Emaciation seen in infants and children.  
Usage : For external application over body and head.  
Presentation : 200 ml., 450 ml.

**20. CHINCHADI THAILAM:** (Sahasrayogam)

Total Ingredients : 10  
Main Ingredients : Tamarindus indica (leaves), Gingelly oil, Moringa oleifera, Panchalavanam, Yellow resin, Ocimum malabaricum.  
Indication : Rheumatic diseases.  
Usage : For external application only. Wet fomentation is suggested for better results.  
Presentation : 200 ml., 450 ml.

**21. DINESELADI VELICHENNA:** (Proprietary Medicine)

Total Ingredients : 37  
Main Ingredients : Ventilago madraspatana, Curcuma longa, Calotropis gigantea, Cassia fistula, Ksheerivriksha (stem bark), Elettaria cardamomum, Nardostachys jatamansi, Saussurea lappa, Myristica fragrans, Pearl oyster, Saffron, Commiphora wightii, Coconut oil.  
Indication : Scabies, Skin disorders, Itching, Urticaria, Allergic disorders and Skin blemishes.  
Usage : For external application only.  
Presentation : 200 ml., 450 ml.

**22. DHANWANTHARAM THAILAM:** (Ashtangahridayam)

Total Ingredients : 48  
Main Ingredients : Sida cordifolia, Hordeum vulgare, Ziziphus jujuba, Horse gram, Dasamoolam, Asparagus racemosus, Rubia cordifolia, Withania somnifera, Hemidesmus indicus, Santalum album, Ipomoea mauritiana, Acorus calamus, Rock salt, Asphaltum, Boerrhavia diffusa, Thripahala, Chathurjathakam, Gingelly oil, Cow milk.  
Indication : A highly efficacious preparation used in Rheumatic diseases, Fracture, Sprain, Contusions, Emaciation, Mental disorders, Hydrocele, Hernia, Vaginal disorders, Menstrual irregularities, Uriogenital disorders. Recommended in Antenatal as well as Post-natal care.  
Usage : For external application all over body.  
Presentation : 200 ml., 450 ml.

**23. DHANWANTHARAM KUZHAMBU:**(Ashtangahridayam)

Total Ingredients : 50  
Main Ingredients : Sida cordifolia, Hordeum vulgare, Ziziphus jujuba, Horse gram, Dasamoolam, Asparagus racemosus, Rubia cordifolia, Withania somnifera, Hemidesmus indicus, Santalum album, Ipomoea mauritiana, Acorus calamus, Rock salt, Asphaltum, Boerrhavia diffusa, Thriphala, Chathurjathakam, Gingelly oil, Castor oil, Cow milk, Cow ghee.  
Indication : Similar to Dhanwantharam thailam and better for 'Pizhichil'.  
Usage : Only for external use below the neck.  
Presentation : 200 ml., 450 ml.

**24. DHANWANTHARAM THAILAM 7 AVARTHI:** (Ashtangahridayam)

**25. DHANWANTHARAM THAILAM 14 AVARTHI:** (Ashtangahridayam)

**26. DHANWANTHARAM THAILAM 21 AVARTHI:** (Ashtangahridayam)

**27. DHANWANTHARAM THAILAM 41 AVARTHI:** (Ashtangahridayam)

**28. DHANWANTHARAM THAILAM 101 AVARTHI:** (Ashtangahridayam)

Ingredients : Similar to Dhanwantharam thailam.  
Indication : Similar to Dhanwantharam thailam.  
Usage : Can be used internally as additive in Kashayam or milk or suitable vehicles and externally for 'pichu', 'dhara', 'nasya', 'vasthi' or as directed by the physician.  
Dosage : 5-12 drops.  
Presentation : 10 g.

**29. DHOORDHOORAPATHRADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 10  
Main Ingredients : Datura stramonium, Cynodon dactylon, Tinospora cordifolia, Coconut oil, Glycyrrhiza glabra, Coconut juice.  
Indication : Dandruff, Alopacia, Scabies over scalp. Promotes growth of hair.  
Usage : For external application.  
Presentation : 200 ml.

**30. ELADI THAILAM:** (Ashtangahridayam)

Total Ingredients : 30  
Main Ingredients : Elettaria cardamomum, Amomum subulatum, Kaempferia galanga, Pearl oyster, Myristica fragrans, Saffron, Commiphora wightii, Yellow resin, Gingelly oil.  
Indication : Scabies and other skin disorders like Itching, Skin blemishes. Improves complexion.  
Usage : For external application only.  
Presentation : 200 ml., 450 ml.

**31. ELADI VELICHENNA:** (Ashtangahridayam)

Total Ingredients	:	30
Main Ingredients	:	Elettaria cardamomum, Amomum subulatum, Kaempferia galanga, Pearl oyster, Myristica fragrans, Saffron, Commiphora wightii, Yellow resin, Coconut oil.
Indication	:	Same as Eladi Thailam. Especially in Dandruff.
Usage	:	External application over head and body.
Presentation	:	200 ml., 450 ml.

**32. GANDHA THAILAM:** (Ashtangahridayam)

Total Ingredients	:	45
Main Ingredients	:	Sesamum indicum, Cow milk, Glycyrrhiza glabra, Eugenia caryophyllata, Peucedanum graveolens, Sida cordifolia, Jeevaneeyaganam, Elettaria cardamomum, Amomum subulatum, Kaempferia galanga, Pearl oyster, Myristica fragrans, Saffron, Commiphora wightii, Yellow resin, Alpinia calcarata.
Indication	:	Fracture, Sprain, Blows, Contusions, Crushing etc. over vital points, Rheumatic diseases. Recommended for remodelling and strengthening the bones.
Usage	:	Internal as well as external application. Externally apply over the affected area.
Dosage:	:	Internally 5-12 drops with milk/lukewarm water or suitable kashayas at bed time or as directed by the physician.
Presentation	:	10 ml.

**33. GANDHARVAHASTHA THAILAM:** (Ashtangasamgraham)

Total Ingredients	:	5
Main Ingredients	:	Ricinus communis, Hordeum vulgare, Dried ginger, Cow milk, Castor oil.
Indication	:	An effective and harmless purgative in Low back-ache, Body aches and Rheumatic complaints.
Usage	:	Internally 5 - 15 ml. with hot milk or juice of Vitex negundo leaves or suitable kashaya at bed time or as directed by the physician.
Presentation	:	50 ml.

**34. GOPADMAJADI VELICHENNA:** (Sahasrayogam)

Total Ingredients	:	14
Main Ingredients	:	Cynodon dactylon, Hemidesmus indicus, Ksheerivriksha (buds), Coconut oil, Cow milk.
Indication	:	Scabies, Erysepelas, Abscess and Burning sensation in skin disorders.
Usage	:	For external application only.
Presentation	:	200 ml., 450 ml.

**35. GULGULUMARICHADI THAILAM:** (Ashtangahridayam)

Total Ingredients	:	17
Main Ingredients	:	Commiphora wightii, Piper nigrum, Embelia ribes, Yellow resin, Yellow orpiment, Curcuma longa, Gingelly oil, Coconut oil, Hydnocarpus oil.
Indication	:	Chronic skin diseases, Keratitis, Crack foot.
Usage	:	For external application over affected area.
Presentation	:	500 g.

**36. HINGUTHRIGUNAM THAILAM:** (Ashtangahridayam)

Total Ingredients : 4  
Main Ingredients : Ferula asafoetida, Rock salt, Castor oil, Allium sativum.  
Indication : Hydrocele, Pthasis, Ascites.  
Usage : 5-25 ml. with Cow urine or suitable kashayas in empty stomach or as directed by the physician.  
Presentation : 50 g., 100 g.

**37. JATHYADI VELICHENNA:** (Sarngadharasamhitha)

Total Ingredients : 19  
Main Ingredients : Jasminum grandiflorum, Oldenlandia corymbosa, Cyathula prostrata, Aerva lanata, Azadirachta indica, Vitex negundo, Coconut oil, Rubia cordifolia, Curcuma longa, Pongamia pinnata, Blue vitriol, Bee wax.  
Indication : Chronic wounds, Wounds in vital points, Burns, Abscess.  
Usage : A tampon soaked in this, inserted into the deep wounds, cleans and cures the wounds speedily. For external application.  
Presentation : 200 ml., 450 ml.

**38. JEEVANTHYADI YAMAKAM:** (Ashtangahridayam)

Total Ingredients : 10  
Main Ingredients : Holostemma ada-kodien, Rubia cordifolia, Blue vitriol, Gingelly oil, Buffalo ghee, Yellow resin, Bees wax.  
Indication : Chilblain, Cracks in foot, palms and lips, Skin diseases.  
Usage : For external application.  
Presentation : 50 g., 100 g.

**39. KANJUNNYADI THAILAM:** (Sahasrayogam)

Total Ingredients : 7  
Main Ingredients : Eclipta alba, Tinosporacordifolia, Emblica officinalis, Galena, Glycyrrhiza glabra, Gingelly oil, Tinospora cordifolio, Cow milk.  
Indication : Headache, Ophthalmic disturbances. Prevents premature greying and loss of hair. Enhances growth of hair.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**40. KANJUNNYADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 7  
Ingredients : Eclipta alba, Tinospora cordifolia, Emblica officinalis, Galena, Glycyrrhiza glabra, Coconut oil, Cow milk.  
Indication : Same as Kanjunnyadi thailam.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**41. KARAPPAN THAILAM:**(Proprietary Medicine)

Total Ingredients	:	22
Main Ingredients	:	Eclipta alba, Asparagus racemosus, Tectona grandis (Young shoot), Cynodon dactylon, Coconut oil, Vetiveria zizanioides, Thripahala, Embelia ribes, Santalum album, Rubia cordifolia.
Indication	:	Paediatric skin disorders. Can be also used for Poisonous skin disorders in adults.
Usage	:	For external application only.
Presentation	:	200 ml., 450 ml.

**42. KARNAPOORANA THAILAM:** (Ashtangahridayam)

Total Ingredients	:	8
Main Ingredients	:	Aconitum heterophyllum, Ferula asafoetida, Peucedanum graveolens. Cinnamomum zeylanicum, Unaqua NaCl, Piper nigrum, Gingelly oil, Mustard oil, Dhanyamlam.
Indication	:	Otalgia, Deafness, Otorrhoea and other ear diseases.
Usage	:	2-3 drops in ears b.d. with bearable warmth or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**43. KARPASASTHYADI THAILAM:** (Sahasrayogam)

Total Ingredients	:	17
Main Ingredients	:	Gossypium herbaceum, Sida cordifolia, Phaseolus mungo, Alpinia calcarata, Peucedanum graveolens, Dried Ginger, Moringa oleifera, Boerrhavia diffusa, Gingelly oil, Goat milk.
Indication	:	Hemiplegia, Facial palsy, Brachial palsy.
Usage	:	Application over head and body. Used for 'Nasya' in facial palsy and brachial palsy. Fomentation with Calotropis leaves is preferable after applying over the affected area.
Presentation	:	200 ml., 450 ml.

**44. KARPASASTHYADI KUZHAMBU:** (Sahasrayogam)

Total Ingredients	:	19
Main Ingredients	:	Gossypium herbaceum, Sida cordifolia, Phaseolus mungo, Alpinia calcarata, Peucedanum graveolens. Dried Ginger, Moringa oleifera, Boerrhavia diffusa, Gingelly oil, Castor oil, Cow ghee, Goat milk.
Indication	:	Same as Karpasasthyadi thailam. Not recommended for nasya and application on head.
Usage	:	For external application.
Presentation	:	200 ml., 450 ml.

**45. KARPOORADI THAILAM:** (Proprietary Medicine)

Total Ingredients	:	3
Ingredients	:	Camphor, Apium graveolens, Coconut oil.
Indication	:	Pain and Swelling over joints.
Usage	:	For external application.
Presentation	:	450 ml., 200 ml., 100 ml.

**46. KOTTAMCHUKKADI THAILAM:** (Sahasrayogam)

Total Ingredients : 12  
Main Ingredients : Tamarindus indica (Leaves), Saussurea lappa, Dried ginger, Acorus calamus, Allium sativum, Alpinia calcarata, Gingelly oil, Curd.  
Indication : Rheumatic complaints. Recommended for relieving Muscle cramp, Numbness, Lassitude and Swelling seen in rheumatic complaints.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**47. KOTTAMCHUKKADI KUZHAMBU:** (Sahasrayogam)

Total Ingredients : 14  
Main Ingredients : Tamarindus indica (Leaves), Saussurea lappa, Dried ginger, Acorus calamus, Allium sativum, Alpinia calcarata, Gingelly oil, Curd, Cow Ghee, Castor Oil.  
Indication : Rheumatic complaints. Recommended for relieving Muscle cramp, Numbness, Lassitude and Swelling seen in rheumatic complaints.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**48. KSHEERABALA THAILAM:** (Sahasrayogam)

Total Ingredients : 3  
Main Ingredients : Sida cordifolia, Cow milk, Gingelly oil.  
Indication : Rheumatic complaints.  
Usage : Internal as well as external application on head and body. Can be used for 'Nasya', 'Pichu', 'Dhara', 'Vasthi'.  
Presentation : 200 ml., 450 ml.

**49. KSHEERABALA 7 AVARTHI:** (Sahasrayogam)

**50. KSHEERABALA 14 AVARTHI:** (Sahasrayogam)

**51. KSHEERABALA 21 AVARTHI:** (Sahasrayogam)

**52. KSHEERABALA 41 AVARTHI:** (Sahasrayogam)

**53. KSHEERABALA 101 AVARTHI:** (Sahasrayogam)

Ingredients : Same as Ksheerabala thailam.  
Indication : Same as Ksheerabala thailam.  
Usage : Preferably for internal use as additive in kashaya or in lukewarm Cumin seed water or milk and for external application over head and affected areas.  
Dosage : 5-10 drops  
Presentation : 10 g.

**54. KURUNTHOTTI ENNA:** (Proprietary Medicine)

Total Ingredients : 18  
Main Ingredients : Sida cordifolia, Boerrhavia diffusa, Hemidesmus indicus, Cuminum cyminum, Oak gall, Eugenia caryophyllata, Gingelly oil, Aegle marmelos.  
Indication : Rheumatic diseases.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**55. LAKSHADI THAILAM:** (Ashtangahrdayam)

Total Ingredients : 15  
Main Ingredients : Coccus lacca, Withania somnifera, Curcuma longa, Santalum album, Alpinia calcarata, Gingelly oil, Curd  
Indication : Consumption, Physical weakness, emaciation due to Polio myelitis, Mental disorders, etc. Recommended for the development of body and to correct blood circulation by massaging all over body in children and adults.  
Usage : For external application over body and head.  
Presentation : 200 ml., 450 ml.

**56. LAKSHADI VELICHENNA:** (Ashtangahrdayam)

Total Ingredients : 15  
Main Ingredients : Coccus lacca, Withania somnifera, Curcuma longa, Santalum album, Alpinia calcarata, Coconut oil, Curd.  
Indication : Same as Lakshadi thailam. Especially recommended in Rhinitis, Cough, Bronchial disorders.  
Usage : For external application over head and body.  
Presentation : 200 ml., 450 ml.

**57. LAKSHADI KUZHAMBU:** (Ashtangahrdayam)

Total Ingredients : 17  
Main Ingredients : Coccus lacca, Withania somnifera, Curcuma longa, Santalum album, Alpinia calcarata, Gingelly oil, Castor oil, Cow ghee, Curd.  
Indication : Same as Lakshadi thailam. Recommended in Rheumatic diseases, Bone impairments.  
Usage : For external application. Should not be applied on head.  
Presentation : 200 ml., 450 ml.

**58. MADHYASHTYADI THAILAM:** (Ashtangahrdayam)

Total Ingredients : 32  
Main Ingredients : Glycyrrhiza glabra, Desmodium gangeticum, Phyllanthus niruri, Santalum album, Tinospora cordifolia, Peucedanum graveolens, Rubia cordifolia, Coriandrum sativum, Gingelly oil, Cow ghee.  
Indication : Arthritis and related symptoms like Burning sensation, Pain, Swelling, Lassitude etc.  
Usage : For external application over head and body. Also recommended to use in 'vasthi' for Arthritis.  
Presentation : 200 ml., 450 ml.

**59. MAHACHANDANADI THAILAM:** (Sahasrayogam)

Total Ingredients : 44  
Main Ingredients : Santalum album, Coleus zeylanicus, Sida cordifolia, Emblica officinalis, Glycyrrhiza glabra, Vetiveria zizanioides, Bacopa monnieri, Aloe vera, Nelumbium speciosum, Ksheerivriksha (Stem bark and bud), Jeevaneeyaganam.  
Indication : Burning sensation all over the body, Neck stiffness, Fainting, Insomnia, Mental disorders.  
Usage : For external application on head and body.  
Presentation : 200 ml., 450 ml.

#### **60. MAHAMASHA THAILAM:** (Bhaishajyaratnavali)

Total Ingredients : 39  
Main Ingredients : Phaseolus mungo, Sida cordifolia, Dasamoolam, Alpinia calcarata, Jeevaneeyaganam, Thrikatu, Rock salt, Ricinus communis, Gingelly oil, Mutton soup, Cow milk.  
Indication : Emaciation of extremities, Numbness, Contraction, Hemiplegia, Facial paralysis, Deafness, Sciatica, Brachial palsy, ear ache, Tinnitus  
Usage : Can be used for external application as well as for vasthi.  
Presentation : 200 ml., 450 ml.

#### **61. MAHANARAYANA THAILAM** (Sahasrayogam)

Total Ingredients : 34  
Main ingredients : Asparagus racemosus, Sida cordifolia, Emblica officinalis, Gingelly oil, Cow milk  
Indication : All types of Vatik disorders , Rheumatic Arthritis , headache etc...  
Dosage : External application & for Vasti, Dhara and Pichu  
Packing : 200ml, 450ml

#### **62. MALATHYADI VELICHENNA:** (Ashtangahrdayam)

Total Ingredients : 5  
Main Ingredients : Jasminum grandiflorum, Plumbago rosea, Nerium odorum, Pongamia pinnata, Coconut oil.  
Indication : Alopacia, Dandruff, Scalp itching, Sores over scalp.  
Usage : External application over head.  
Presentation : 200 ml., 450 ml.

#### **63. MARICHADI THAILAM:** (Sahasrayogam)

Total Ingredients : 4  
Main Ingredients : Piper nigrum, Gingelly oil, Coconut oil, Goat milk.  
Indication : Nasal catarrh, Cold, Bronchitis, Sneezing, Cough, Sinusitis.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

#### **64. MURIVENNA:** (The Ayurvedic formulary of India)

Total Ingredients : 9  
Main Ingredients : Pongamia pinnata, Piper betel, Moringa oleifera, Allium cepa, Coconut oil, Asparagus racemosus.  
Indication : Wounds, Injuries, Fractures, Sprains, Contusions, Muscular pain.  
Usage : For external application. A'pichu' prepared with "Murivenna" relieves pain and inflammation.  
Presentation : 100 ml., 200 ml., 450 ml.

**65. NAGARADI THAILAM:** (Sahasrayogam)

Total Ingredients	:	43
Main Ingredients	:	Dried ginger, Plumbago rosea, Cedrus deodara, Thriphala, Commiphora wightii, Alpinia calcarata, Curcuma longa, Coscinium fenestratum, Chathurjathakam, Piper Spp., Symplocos cochinchinensis, Gingelly oil, Cow milk. Bee wax.
Indication	:	Headache, Sinusitis, Nasal catarrh, Oral ailments etc.
Usage	:	For external application over head and for gargling.
Presentation	:	200 ml., 450 ml.

**66. NALPAMARADI KERAM:** (Sahasrayogam)

Total Ingredients	:	16
Main Ingredients	:	Curcuma longa (fresh), Oldenlandia corymbosa, Ksheerivriksha (stem), Thriphala, Santalum album, Vetiveria zizanioides, Saussurea lappa, Coconut oil.
Indication	:	Itches, Scabies, Erysepelas and other Skin diseases especially in children.
Usage	:	For external application.
Presentation	:	200 ml., 450 ml.

**67. NARAYANA THAILAM:** (Sarngadharasamhitha)

Total Ingredients	:	33
Main Ingredients	:	Withania somnifera, Sida cordifolia, Dasamoolam, Azadirachta indica, Boerrhavia diffusa, Acorus calamus, Cow milk, Gingelly oil, Asparagus racemosus.
Indication	:	Hemiplegia, Lumbago, Sciatica, Arthritis, Low back-ache, Hernia, Hydrocele, Cervical spondylosis.
Usage	:	For external application as well as 'Vasthi', 'Pichu', 'Dhara' & Nasyam.
Presentation	:	200 ml., 450 ml.

**68. NEELIBHRINGADI THAILAM:** (Sahasrayogam)

Total Ingredients	:	12
Main Ingredients	:	Indigofera tinctoria, Eclipta alba, Cardiospermum halicacabum, Emblica officinalis, Glycyrrhiza glabra, Abrus precatorius, Galena, Gingelly oil, Cow milk, Buffalo milk, Goat milk, Coconut milk.
Indication	:	Promotes growth of hair by strengthening the hair roots. Prevents premature greying and Alopacia. Recommended in headache
Usage	:	Massage over the scalp.
Presentation	:	200 ml., 450 ml.

**69. NEELIBHRINGADI VELICHENNA:** (Sahasrayogam)

Total Ingredients	:	12
Main Ingredients	:	Indigofera tinctoria, Eclipta alba, Cardiospermum halicacabum, Emblica officinalis, Glycyrrhiza glabra, Abrus precatorius, Galena, Coconut oil, Cow milk, Buffalo milk, Goat milk, Coconut milk.
Indication	:	Same as Neelibhringadi thailam.
Usage	:	Massage over the scalp.
Presentation	:	100 ml., 200 ml., 450 ml.

**70. NEELI THAILAM:** (Proprietary Medicine)

Total Ingredients : 15  
Main Ingredients : Indigofera tinctoria, Ocimum sanctum, Vitex negundo, Aristolochia indica, Thrikatu, Withania somnifera, Glycyrrhiza glabra, Santalum album, Saussurea lappa, Coconut oil.  
Indication : Poisonous insect bites, Chronic skin diseases.  
Usage : For external application only.  
Presentation : 200 ml., 450 ml.

**71. PANCHAMLA THAILAM:** (Arogyakalpadrumam)

Total Ingredients : 15  
Main Ingredients : Leaves of Ziziphus jujuba, Punica granatum, Garcinia morella, Tamarindus indica, Rheum emodi, Gingelly oil, Curd.  
Indication : Rheumatic complaints.  
Usage : For external application over affected area.  
Presentation : 200 ml., 450 ml.

**72. PARANTHYADI THAILAM:** (Proprietary Medicine)

Total Ingredients : 46  
Main Ingredients : Ixora coccinea, Salacia fruiticosa, Ksheerivriksha (stem), Coconut oil, Lemon, Bacopa monnieri, Withania somnifera, Curcuma longa, Aristolochia indica, Thripala, Thrikatu, Opium, Camphor, Blue vitriol.  
Indication : Snake bite and Poisonous insect bites, Chronic skin diseases, Scabies, Itching, Erysepelas.  
Usage : For external application only.  
Presentation : 200 ml., 450 ml.

**73. PARINATHAKERIKSHEERA THAILAM:**(Sahasrayogam)

Total Ingredients : 5  
Main Ingredients : Lemon, Coconut milk, Curcuma longa, Yellow resin, Gingelly oil.  
Indication : Brachial palsy.  
Usage : For external application only, followed with fomentation, gives more relief.  
Presentation : 200ml., 450ml.

**74. PINDATHAILAM:** (Chakradattam)

Total Ingredients : 5  
Main Ingredients : Hemidesmus indicus, Rubia cordifolia, Yellow resin, Bee wax, Gingelly oil.  
Indication : Rheumatoid arthritis and related symptoms like burning sensation, swelling and redness.  
Usage : For external application over body.  
Presentation : 200 ml., 450 ml.

#### **75. PIPPALYADYANUVASANA THAILAM:** (Ashtangahrdayam)

Total Ingredients	:	13
Main Ingredients	:	Piper longum, Randia dumetorum, Aegle marmelos, Acorus calamus, Plumbago rosea, Gingelly oil, Cow milk.
Indication	:	Piles and related symptoms like straining while defaecation, nervous weakness, lassitude, swelling over inguinal regions, swelling at rectum, catarrh, constipation, flatulence.
Usage	:	For unctuous enema. (Anuvasana Vasthi)
Presentation	:	200 ml., 450 ml.

#### **76. PRABHANJANAVIMARDANAM KUZHAMBU:** (Sahasrayogam)

Total Ingredients	:	37
Main Ingredients	:	Sida cordifolia, Moringa oleifera, Calotropis gigantea, Strobilanthes ciliatus, Ricinus communis, Merrimia tridentata, Gingelly oil, Castor oil, Cow ghee, Cow milk, Curd, Peucedanum graveolens, Rock salt, Alpinia calcarata.
Indication	:	All kinds of rheumatic diseases and Arthritis. Especially for Lumbago, Sciatica, Lumbar spondylosis, Low back-ache.
Usage	:	For external application. Can be used for 'Dhara', 'Pizhichil', 'Vasthi' etc.
Presentation	:	200 ml., 450 ml.

#### **77. PRASARANYADI THAILAM (CHERUTHU):** (Sahasrayogam)

Total Ingredients	:	17
Main Ingredients	:	Merrimia tridentata, Curd, Gingelly oil, Cow milk, Rock salt, Acorus calamus, Alpinia calcarata.
Indication	:	Brachial palsy, Lassitude over extremities etc.
Usage	:	For external application.
Presentation	:	200 ml., 450 ml.

#### **78. PRASARANYADI THAILAM (VALUTHU):** (Chakradattam)

Total Ingredients	:	36
Main Ingredients	:	Merrimia tridentata, Strobilanthes ciliatus, Sida cordifolia, Rubia cordifolia, Cedrus deodara, Withania somnifera, Gingelly oil, Curd, Mutton soup, Cow milk.
Indication	:	Brachial palsy, Lassitude, Pain and Nervous weakness of extremities. Enhances movements of extremities in Hemiplegia & diseases, related to bone.
Usage	:	For external application.
Presentation	:	200 ml., 450 ml.

#### **79. RASNADI THAILAM:** (Sahasrayogam)

Total Ingredients	:	17
Main Ingredients	:	Alpinia calcarata, Dasamoolam, Glycyrrhiza glabra, Sida cordifolia, Gingelly oil, Cow milk.
Indication	:	Arthritis, Facial palsy, Lumbago, Low back-ache.
Usage	:	For external application.
Presentation	:	200 ml., 450 ml.

**80. RASOTHAMADI LEPAM:** (Ayurvedic Formulary of India)

Total Ingredients : 11  
Main Ingredients : Mercury, Sulphur, Cuminum cyminum, Carum carvi, Curcuma longa, Coscinium fenestratum, Piper nigrum, Arsenic, Cinnabar, Coconut oil, Bee wax.  
Indication : Crack foot, Keratitis, Chilblain. Also recommended in Skin diseases.  
Usage : For external application.  
Presentation : 50 g., 500 g.

**81. SAHACHARADI KUZHAMBU:** (Ashtangahridayam)

Total Ingredients : 34  
Main Ingredients : Strobilanthes ciliatus, Dasamoolam, Asparagus racemosus, Asphaltum, Gingelly Oil, Castor Oil, Cow Ghee.  
Indication : Contractions, Varicose vein, Tremors, Hemiplegia, Muscular pain, Weakness, Convulsions.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**82. SAHACHARADI THAILAM:** (Ashtangahridayam)

Total Ingredients : 32  
Main Ingredients : Strobilanthes ciliatus, Dasamoolam, Asparagus racemosus, Asphaltum, Gingelly oil, Cow milk.  
Indication : Contractions, Varicose vein, Tremors, Hemiplegia, Muscular pain, Weakness, Convulsions.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**83. SATHAHWADI KUZHAMBU:** (Proprietary Medicine)

Total Ingredients : 7  
Main Ingredients : Peucedanum graveolens, Trigonella foenum-graecum, Rubia cordifolia, Sida cordifolia, Gingelly oil.  
Indication : Rheumatic complaints.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**84. SUDDHABALA THAILAM:** (Sahasrayogam)

Total Ingredients : 3  
Main Ingredients : Sida cordifolia, Gingelly oil. Cow milk.  
Indication : Rheumatic complaints, Eye diseases.  
Usage : For external application over foot, head and body, good for pregnant ladies & Post natal case.  
Presentation : 200 ml., 450 ml.

**85. SUDDHA DOORVADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 19  
Main Ingredients : Cynodon dactylon, Glycyrrhiza glabra, Coconut oil.  
Indication : Chronic wounds, Skin diseases.  
Usage : For external application.  
Presentation : 200 ml., 450 ml.

**86. SURASADI THAILAM:** (Ashtangahridayam)

Total Ingredients : 19  
Main Ingredients : Ocimum sanctum, Ocimum caryophyllum, Ocimum basilicum, Embelia ribes, Achyranthes aspera, Gmelina arborea, Pseudarthria viscosa, Solanum nigrum, Coconut oil.  
Indication : Sinusitis, Bronchial diseases, Cough, Chronic wounds.  
Usage : For external application on head.  
Presentation : 200 ml., 450 ml.

**87. THEKARAJA THAILAM:** (Sahasrayogam)

Total Ingredients : 3  
Main Ingredients : Eclipta alba, Terminalia chebula, Gingelly oil.  
Indication : Asthma, Cough, Bronchitis, Headache.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**88. THRI PHALADI THAILAM:** (Sahasrayogam)

Total Ingredients : 37  
Main Ingredients : Thriphala, Tinospora cordifolia, Pterocarpus marsupium, Emblica officinalis, Eclipta alba, Withania somnifera, Kaempferia galanga, Galena, Gingelly oil, Cow milk.  
Indication : Diseases above neck. Specially indicated in Eye diseases. Relieves Headache, Sinusitis, Rhinitis, Otitis media, premature greying etc.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**89. THRI PHALADI VELICHENNA:** (Sahasrayogam)

Total Ingredients : 37  
Main Ingredients : Thriphala, Tinospora cordifolia, Pterocarpus marsupium, Emblica officinalis, Eclipta alba, Withania somnifera, Kaempferia galanga, Galena, Coconut oil, Cow milk.  
Indication : Same as Thriphaladi thailam.  
Usage : For external application over head.  
Presentation : 200 ml., 450 ml.

**90. VACHALASUNADI THAILAM:** (Sahasrayogam)

Total Ingredients : 5  
Main Ingredients : Acorus calamus, Allium sativum, Curcuma longa, Gingelly oil, Aegle marmelos.  
Indication : Deafness, Otorrhoea, Otitis media and other ear diseases.  
Usage : Two drops in ear and to apply over head. Lukewarm oil may be used.  
Presentation : 200 ml., 450 ml.

**91. VAJRAKA THAILAM:** (Ashtangahridayam)

Total Ingredients : 22  
Main Ingredients : Alstonia scholaris, Albizzia lebbeck, Nerium odorum, Azadirachta indica, Thriphala, Thrikatu, Gingelly oil, Cow urine.  
Indication : Skin disorders like Psoriasis, Dry excema, Dermatitis etc. Also recommended in Fistula.  
Usage : For external application over affected area.  
Presentation : 200 ml., 450 ml.

**92. VATHAMARDANAM KUZHAMBU:** (Yogaratnakaram)

Total Ingredients : 11  
Main Ingredients : Gingelly oil, Castor oil, Coconut oil, Peucedanum graveolens, Rubia cordifolia, Trigonella foenum-graecum, Brassica nigra, Bee wax, Yellow resin, Camphor, Dhanyamlam.  
Indication : Contractions, Cramp, Numbness, Lassitude, Sprain and other Rheumatic complaints.  
Usage : For external application over affected area with wet/dry fomentation.  
Presentation : 200 ml., 450 ml.

**93. VATHAVIDHWAMSINI THAILAM:** (Proprietary Medicine)

Total Ingredients : 16  
Main Ingredients : Strobilanthes ciliatus, Sida cordifolia, Tinospora cordifolia, Alpinia calcarata, Withania somnifera, Gingelly oil.  
Indication : Rheumatic diseases.  
Usage : For external application over affected area with wet/dry fomentation.  
Presentation : 200 ml., 450 ml.

**94. LAGHUVISHAGARBHA THAILAM:** (The Ayurvedic Formulary of India)

Total ingredients : 10  
Ingredients : Dathura metal, Aconitum ferox, Piper nigrum, Gingelly oil etc  
Indication : Hemiplegia, Lock jaw, Tremor  
Dosage : Used externally for abhyanga  
Presentation : 200 ml., 450 ml.

**95. KASISADI THAILAM:** (The Ayurvedic Formulary of India)

Total ingredients : 18  
Ingredients : Ferrous sulphate, rocksalt, Pipper longum, Thevetia nerifolia, Embelia ribesetc

Indication : Hemorrhoids  
Usage : For external use only  
Presentation : 50 ml, 200 ml, 450 ml.

**96. SOMARAJI THAILAM:** (The Ayurvedic Formulary of India)

Total ingredients : 9  
Ingredients : Psoralia corylifolia, Curcuma longa, Berberis aristata, Pongamia Pinnata etc.  
Indication : Itching, Skin Diseases, Chronic ulcer, Venous ulcer,  
Usage : External application only  
Presentation : 200 ml, 450 ml.

**97. GANDHAKADYAMALAHARA:** (The Ayurvedic Formulary of India)

Total ingredients : 5  
Ingredients : Bees wax, gingelly oil, Sulphur, Borax, Camphor, Naga sindhooram  
Indication : Skin diseases  
Usage : External application only  
Presentation : 100 gm, 500 gm.

**98. DHANWANTHARAM MEZHUKPAKAM:** (Ashtangahridayam)

Ingredients &  
Indication : same as Dhanwantharam thailam  
Usage : Internally & for unctuous enema  
Presentation : 200 ml., 450 ml.

**99. SAHACHARADI MEZHUKPAKAM:** (Ashtangahridayam)

Ingredients &  
Indication : same as Sahacharadi thailam  
Usage : Unctuous enema and internally  
Presentation : 200 ml., 450 ml.

**100. SHADBINDHU THAILAM:** (The Ayurvedic Formulary of India)

Total ingredients : 13  
Ingredients : Gingelly oil, Milk, Eclipta alba, Ricinus communis, Valleriana vallichi, Alpinia galanga, Rock salt etc.  
Indication : Tooth problems, improves vision, hair fall  
Usage : External application over the body and head, nasal instillation  
Presentation : 10 ml, 50ml, 200 ml, 450 ml.

**101. SAINDHAVADI THAILAM:** (The Ayurvedic Formulary of India)

Total ingredients : 8  
Ingredients : Rock salt, Calotropis gigantea, Piper nigrum, Plumbago zeylanicum, Eclipta alba, gingely oil etc  
Indication : Chronic ulcer, Venous ulcer  
Usage : External application only  
Presentation : 50 ml, 100 ml, 450 ml.

**102. JATHYADI THAILAM:** (Sarngadharasamhitha)

Total ingredients : 19  
Ingredients : Jasminum grandiflorum, Pongamia pinnata, Vitex negundo, Gingelly oil etc  
Indication : Chronic wounds, wounds in vital points, burns, abscess etc.  
Usage : For external application  
Presentation : 450 ml

**103. VILWAMPACHOTYADI THAILAM:** (Sahasrayogam)

Total ingredients : 23  
Ingredients : Aegle marmelos, Symplocos racemosa, Eclipta alba, Tinospora cordifolia etc  
Indication : Diseases of the head, eyes, ear etc  
Usage : For external application over head and neck  
Presentation : 450 ml

**104. SANKHUPUSHPADI ENNA** (Proprietary medicine)

Total ingredients : 16  
Main ingredients : Clitoria ternatea, Aegle marmelos, Portulaca oleracea, Ocimum sanctum, Curcuma longa etc.  
Indication : Chronic sinusitis, rhinitis  
Usage : For external application over head  
Presentation : 200ml, 450 ml





# Ghrutham

## 1. BRAHMI GHRUTHAM: (Ashtangahridayam)

Total Ingredients	:	12
Main Ingredients	:	Bacopa monnieri, Thrikatu, Merrimia turpethum, Baliospermum montanum, Clitoria ternatea, Cassia fistula, Embelia ribes, Cow ghee.
Indication	:	Mental disorders like Phobia, Mania, Depression, Insanity. Improves memory power, I.Q. Also recommended in Stammering, Lack of concentration, Bedwetting, Epilepsy.
Dosage	:	10-20 ml. b.d., before food or as directed by the physician.
Presentation	:	200 ml., 450 ml.

## 2. BRAHMIKALLYANAKA GHRUTHAM:(Ashtangahridayam)

Total Ingredients	:	38
Main Ingredients	:	Bacopa monnieri, Thrikatu, Merrimia turpethum, Baliospermum montanum, Clitoria ternatea, Cassia fistula, Embelia ribes, Thriphala, Citrullus colocynthis, Elettaria cardamomum, Hemidesmus indicus, Desmodium gangeticum, Punica granatum, Caesalpinia sappan, Santalum album, Cow ghee.
Indication	:	Phobia, Anxiety neurosis, Epilepsy, Insanity and other mental disorders. Improves the centres of memory, intelligence etc.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

## 3. DADIMADI GHRUTHAM: (Ashtangahridayam)

Total Ingredients	:	6
Main Ingredients	:	Punica granatum, Coriandrum sativum, Plumbago rosea, Dried ginger, Piper longum, Cow ghee.
Indication	:	Anaemia, Malabsorption, Anorexia, Hyperacidity, Indigestion. Renders health and strength. Also recommended in Infertility and Antenatal care.
Dosage	:	10 - 20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**4. DHANWANTHARA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	39
Main Ingredients	:	Dasamoolam, Kaempferia galanga, Boerrhavia diffusa, Hordeum vulgare, Pongamia pinnata, Acorus calamus, Merrimia turpethum, Embelia ribes, Cow ghee.
Indication	:	A preventive of neuropathy and carbuncles in Diabetic patients. Also recommended in Anaemia, Ascites, Dropsy, Piles, Wasting etc.
Dosage	:	10 - 20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**5. DHATHRYADI GHRUTHAM:** (Sahasrayogam)

Total Ingredients	:	11
Main Ingredients	:	Emblica officinalis, Ipomoea mauritiana, Saccharum officinaram, Asparagus racemosus, Benincasa hispida, Raisins, Glycyrrhiza glabra, Santalum album, Cow ghee, Cow milk, Sugar.
Indication	:	Menorrhagia, Leucorrhoea, Anaemia, Epistaxis, Fainting, Insanity, Alcoholism. Special indication to female sterility.
Dosage	:	10 - 20 ml. b.d., followed by milk or as directed by the physician.
Presentation	:	200 ml.

**6. DURVA GHRUTHAM:** (Sahasrayogam)

Total Ingredients	:	4
Main Ingredients	:	Cynodon dactylon, Glycyrrhiza glabra, Cow ghee, Cow milk.
Indication	:	Eye diseases, Wounds related with eyes.
Dosage	:	Ophthalmic application only.
Presentation	:	200 ml., 450 ml.

**7. GULGULUTHIKTHAKAM GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	32
Main Ingredients	:	Commiphora wightii, Azadirachta indica, Tinospora cordifolia, Adhatoda beddomei, Trichosanthes anguina, Solanum melongena, Cyclea peltata, Embelia ribes, Curcuma longa, Alpinia calcarata, Aconitum heterophyllum, Cow ghee.
Indication	:	Rheumatic complaints, Rheumatoid arthritis, Chronic skin diseases, Wounds, Vitiligo, Anal fistula, Nasal catarrh, Chronic sinusitis, Sinuses, Scabies, Rheumatic boils, Carbuncles etc.
Dosage	:	10 - 20 ml. b.d., in empty stomach or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**8. INDUKANTHAM GHRUTHAM:** (Sahasrayogam)

Total Ingredients	:	20
Main Ingredients	:	Holoptelia integrifolia, Cedrus deodara, Dasamoolam, Shadpalam, Cow ghee, Cow milk
Indication	:	Anorexia, Colic, Intermittent fever. Promotes health and strength by improving metabolism, Ascitis.
Dosage	:	10 - 20 ml. b.d., in empty stomach or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**9. JATHYADI GHRUTHAM:** (Sahasrayogam)

Total Ingredients	:	13
Main Ingredients	:	Jasminum grandiflorum, Oldenlandia corymbosa, Cyathula prostrata, Vitex negundo, Curcuma longa, Coscinium fenestratum, Azadirachta indica, Glycyrrhiza glabra, Cow ghee.
Indication	:	Chronic wounds and Ulcers, Wounds on vital points. Cleanses and heals the wounds. Also recommended in burns.
Dosage	:	For external application only as Jathyadi thailam.
Presentation	:	200 ml., 450 ml.

**10. JEEVANTHYADI GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	16
Main Ingredients	:	Holostemma ada-Kodien, Withania somnifera, Piper nigrum, Raisins, Thrichala, Cow ghee, Cow milk.
Indication	:	Cataract. Recommended in biliary ailments. Renders vitality.
Dosage	:	Internally 10-20 ml. at bed time with Varachoornam as additive. Externally can be used for 'Tharpanam' in eyes.
Presentation	:	200 ml., 450 ml.

**11. KALLYANAKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	29
Main Ingredients	:	Thrichala, Citrullus colocynthis, Curcuma longa, Desmodium gangeticum, Embelia ribes, Punica granatum, Baliospermum montanum, Santalum album, Cow ghee.
Indication	:	Epilepsy, Insanity, Delusions, Secondary amenorrhoea, Dysmenorrhoea, Oligospermia, Emaciation, Loss of memory power, Loss of retention, Arthritis, Infertility of both sex, Intermittent fever, Dyspepsia. Renders health, complexion, vigour and vitality.
Dosage	:	10 - 20 ml. b.d., in empty stomach or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**12. KARASKARA GHRUTHAM:** (Sahasrayogam)

Total Ingredients	:	8
Main Ingredients	:	Strychnos Nuxvomica (Purified), Asparagus racemosus, Glycyrrhiza glabra, Sida cordifolia, Saccharum officinarum, Musa sapientum (Rhizome), Raisins, Cow ghee, Cow milk.
Indication	:	Rheumatic fever and associated symptoms.
Dosage	:	10-20 ml. b.d., in empty stomach or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**13. KOOSHMANDASWARASA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	3
Main Ingredients	:	Benincasa hispida, Glycyrrhiza glabra, Cow ghee.
Indication	:	Insanity, Delusions, Depression, Epilepsy, Amnesia, Stammering, Secondary amenorrhoea. Recommended in ADHD.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

#### **14. MAHAKALYANAKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	31
Main Ingredients	:	Hemidesmus indicus, Curcuma longa, Desmodium gangeticum, Solanum melongena, Rubia cordifolia, Embelia ribes, Elettaria cardamomum, Santalum album, Nervilia plicata, Withania somnifera, Cow ghee, Cow milk.
Indication	:	Mental disorders, Amnesia, Stammering etc. More effective than Kalyanaka ghrutham.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

#### **15. MAHPAISACHIKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	25
Main Ingredients	:	Nardostachys jatamansi, Terminalia chebula, Mucuna pruriens, Nervilia plicata, Acorus calamus, Bacopa monnieri, Kaempferia galanga, Coriandrum sativum, Cow ghee.
Indication	:	Mental disorders like Phobia, Depression, Psychosis etc.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

#### **16. MAHATHIKTHAKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	34
Main Ingredients	:	Alstonia scholaris, Thriphala, Cassia fistula, Coscinium fenestratum, Azadirachta indica, Santalum album, Citrullus colocynthis, Tinospora cordifolia, Trichosanthes anguina, Aconitum heterophyllum, Emblica officinalis, Cow ghee.
Indication	:	Acute and Chronic skin diseases. Recommended in Erysepelas, Carbuncles, Boils, Abscess, Chronic wounds and ulcers, Sinuses, Blood impurity, Anaemia etc.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

#### **17. MAHATPANCHAGAVYA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients	:	46
Main Ingredients	:	Dasamoolam, Thriphala, Indigofera tinctoria, Cyathula prostrata, Cassia fistula, Cow ghee, Cow dung, Cow urine, Cow milk, Curd, Thrikatu, Merrimia turpethum, Clerodendrum serratum.
Indication	:	Epilepsy, Intermittent fever, Anal fistula, Piles.
Dosage	:	10-20 ml. b.d., or as directed by the physician.
Presentation	:	200 ml., 450 ml.

**18. NEELIDALADI GHRUTHAM:** (Proprietary Medicine)

Total Ingredients : 15  
Main Ingredients : Indigofera tinctoria, Ocimum sanctum, Vitex negundo, Aristolochia indica, Thrikatu, Withania somnifera, Santalum album, Saussurea lappa, Allium sativum, Cow ghee.  
Indication : Chronic and poisonous skin diseases. Recommended in Poisonous insect bite.  
Dosage : 10-20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**19. NEELI GHRUTHAM:** (Proprietary Medicine)

Total Ingredients : 20  
Main Ingredients : Indigofera tinctoria, Azadirachta indica, Pongamia pinnata, Cow ghee, Acorus calamus, Thrikatu, Curcuma longa, Santalum album, Aristolochia indica.  
Indication : Chronic and poisonous skin diseases.  
Dosage : 10 - 20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**20. PANCHAGAVYA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 5  
Main Ingredients : Cow dung, Cow urine, Cow milk, Curd, Cow ghee.  
Indication : Mental diseases. Improves Memory power and concentration, Jaundice, Fever, Epilepsy  
Dosage : 10-20 ml. b.d., before food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**21. PADADARVADI GHRUTHAM:** (Proprietary Medicine)

Total Ingredients : 15  
Main Ingredients : Cyclea peltata, Coscinium fenestratum, Bacopa monnieri, Cyperus rotundus, Piper longum, Cow ghee.  
Indication : Snake poison, Skin diseases with burning sensation, thirst and other poisonous skin diseases.  
Dosage : 10 - 20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**22. PATOLADI GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 20  
Main Ingredients : Trichosanthes anguina, Azadirachta indica, Thripala, Bacopa monnieri, Glycyrrhiza glabra, Emblica officinalis, Santalum album, Cow ghee.  
Indication : Cataract and other Eye diseases, Skin problems, ear & rasal ailments.  
Dosage : 10-20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**23. PHALASARPIS:** (Ashtangahridayam)

Total Ingredients : 21  
Main Ingredients : Rubia cordifolia, Thriphala, Acorus calamus, Withania somnifera, Cow ghee, Cow milk.  
Indication : Genital and sexual disorders, Secondary amenorrhoea, Oligospermia. Improves reproductive capacity of both sex.  
Dosage : 10-20 ml. b.d., before food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**24. RASNADASAMOOLA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 28  
Main Ingredients : Alpinia calcarata, Dasamoolam, Asparagus racemosus, Dolichos biflorus, Ziziphus jujuba, Jeevaneeyaganam, Mutton soup, Cow ghee, Cow milk.  
Indication : As a prophylactic in Cough and Bronchial disorders. Rheumatic complaints, Vertigo, Tremors.  
Dosage : 10 - 20 ml. b.d., before food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**25. SARASWATHA GHRUTHAM (CHERUTHU):** (Sahasrayogam)

Total Ingredients : 10  
Main Ingredients : Terminalia chebula, Thrikatu, Cyclea peltata, Acorus calamus, Moringa oleifera, Cow milk, Cow ghee, Rock salt.  
Indication : Amnesia, Dysphasia, Ataxia after a stroke, Hemiplegia, Stammering, Mental disorders, Parkinsonism. Also recommended to improve memory power, retention power, etc.  
Dosage : 10-20 ml. in empty stomach or as directed by the physician.  
Presentation : 200 ml.

**26. SHADPALA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 8  
Main Ingredients : Panchakolam, Yavaksharam, Cow ghee, Cow milk.  
Indication : Consumption, Intermittent fever, Loss of appetite, Indigestion, Anorexia, Splenic disorders, Asthma, General fatigue. Helps to regain health and strength during convalescence period.  
Dosage : 10-20 ml. b.d., before food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**27. NONGANADI GHRUTHAM (Sughaprasavada Ghrutham):** (Sahasrayogam)

Total ingredients : 17  
Main ingredients : Ipomeoa sepiaria, Sida retusa, Boerhavia diffusa, Emblica officinalis, Terminalia chebula, Terminalia bellerica, Cow's ghee etc.  
Usage : 10-20 ml bd or as directed by physician.  
Indication : For nourishment during pregnancy & for easy delivery.  
Presentation : 200 ml., 450 ml.

**28. SUKUMARA GHRUTHAM:**(Ashtangahridayam)

Total Ingredients : 32  
Main Ingredients : Boerrhavia diffusa, Dasamoolam, Holostemma ada-kodien, Withania somnifera, Ricinus communis, Asparagus racemosus, Thrinapanchamoolam, Sphaeranthus indicus, Jaggery, Castor oil, Cow ghee, Cow milk, Rock salt.  
Indication : Hyperacidity, Hernia, Pthiasis, Constipation, Urinogenital disorders, Menstrual disorders, Vaginal diseases, Infertility of both sex, Haemorrhoids, Hydrocele.  
Dosage : 10-20 ml. b.d., before food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**29. THIKTHAKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 15  
Main Ingredients : Trichosanthes anguina, Coscinium fenestratum, Azadirachta indica, Bacopa monnieri, Santalum album, Cow ghee.  
Indication : Bilious skin disorders, Erysepelas, Acene vulgaris, Anaemia, Piles, Sprue, Jaundice, Allergic and Chronic skin diseases. Recommended as a blood purifier, Piles, ascities & mental disorders.  
Dosage : 10-20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**30. THRAIPHALA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 5  
Main Ingredients : Thriphala, Cow ghee, Cow milk.  
Indication : Cataract and other Ophthalmic disturbances.  
Dosage : 10-20 ml. at bed time with honey or Vara choorna as additive or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**31. VAJRAKA GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 10  
Main Ingredients : Adhatoda beddomei, Tinospora cordifolia, Azadirachta indica, Thriphala, Pongamia pinnata, Trichosanthes anguina, Solanum melongena, Cow ghee.  
Indication : Chronic abscess, Skin diseases, Jaundice.  
Dosage : 10-20 ml. b.d., after food or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**32. VIDARYADI GHRUTHAM:** (Ashtangahridayam)

Total Ingredients : 20  
Main Ingredients : Ipomoea mauritiana, Ricinus communis, Boerrhavia diffusa, Cedrus deodara, Desmodium trifoliatum, Jeevanapanchamoolam, Laghu panchamoolam, Cow ghee, Cow milk.  
Indication : Cough, Bronchitis, Cardiac disorders like palpitation, tachycardia etc. Fatigue, Helpful to regain health and body weight. Can be recommended in Anasarca.  
Dosage : 10-20 ml.b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**33. VIDARYADI GHRUTHAM:** (With soup) (Ashtangahridayam)

Total Ingredients : 22  
Main Ingredients : Ipomoea mauritiana, Ricinus communis, Boerrhavia diffusa, Cedrus deodara, Desmodium trifoliatum, Jeevanapanchamoolam, Laghu panchamoolam, Cow ghee, Curd, Cow milk, Mutton soup.  
Indication : More effective than Vidaryadi ghrutham. It is mainly recommended in Convulsive diseases. Helps to regain health, strength, vigour and vitality.  
Dosage : 10 - 20 ml. b.d., or as directed by the physician.  
Presentation : 200 ml., 450 ml.

**34. PURANA GHRUTHAM:** (Ashtangahrudayam)

Total ingredients : 1  
Ingredients : Cows ghee  
Indication : Mental problems, disorders pertaining to head and brain, Gynaecological disorders  
Dosage : As directed by the physician  
Presentation : 200 ml., 450 ml.





# Lehyam

## 1. AGASTHYARASAYANAM: (Ashtangahridayam)

Total Ingredients : 27  
Main Ingredients : Dasamoolarn, Kaempferia galanga, Sida cordifolia, Clerodendrum serratum, Hordeum vulgare, Terminalia chebula, Jaggery, Cow ghee, Gingelly oil, Honey, Piper longum.  
Indication : Cough, Asthma, Bronchitis, Sinusitis, Nasal catarrh, Hiccup and other Respiratory disorders.  
Dosage : 5 - 15 g. b.d., or as directed by the physician.  
Presentation : 200 g., 500 g.

## 2. AJAMAMSARASAYANAM: (Proprietary Medicine)

Total Ingredients : 30  
Main Ingredients : Dasamoolarn, Alpinia calcarata, Asparagus racemosus, Mutton soup, Jeevaneeyaganam, Cow milk, Honey, Cow ghee, Sugar.  
Indication : Rheumatic complaints, Tremors and Emaciation. Renders physical strength, vigour and vitality. Recommended in Post-natal care.  
Dosage : 5 -15 g. b.d., or as directed by the physician.  
Presentation : 400 g.

## 3. AMRUTHAPRASAM: (Ashtangahridayam)

Total Ingredients : 43  
Main Ingredients : Jeevaneeyaganam, Dried ginger, Asparagus racemosus, Sida cordifolia, Clerodendrum serratum, Phyllanthus niruri, Laghu panchamoolam, Raisins, Almonds, Dates, Plantain, Cow ghee, Emblica officinalis, Ipomoea mauritiana, Mutton soup, Cow milk, Honey, Sugar, Chathurjathakam, Piper nigrum.  
Indication : Consumption, Fatigue, General weakness, Emaciation.  
Dosage : 5 - 15 g. b.d., or as directed by the physician.  
Presentation : 500 g.

## 4. ASWAGANDHADI LEHYAM : (Ayurvedic Formulary of India)

Total Ingredients : 9  
Main Ingredients : Withania somnifera, Hemidesmus indicus, Cuminum cyminum, Curculigo orchoides, Raisins, Cow ghee, Honey, Elettaria Cardamomum, Jaggery.  
Indication : Renders physical strength and vigour. Recommended to regain health after long term treatment. Indicated in Emaciation, General fatigue and Sexual disorders.  
Dosage : 5 - 15 g. b.d., preferably with milk or as directed by the physician.  
Presentation : 400 g.

**5. BRAHMA RASAYANAM:** (Ashtangahridayam)

Total ingredients : 45  
Main ingredients : Terminalia chebula, Emblica officinalis, Aegle marmelos, Oroxylum indicum, Gmelina arborea, Sugar, cow'sGhee, Gingelly oil, Honey  
Indication : Weakness of body and mind,Fever  
Dosage : 12g with water/milk or as directed by physician  
Presentation : 100g, 500g

**6. CHINCHADI LEHYAM:** (Sahasrayogam)

Total Ingredients : 23  
Main Ingredients : Tamarindus indica, Jaggery, Iron /processed). Aegle marmelos, Thrikatu, Thriphala, Thrijathakam, Alpinia calcarata, Glycyrrhiza glabra, Gingelly oil.  
Indication : Anaemia, Anorexia, Heart burn, Dyspepsia.  
Dosage : 5 - 15 g. b.d., after food or as directed by the physician.  
Presentation : 200 g., 500 g.

**7. CHYAVANAPRASAM:** (Ashtangahridayam)

Total Ingredients : 48  
Main Ingredients : Dasamoolam, Sida cordifolia, Piper longum, Phyllanthus niruri, Elettaria cardamomum, Raisins, Santalum album, Tinospora cordifolia, Adhatoda beddomei, Withania somnifera, Emblica officinalis, Cow ghee, Gingelly oil, Sugarcandy, Chathurjathakam, Honey, Curcuma angustifolia.  
Indication : Recommended as a prophylactic medicine in the recovery of Bronchitis, Asthma, Arthritis, Metabolic disorders, etc. Renders immunity power, health and vitality. Improves the centres of intelligence, memory, complexion etc.  
Dosage : 5 -15 g. b.d., or as directed by the physician.  
Presentation : 200 g., 500 g.

**8. DASAMOOLAHAREETHAKI LEHYAM:** (Ashtangahridayam)

Total Ingredients : 20  
Main Ingredients : Dasamoolam, Jaggery, Terminalia chebula, Thrikatu, Thrijathakam, Potassium Carbonas Impura, Honey.  
Indication : Dropsy, Urinary disorders, Anaemia, Flatulence, Piles, Obesity, Arthritis, Splenomegaly and Constipation. Recommended as a Hepatocorrective.  
Dosage : 5 -15 g. b.d., or as directed by the physician.  
Presentation : 200 g., 500 g.

**9. DASAMOOLARASAYANAM :** (Proprietary Medicine)

Total Ingredients : 48  
Main Ingredients : Dasamoolam, Sida cordifolia, Ricinus communis, Adhatoda beddomei, Clerodendrum serratum, Kaempferia galanga, Thriphala, Jaggery, Sugar, Chathurjathakam, Thrikatu, Camphor, Saffron, Honey.  
Indication : Asthma, Cough, Dyspnoea, Respiratory disorders, Rheumatic complaints etc.  
Dosage : 2 - 5 g. intermittently or as directed by the physician.  
Presentation : 100 g., 25 g.

**10. DRAKSHADI LEHYAM : (Ashtangahrdayam)**

Total Ingredients : 8  
Main Ingredients : Raisins, Piper longum, Sugar, Glycyrrhiza glabra, Dried ginger, Curcuma angustifolia, Emblica officinalis, Honey.  
Indication : Anaemia, Jaundice, Fatigue and Anorexia.  
Dosage : 5 - 15 g. b.d., after food or as directed by the physician.  
Presentation : 200 g., 500 g.

**11. ELADI RASAYANAM : (Ashtangahrdayam)**

Total Ingredients : 23  
Main Ingredients : Elettaria cardamomum, Thriphala, Thrikatu, Plumbago rosea, Pterocarpus marsupium, Embelia ribes, Cow ghee, Bamboo manna, Thrijathakam, Sugar, Honey.  
Indication : Cough and other respiratory complaints, Pthiasis, Anaemia, Emaciation. Also recommended to improve memory power and appetite.  
Dosage : 5 - 15 g. b.d., or as directed by the physician.  
Presentation : 50 g.

**12. GOMOOTHRAHAREETHAKI: (Ashtangahrdayam)**

Total Ingredients : 3  
Main Ingredients : Terminalia chebula, Cow urine, Honey.  
Indication : Piles, Skin diseases, Dropsy, Pthiasis, Ascites, Carbuncles, Scrofula, Obesity, Anaemia, Rheumatic diseases.  
Dosage : 5 - 15 g. b.d., or as directed by the physician.  
Presentation : 200 g., 500 g.

**13. HARIDRAKHANDAM: (Bhaishajyaratnavali)**

Total Ingredients : 18  
Main Ingredients : Curcuma longa, Cow milk, Cow ghee, Sugarcandy, Thrikatu, Chathurjathakam, Embelia ribes, Thriphala, Merrimia turpethum, Cyperus rotundus, Loha sindooram.  
Indication : Urticaria, Skin disorders, Worm infestation, Anaemia, Eosinophilia and other allergic conditions like Sneezing, Itching etc.  
Dosage : 5 -10 g. b.d., with luke warm water/ milk or as directed by the physician.  
Presentation : 50 g.

**14. HRIDYAVIRECHANAM: (Ashtangahrdayam)**

Total Ingredients : 7  
Main Ingredients : Merrimia turpethum, Sugar, Thrijathakam, Honey.  
Indication : Safe laxative in bilious disorders.  
Dosage : As directed by the physician.  
Presentation : 200 g., 500 g.

**15. KALYANAGULAM:** (Ashtangahrdayam)

Total Ingredients : 22  
Main Ingredients : Embelia ribes, Thrichala, Coriandrum sativum, Panchalavanam, Emblica officinalis, Jaggery, Gingelly oil.  
Indication : A powerful laxative, indicated in skin diseases, Piles, Jaundice, Splenic disorders, Sprue, Anaemia, Fistula, Ascites etc.  
Dosage : As directed by the physician.  
Presentation : 200 g., 500 g.

**16. KOOSHMANDARASAYANAM:** (Ashtangahrdayam)

Total Ingredients : 12  
Main Ingredients : Benincasa hispida, Cow ghee, Sugarcandy, Thrikatu, Cuminum Cyminum, Thrijathakam, Coriandrum sativum, Honey.  
Indication : Bronchitis, Hiccup, Emaciation, Epistaxis, Malabsorption. Recommended to restore the physical strength during convalescence period. Renders health, vigour and improves memory power.  
Dosage : 5 -15 g. b.d., or as directed by the physician.  
Presentation : 200g., 500 g.

**17. KUTAJA LEHYAM :** (Ashtangahrdayam)

Total Ingredients : 16  
Main Ingredients : Holarrhena antidysenterica, Jaggery, Symplocos cochinchinensis, Thrikatu, Cow ghee, Punica granatum.  
Indication : Diarrhoea, Dysentery, Sprue, Bleeding piles, Loss of appetite and Intestinal colic.  
Dosage : 5 -15 g. b.d., after food or as directed by the physician.  
Presentation : 200 g., 500 g.

**18. MANIBADRA LEHYAM :** (Ashtangahrdayam)

Total Ingredients : 5  
Main Ingredients : Embelia ribes, Emblica officinalis, Terminalia chebula, Merrimia turpethum, Jaggery.  
Indication : A safe purgative in Skin diseases, Cough, Respiratory diseases, Ascites, Vitiligo, Carbuncles, Worm infestation, Pthysis.  
Dosage : 5 - 15 g. with luke warm water in empty stomach or as directed by the physician.  
Presentation : 200 g., 500 g.

**19. NARASIMHA RASAYANAM:** (Ashtangahrdayam)

Total Ingredients : 18  
Main Ingredients : Acacia catechu, Plumbago rosea, Pterocarpus marsupium, Thrichala, Iron (processed), Eclipta alba, Cow milk, Cow ghee, Sugarcandy, Sugar.  
Indication : Loss of hair, Premature greying, Alopecia. Renders body fitness, complexion, health and vigour. Effective in Anaemia. Improves memory power.  
Dosage : 5 -15 g. b.d., followed by rice gruel prepared in milk.  
Presentation : 200 g.

**20. PANCHAJEERAKAGUDAM:** (Sahasrayogam)

Total Ingredients : 21  
Main Ingredients : Cuminum cyminum, Peucedanum graveolens, Carum carvi, Apium graveolens, Nigella sativa, Hyocymus niger, Piper longum, Ferula asafoetida, Cyperus rotundus, Jaggery, Cow ghee, Cow milk  
Indication : Cough, Loss of appetite. Anorexia, Indigestion and Vaginal disorders. Regulates metabolic activities. Helps to attain body weight. Useful in Post-natal care.  
Dosage : 5 -15 g. b.d., or as directed by the physician.  
Presentation : 250 g.

**21. PULIMKUZHAMBU :** (Sahasrayogam)

Total Ingredients : 16  
Main Ingredients : Tamarindus indica, Coleus aromaticus, Butter milk, Allium sativum, Thrikatu, Ferula asafoetida, Carum carvi, Brassica nigra, Plumbago rosea, Apium graveolens, Cuminum cyminum, Rock salt.  
Indication : Pthisis, Hernia. Recommended in the Post-natal care, Gastro intestinal disorders like colic, loss of appetite, indigestion, flatulence etc.  
Dosage : 5 -15 g. with buttermilk or luke warm water before food or as directed by the physician.  
Presentation : 100 g.

**22. SATHAVARIGULAM :** (Sahasrayogam)

Total Ingredients : 17  
Main Ingredients : Asparagus racemosus, Sugar, Asphaltum, Cow ghee, Ipomoea mauritiana, Phyllanthus niruri, Glycyrrhiza glabra, Curculigo orchioides, Tribulus terrestris, Piper longum, Curcuma angustifolia.  
Indication : Leucorrhoea, Menorrhagia, Menopausal syndrome, Seminal disorders, Urinary diseases, Fainting, Anaemia, General fatigue.  
Dosage : 5 - 15g. b.d., after food or as directed by the physician.  
Presentation : 200 g., 500 g.

**23. SOORANAVALEHAM (Sarngadhara samhitha)**

Total Ingredients : 12  
Main Ingredients : Wild Corm (Purified), Ghee, Sugar candy, Piper longum, Dried ginger, Cuminum cyminum, Coriandrum sativum, Thrijathakam, Honey.  
Indication : Piles and Haemorrhoids.  
Dosage : 10-15g. twice daily after food.  
Presentation : 200 g.

**24. SOUBHAGYA SUNTI MODAKAM:** (Bhaishajyaratnavali)

Total ingredients : 28  
Main ingredients : Cyperus rotundus, Trapa natans, Nilumbo nucifera, Cyperus rotundus, Cuminum cyminum, Carum carvi, Myristica fragrans, Iron(Incinerated), Mica (Incinerated), Zingiber officinale, Sugar, Ghee  
Indication : Loss of appetite, Diarrhoea, Indigestion, Postnatal problems  
Dosage : 5-15g with water/milk or as directed by physician  
Presentation : 200g., 500g.

**25. SUKUMARA RASAYANAM : (Ashtangahrdayam)**

Total Ingredients	:	31
Main Ingredients	:	Boerrhavia diffusa, Dasamoolam, Holostemma ada-kodien, Withania somnifera, Ricinus communis, Asparagus racemosus, Thrinapanchamoolam, Sphaeranthus indicus, Raisins, Jaggery, Cow ghee, Castor oil, Glycyrrhiza glabra, Cuminum cyminum, Rock salt, Piper spp., Dried ginger.
Indication	:	Menstrual irregularities and other Uterine disorders. Recommended in Hydrocele, Urinary disorders, Hyperacidity. Renders physical strength, and good complexion. Proven remedy for Sterility of both sex.
Dosage	:	5 - 15 g. b.d., or as directed by the physician.
Presentation	:	200 g, 500 g.

**26. THALEESAVATAKAM GRANULES: (Ashtangahrdayam)**

Total Ingredients	:	12
Main Ingredients	:	Abies spectabilis, Piper nigrum, Piper spp., Piper longurn, Piper officinarum, Dried ginger, Chathurjathakam, Vetiveria zizanioides, Sugar.
Indication	:	Sprue, Nausea, Vomiting, Fever, Anaemia, symptoms related with Alcoholism, Indigestion, Diarrhoea.
Dosage	:	5 -15 g. intermittently or b.d., with buttermilk/Arishta/honey or as directed by the physician.
Presentation	:	200 g., 500 g.

**27. VALIYAMADHUSNUHI RASAYANAM: (Sahasrayogam)**

Total Ingredients	:	32
Main Ingredients	:	Thrikatu, Thriphala, Chathurjathakam, Jeerakathrayam, Embelia ribes, Merrimia turpethum, Smilax chinensis (purified), Sulphur (Processed), Commiphora wightii (purified), Sugar, Cow ghee, Honey.
Indication	:	Skin diseases, Carbuncles, Fistula, Sinus, Piles, Scrofula, Sexually Transmitted Diseases.
Dosage	:	5 - 15 g. b.d., or as directed by the physician.
Presentation	:	200 g., 500 g.

**28. VIDARYADI LEHYAM: (Ashtangahrudayam)**

Total ingredients	:	23
Main ingredients	:	Pueraria tuberosa, Ricinus communis, Boerhavia diffusa, Cedrus deodara, Mucuna purieta, jaggery, cow's ghee, honey etc.
Indication	:	for general immunity, in debility, body pain, breathing problems, cough etc.
Usage	:	5-15 gm bd or as directed by physician.

**29. VILWADI LEHYAM : (Sahasrayogam)**

Total Ingredients	:	11
Main Ingredients	:	Aegle marmelos, Jaggery, Cyperus rotundus, Coriandrum sativum, Cuminum cyminum, Thrijathakam, Thrikatu.
Indication	:	Vomitting, Anorexia, Cough, Asthma, Nausea, Digestive disorders.
Dosage	:	5 -15 g. b.d., or intermittently or as directed by the physician.
Presentation	:	200 g., 500 g.

**30. VYOSHADI VATAKAM:** (Ashtangahridayam)

Total Ingredients : 13  
Main Ingredients : Thrikatu, Plumbago rosea, Abies spectabilis, Piper officinarum, Tamarindus indica (rachis), Rheum emodi, Cuminum cyminum, Thrijathakam, Jaggery.  
Indication : Chronic sinusitis, Rhinitis, Anorexia, Loss of appetite, Cough and Cold.  
Dosage : 2 - 10 g. intermittently or as directed by the physician.  
Presentation : 50 g.

**31. KANTAKARYAVALEHAM:** (The Ayurvedic Formulary of India)

Total ingredients : 19  
Ingredients : Solanum surattense, Tinospora cordifolia, Plumbago zeylanica, Cyperus rotundus, Zingiber officinale, Piper nigrum, Piper longum etc  
Indication : Hiccup, Cough, Pain all over the body, Fever  
Dosage : 6-12gm with milk or Luke warm water, or as directed by the physician  
Presentation : 200 gm.

**32. MAHAVILWADI LEHYAM:** (Sarvarogachikitsaratnam)

Total ingredients : 14  
Ingredients : Aegle marmelos, Jaggery, Zingiber officinale, Cuminum cyminum, Elettaria cardamomum etc  
Indication : Vomiting, Cardiac problems, Jaundice, Sinusitis  
Dosage : 5-15 g b.d or as directed by physician  
Presentation : 200 gm, 500 gm.

**33. KADALI RASAYANAM:** (An Ayurvedic Proprietary medicine)

Total ingredients : 8  
Ingredients : Curculigo orchoides, Musa paradisiaca, Withania somnifera, sugar, ghee etc.  
Indication : Menstrual problems, emaciation, white discharge per vagina etc.  
Dosage : 5-10 gm with milk or as directed by physician  
Presentation : 200 gm.

**34. CHITHRAKAHAREETHAKI:** (The Ayurvedic Formulary of India)

Total ingredients : 24  
Ingredients : Plumbago zeylanica, dasamoolam etc.  
Indication : Ascites, cold, cough, phthisis, worm infestation etc.  
Dosage : 5-10gm or as directed by physician  
Presentation : 200 gm.



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Dushadhi THERAPEUTIC INDEX



# Gulika

## 1. ASHTAKSHARI GULIKA (TABLET): (Sahasrayogam)

Total Ingredients : 15  
Main Ingredients : Opium (purified), Santalum album, Cinnabar (processed), Cyperus rotundus, Piper longum, Dried ginger, Ferula asafoetida.  
Indication : Sprue, Dysentery and Digestive disorders.  
Usage : ½-1 tablet b.d., before food with Honey or as directed by the physician.  
Presentation : 100 Nos.

## 2. AYUSH GHUTTI TABLETS : (NRDC Research Product)

Total Ingredients : 7  
Main Ingredients : Punica granatum, Mangifera indica, Nelumbo nucifera, Terminalia chebula, Zingiber officinale, Aegle marmelos, Serpentine Stone.  
Indication : Cough, cold, vomiting, diarrhea, Stomatitis & as a general immune tonic for children  
Dosage : Children upto 6 months - 1 tab with mothers milk / with honey once a day. 6 months to 1 year - 1 tab twice a day.  
Presentation : 10 x 10 blister of 250 mg tab.

## 3. BALARASAYANAM TABLETS : (NRDC Research Product)

Total Ingredients : 7  
Main Ingredients : Asparagus racemosus, Embilca officinalis, Tinospora cordifolia, Phyllanthus amarus, Sida retusa, Centella asiatica, Pearl Oyster shell  
Indication : General immune tonic for children  
Dosage : 1 tab twice daily with milk for children upto 1 year of age. 2 tablets twice daily for children with 1-5 years of age.  
Presentation : 10 x 10 blister of 250 mg tab.

## 4. CHANDANADIVARTHI: (Arogyakalpadrumam)

Total Ingredients : 8  
Main Ingredients : Santalum album, Pterocarpus marsupium, Coccus lacca, Strychnos potatorum, Picrorrhiza kurroa, Jasminum bud, Camphor, Red ochre.  
Indication : Redness, Itching and Inflammation in eyes. Also recommended in watering of eyes, Conjunctivitis.  
Usage : For ophthalmic application only. May be applied with rose water or breast milk.  
Presentation : 50 Nos.

**5. CHANDRAPRABHA GULIKA (TABLET):** (Bhaishajyaratnavali)

Total Ingredients : 36  
Main Ingredients : Embelia ribes, Thrikatu, Thriphala, Acorus calamus, Rock salt, Potassium carbonate, Aconitum heterophyllum, Asphaltum, Commiphora wightii (purified), Eclipta alba.  
Indication : Urino-genital diseases like Haematuria, Albuminuria, Urinary calculi, Dysuria, Urinary infection, Incontinence of urine, Spermatorrhoea, Leucorrhoea, Diabetes insipides. Also recommended as prophylactic medicine in post-surgical effects of urino-genital diseases.  
Usage : 2 tablets b.d. with milk, Brihathyadi kashayam, honey or as directed by the physician.  
Presentation : 100 Nos.

**6. CHARNGERYADI GULIKA (TABLET):** (Patent & Proprietary)

Total Ingredients : 16  
Main Ingredients : Oxalis corniculata, Cyperus rotundus, Apium graveolens, Punica granatum, Myristica fragrans, Santalum album, Aconitum heterophyllum, Opium (purified).  
Indication : Diarrhoea, Dysentery, Intestinal colic, Indigestion.  
Usage : 1 tablet b.d. with butter milk, luke warm water or suitable Kashayam/Arishtam or as directed by the physician.  
Presentation : 100 Nos.

**7. CHUKKUMTHIPPALLYADI GULIKA:** (TABLET) : (Sahasrayogam)

Total Ingredients : 18  
Main Ingredients : Dried ginger, Piper longum, Aloe extract, Elaeocarpus tuberculatus, Andrographis paniculata, Yellow resin, White arsenic (processed), Piper nigrum, Camphor, Red orpiment (processed), Blue vitriol (processed), Cardiospermum halicacabum.  
Indication : Flu, Fever, Anorexia, Distaste, Sprue.  
Usage : 1 tablet b.d. with honey/ ginger juice/thulasi juice or other suitable vehicles or as directed by the physician.  
Presentation : 100 Nos.

**8. DASANGAM GULIKA (TABLET):** (Ashtangahridayam)

Total Ingredients : 10  
Main Ingredients : Acorus calamus, Ferula asafoetida, Embelia ribes, Rock salt, Elephant pepper, Cyclea peltata, Cyperus rotundus, Thrikatu.  
Indication : Poisonous insect bites.  
Usage : For external and internal application. Internally 1 - 2 tabs. b.d. with honey/ Thulasi juice/Kashayam  
Presentation : 100 Nos.

**9. DHANWANTHARAM GULIKA (TABLET):** (Sahasrayogam)

Total Ingredients : 16  
Main Ingredients : Elettaria cardamomum, Dried ginger, Terminalia chebula, Cuminum cyminum, Elaeocarpus tuberculatus, Camphor, Rose water.

Indication	: Dyspnoea, Cough, Hiccup, Vomiting. Also recommended in Rheumatic diseases, Tuberculosis.
Usage	: 1 tablet b.d. or as directed by the physician.
Presentation	: 100 Nos.

**10. DOOSHEEVISHARI GULIKA (TABLET):** (Ashtangahridayam)

Total Ingredients	: 14
Main Ingredients	: Piper longum, Nardostachys jatamansi, Symplocos cochinchinensis, Santalum album, Red ochre, Glycyrrhiza glabra.
Indication	: Chronic ill effects of Poisons, Insect bite. Snake bite etc.
Usage	: For external and internal application. Internally 1 tab. b.d. with honey/Kashayam/Thulasi juice.
Presentation	: 100 Nos.

**11. GOPEECHANDANADI GULIKA (TABLET):** (Arogya Kalpadrumam)

Total Ingredients	: 56
Main Ingredients	: Hemidesmus indicus, Santalum album, Cyperus rotundus, Ariyaru, Thriphala, Thrikatu, Jeerakathrayam, Allium sativum, Raisins, Oak gall, Camphor, Saffron, Sugar, Coleus aromaticus, Ocimum sanctum.
Indication	: Scabies, Fever, Chronic skin disorders, Itching, Eczema especially of children.
Usage	: Paediatric dose: 1/2 to 1 tablet b.d. with breastmilk/honey/Thulasi juice/Coleus juice or as directed by the physician.
Presentation	: 100 Nos.

**12. GOROCHANADI GULIKA (TABLET):** (Ayurvedic Formulary of India)

Total Ingredients	: 45
Main Ingredients	: Elaeocarpus tuberculatus, Civet, Horns of Goat, Deer etc. Gold (processed), Andrographis paniculata, Galena (processed) Camphor, Leucas aspera, Thrikatu, Thriphala, Borax (processed), Oak gall, Zingiber officinale (fresh).
Indication	: Chronic fever. Recommended in Intermittent fever, Respiratory disorders and Cardiac disorders.
Usage	: 1 tablet b.d. with honey/Thulasi juice/Coleus juice/ginger juice/suitable Kashayam.
Presentation	: 100 Nos.

**13. JATHEEMUKULADI VARTHI:** (Ashtangahridayam)

Total Ingredients	: 5
Main Ingredients	: Jasminum grandiflorum (Buds), Red ochre, Coccus lacca, Santalum album, Rose water.
Indication	: Effective for all kinds of Eye diseases, especially in congestion and wounds.
Dosage	: For ophthalmic application only with honey/breast milk/rose water.
Presentation	: 50 Nos.

**14. KACHOORADIVATTU (TABLET):** (Sahasrayogam)

Total Ingredients	: 28
Main Ingredients	: Kaempferia galanga, Emblica officinalis, Glycyrrhiza glabra, Santalum album, Alpinia calcarata, Tamarindus indica (rachis), Camphor, Sida cordifolia, Saffron, Tender coconut water, Rose water.

Indication	: For external application & Thalam in Headache, Mental disorders, Fever, Eye diseases.
Dosage	: For external application over crown, with breastmilk; lemon juice, coleus juice etc. or as directed by the physician.
Presentation	: 100 Nos.

**15. K AISORAGULGULU GULIKA (TABLET):** (Sarngadharasamhitha)

Total Ingredients	: 15
Main Ingredients	: Commiphora wightii (purified), Thriphala, Tinospora cordifolia, Thrikatu, Embelia ribes, Baliospermum montanum, Merrimia turpethum, Cow ghee.
Indication	: Skin diseases. Chronic arthritis, Chronic wounds, Pthisis, Diabetic carbuncle, Ascites, Dropsy, Anaemia, Acne etc.
Dosage	: 2 tablets - b.d. with suitable Kashaya or Asavarishta or milk or as directed by the physician.
Presentation	: 100 Nos.

**16. KARUTHAVATTU TABLET:** (Sahasrayogam)

Total Ingredients	: 6
Main Ingredients	: Boswellia serrata, Yellow resin, Aloe vera. Headache, Contusions, Local swelling, Sprains.
Indication	: For external application on in Headache, Contusions, Local swelling, Sprains.
Dosage	: For applying over affected areas.
Presentation	: 100 Nos.

**17. VAYU GULIKA (TABLET):** (Sahasrayogam)

Total Ingredients	: 35
Main Ingredients	: Andrographis paniculata, Thriphala, Thrijathakam, Santalum album, Acorus calamus, Thrikatu, Galena (processed), Borax (processed), Aconitum ferox (purified), Red orpiment (processed), Cinnabar (processed), Cuminum cyminum.
Indication	: Flatulence, Dyspnoea, Bronchial complaints, Cardiac disorders, Indigestion, etc.
Dosage	: 1 tablet b.d. with Cumin seed water/suitable vehicles.
Presentation	: 100 Nos.

**18. KANCHANARAGUGGULU GULIKA (TABLET):** (The Ayurvedic Formulary of India)

Total ingredients	: 15
Main ingredients	: Bauhinia variegata, Terminalia chebula, Terminalia bellerica, Emblica officinalis, Commiphora wightii etc.
Indication	: Diseases associated with Thyroid gland, tumors & extra growths, Fistula & skin diseases.
Dosage	: 2 tablets bd along with suitable kashaya or as directed by physician.

**19. KHADIRA GULIKA (TABLET):** (Ashtangahrdayam)

Total Ingredients	: 40
Main Ingredients	: Acacia catechu, Acacia ferruginea, Red ochre, Santalum album, Glycyrrhiza glabra, Coscinium fenestratum, Thriphala, Chathurjathakam, Myristica fragrans, Eugenia caryophyllata, Camphor.

Indication : Toothache, Pyorrhoea, Gingivitis, Stomatitis, Bleeding gum.  
 Dosage : For oral cavity application with Honey or Thriphala Kashayam. Crush and mix with luke warm water for gargling.  
 Presentation : 50 Nos.

#### **20. KRIMIGHNAVATI (TABLET) : (Bhaishajyaratnavali)**

Total Ingredients : 3  
 Main Ingredients : Ferula asafoetida, Allium sativum, Vitex negundo.  
 Indication : Worm infestation, Colic, Sprue.  
 Usage : ½-1 tablet b.d. with honey/Turmeric juice/Ginger juice or as directed by the physician.  
 Presentation : 100 Nos.

#### **21. LAGHUSUTASEKHARA RASAM: (The Ayurvedic Formulary of India)**

Total ingredients : 3  
 Main ingredients : Red ochre, Zingiber officinale, Piper betle  
 Indication : Heart burn, Gastritis, hyper acidity, head ache, migraine, stomatitis, burning sensation  
 Dosage : 2 Tablets twice daily before food  
 Presentation : 100 nos

#### **22. LAKSHAGUGGULU GULIKA (TABLET): (The Ayurvedic Formulary of India)**

Total ingredients : 6  
 Main ingredients : Laccifera lacca (secretion), Cissus quadrangularis, Terminalia arjuna, Withania somnifera, Sida veronicaefolia, Commiphora wightii.  
 Indication : Bone fracture, improper alignment of bones, Osteoporosis etc.  
 Dosage : 2 tablets bd along with suitable kashaya or as directed by physician  
 Presentation : 100 nos

#### **23. MANASAMITHRAVATAKAM (TABLET): (Sahasrayogam)**

Total Ingredients : 71  
 Main Ingredients : Sida cordifolia, Aegle marmelos, Red coral (purified), Clitoria ternatea, Gold (processed), Acorus calamus, Santalum album, Pearl (processed), Piper longum, Silver (processed), Iron (processed), Lotus stamen, Withania somnifera, Thriphala, Sarcostemma acidum, Bacopa monnieri, Asphaltum, Saffron.  
 Indication : Insanity, Epilepsy and Psychosis. Recommended in Neurological disorders, Hypertension, Insomnia, Memory booster.  
 Dosage : 1-2 tablet with milk at bed time or as directed by the physician.  
 Presentation : 100 Nos.

#### **24. MANDOORAVATAKAM : (Ashtangahrdayam)**

Total Ingredients : 16  
 Main Ingredients : Iron pyrites (processed), Coscinium fenestratum, Cedrus deodara, Thrikatu, Thriphala, Cyperus rotundus, Plumbago rosea, Embelia ribes, Rust iron (processed), Cow's urine.

Indication : Anaemia, Dropsy, Skin diseases, Diabetes mellitus, Bleeding piles and Jaundice.

Dosage : ½-1 tablet with buttermilk or lime juice after food (o.d) or as directed by the physician.

Presentation : 50 Nos.

#### **25. MARMAVATTU (TABLET): (Sahasrayogam)**

Total Ingredients : 5

Main Ingredients : Curcuma angustifolia, Boswellia serrata, Aloe extract, Opium, Aloe vera (Juice).

Indication : Contusions over vital points, Sprains, Carbuncles etc.

Usage : For external application only, with Moringa juice/egg white over affected area.

Presentation : 100 Nos.

#### **26. MUKKAMUKKATUKADI GULIKA (TABLET) : (Sahasrayogam)**

Total Ingredients : 22

Main Ingredients : Thriphala, Thrikatu, Cuminum cyminum, Carum carvi, Acorus calamus, Andrographis paniculata, Rock salt, Camphor, Aloe extract, Ferula asafoetida, Vitex negundo.

Indication : Chronic fever. Intermittent fever. Indigestion.

Dosage : 1 tablet b.d. with Ginger juice/Thulasi juice/Honey or as directed by the physician.

Presentation : 100 Nos.

#### **27. NAVAYASAM GULIKA (TABLET) : (Ashtangahrdayam)**

Total Ingredients : 10

Main Ingredients : Thrikatu, Cyperus rotundus, Plumbago rosea, Embelia ribes, Thriphala, Rust iron (processed).

Indication : Anaemia, Liver disorders, Skin diseases, General fatigue.

Dosage : 1 tablet with lemon juice and honey o.d. after food, or as directed by the physician.

Presentation : 100 Nos.

#### **28. PONKARADI GULIKA (TABLET): (Proprietary Medicine)**

Total Ingredients : 10

Main Ingredients : Borax (processed), Caesalpinia bonduc, Rock salt, Allium sativum, Ferula asafoetida, Iron pyrites (processed), Kantha sindooram, Cuminum cyminum, Opium (purified), Zingiber officinalis.

Indication : Intestinal colic, Dysmenorrhoea.

Dosage : 1 tab b.d. with Ginger juice.

Presentation : 100 Nos.

**29. PUNARNAVAMANDOORAM** (The Ayurvedic Formulary of India)

Total Ingredients	:	22
Main Ingredients	:	Borhoevia diffusa, zingiber officinale, Piper longun, piper nigrum etc.
Indication	:	Anaemia, malabsorption syndrome, inter mittent fever, inflammation, splenic disorders, diseases of skin, worm infestation.
Dosage	:	1 - 2 tablets with butter milk or water
Presentation	:	10 x 10 blister.

**30. PUSHYANUGAM GULIKA (TABLET):** (Ashtangahrdayam)

Total Ingredients	:	28
Main Ingredients	:	Cyclea peltata, Rotula aquatica, Aegle marmelos, Aconitum heterophyllum, Symplocos cochinchinensis, Red ochre, Saffron, Raisins.
Indication	:	Menstrual disorders, Menorrhagia, Bleeding piles, Dysentery, Leucorrhoea.
Dosage	:	1 tab b.d. in milk/rice wash/honey.
Presentation	:	100 Nos.

**31. SARVAROGAKULANTHAKAM GULIKA (TABLET):** (Sahasrayogam)

Total Ingredients	:	4
Main Ingredients	:	Aconitum ferox (purified), Piper longum, Cinnabar (processed), Lemon juice.
Indication	:	Flatulence, Dyspnoea, Anorexia, Chronic fever, Arthritis, Tuberculosis.
Dosage	:	1 tab b.d. with suitable Kashayam or as directed by the physician.
Presentation	:	100 Nos.

**32. SHANMAKSHIKA VARTHI:** (Ashtangahrdayam)

Total Ingredients	:	6
Main Ingredients	:	Piper nigrum, Emblica officinalis, Conch (processed), Zinci carbonas (processed), Galena (processed), Iron pyrites (processed).
Indication	:	Allergic conditions of eyes, Cataract, Watering of eyes, Pterygium.
Dosage	:	Ophthalmic application with honey/breast milk or as directed by the physician.
Presentation	:	50 Nos.

**33. SIVA GULIKA :** (Ashtangasamgraham)

Total Ingredients	:	59
Main Ingredients	:	Asphaltum, Thriphala, Dasamoolam, Tinospora cordifolia, Sida cordifolia, Trichosanthes anguina, Hemidesmus indicus, Withania somnifera, Ipomoea mauritiana, Chathurjathakam, Sugar, Cow ghee, Honey, Gingelly oil, Jasmine flower (for flavour).
Indication	:	Chronic arthritis, Rheumatic complaints, Urinogenital disorders, Spermatorrhoea, Splenic disorders, Liver disorders, Mental disorders, Skin diseases, Vitiligo, Infertility, Gout.
Dosage	:	1 tab b.d. with milk/honey/suitable Kashayam or as directed by the physician.
Presentation	:	10 Nos.

**34. SURYAPRABHA GULIKA (TABLET) : (Sahasrayogam)**

Total Ingredients : 12  
Main Ingredients : Cinnabar (processed), Curcuma longa, Sulphur (processed), Ferula asafoetida, Thrichala, Thrikatu, Cuminum cyminum, Aconitum ferox (purified).  
Indication : Fever, Cough, Chest infection, Flu.  
Dosage : 1 tab b.d. with Ginger juice/honey or as directed by the physician.  
Presentation : 100 Nos.

**35. SWASANANDAM GULIKA TABLET : (Arogyakalpadrumam)**

Total Ingredients : 6  
Main Ingredients : Cinnabar (processed), Aconitum ferox (purified), Thrichala, Camphor, Lemon juice.  
Indication : Asthma, Cough, Bronchitis, Dyspnoea, Flatulence.  
Dosage : 1 tab b.d. with Thulasi juice/Cumin seed water/Honey/Adhatoda leaf juice or as directed by the physician.  
Presentation : 100 Nos.

**36. THRIPHALADI GULIKA (TABLET) : (Proprietary Medicine)**

Total Ingredients : 19  
Main Ingredients : Thrichala, Panchalavanam, Saussurea lappa, Picorrhiza curroa, Sida cordifolia, Pongamia pinnata.  
Indication : Eye diseases.  
Dosage : 1 tablet with decoction of Thrichala o.d. or as directed by the physician.  
Presentation : 100 Nos.

**37. URAMARUNNU GULIKA : (Proprietary Medicine)**

Total Ingredients : 24  
Main Ingredients : Thrikatu, Ariyaru, Eugenia caryophyllata, Oak gall, Allium sativum, Coleus aromaticus.  
Indication : Neonatal digestive disorders. Improves digestive power.  
Dosage : ¼-½ tab with breast milk and honey b.d. or as directed by the physician.  
Presentation : 100 Nos.

**38. VETTUMARAN GULIKA (TABLET): (Sahasrayogam)**

Total Ingredients : 6  
Main Ingredients : Borax (processed), Piper nigrum, Aconitum ferox (purified), Cinnabar (processed), Piper longum, Apium graveolens, Zingiber officinale.  
Indication : Fever, Flu, Mumps.  
Dosage : 1 tab with Ginger juice and honey b.d. or as directed by the physician.  
Presentation : 100 Nos.

**39. VIDANGADI GULIKA (TABLET): (Proprietary Medicine)**

Total Ingredients : 4  
Main Ingredients : Embelia ribes, Hibiscus rosasenensis, Ferula asafoetida.  
Indication : Dysmenorrhoea  
Dosage : 1-2 Tab. with Thila kashayam.  
Presentation : 100 Nos.

**40. VILWADI GULIKA (TABLET):** (Ashtangahridayam)

Total Ingredients	:	14
Main Ingredients	:	Aegle marmelos, Ocimum sanctum (spike), Pongamia pinnata, Indian valerian, Cedrus deodara, Thriphala, Thrikatu, Curcuma longa, Coscinium fenestratum, Goat urine.
Indication	:	Snake poison, Insect poison, Rat bite, Diarrhoea, Dysentery, Indigestion etc.
Dosage	:	For external as well as internal application with Thulasi juice/honey.
Presentation	:	100 Nos.

**41. VIMALAVARTHI:** (Sahasrayogam)

Total Ingredients	:	10
Main Ingredients	:	Glycyrrhiza glabra, Piper longum, Piper nigrum, Symplocos cochinchinensis, Coscinium fenestratum, Thriphala, Camphor, Rose water.
Indication	:	Cataract, Redness and Contusions in eyes, Allergic conditions of eyes.
Dosage	:	For ophthalmic use only.
Presentation	:	50 Nos.

**42. YOGARAJAGULGULU GULIKA (TABLET) :** (Bhaishajyaratnavali)

Total Ingredients	:	28
Main Ingredients	:	Plumbago rosea, Cuminum cyminum, Embelia ribes, Cedrus deodara, Rock salt, Alpinia calcarata, Tribulus terrestris, Thriphala, Thrikatu, Potassi carbonas, Commiphora wightii (purified).
Indication	:	Rheumatic diseases, Skin diseases, Piles, Arthritis, Fistula, Male genital disorders, Epilepsy. Improves the regeneration of cells, thereby leading to increased vigour and vitality.
Dosage	:	2 tablets - b.d. with suitable Kashayam/Asavarishtam or as directed by physician.
Presentation	:	100 Nos.

**43. CHANDRODAYAVARTI:** (The Ayurvedic Formulary of India)

Total ingredients	:	10
Ingredients	:	Terminalia chebula, Acorus calamus, Piper longum, Piper nigrum, Conch shell, milk etc.
Indication	:	Early stage of Cataract, Growth in layers of eye, Pterygium, Night blindness, Granular Eyelid disorders, Itching
Usage	:	For ophthalmic use only.
Presentation	:	

**44. ELADI GULIKA:** (The Ayurvedic Formulary of India)

Total ingredients	:	8
Ingredients	:	Elattaria cardomum, Vitis vinifera, Sugar, Glycyrrhiza glabra, Phoenix dactylifera etc.
Indication	:	Vomiting, Nausea, hiccup, cough, dyspnea, fever, excess thirst, splenomegaly etc.
Dosage	:	2-4 tabs intermittently along with honey or as directed by physician.
Presentation	:	10 x10 blisters

**45. RAJAHPRAVARTHINI VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 5  
Ingredients : Aloe extract, Ferrous sulphate, Asafoetida, borax, Aloe vera  
Indication : Dysmenorrhoea, irregular menstruation etc.  
Dosage : 1 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters

**46. SANJEEVANI VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 11  
Ingredients : Embelia ribes, Zingiber officinalis, Thripala, Acorus calamus etc  
Indication : Indigestion, gastric problems, ascites etc.  
Dosage : ½ tab twice daily or as directed by physician  
Presentation : 10 x10 blisters

**47. LASUNADI VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 8  
Ingredients : Allium sativum, Cuminum cyminum, Sulphur, Zingiber officinalis etc.  
Indication : Gastro enteritis with piercing pain, dysentery, sprue.  
Dosage : 1 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters

**48. PUNARNNAVA GUGGULU:** (The Ayurvedic Formulary of India)

Total ingredients : 20  
Ingredients : Boerhavia diffusa, Ricinus communis, Zingiber officinalis, Castor oil etc.  
Indication : Rhuematic complaints, inflammation, Sciatica etc.  
Dosage : 1 tab thrice daily or as directed by physician  
Presentation : 10 x 10 blisters

**49. SAPTHAVIMSHATHIKA GUGGULU:** (The Ayurvedic Formulary of India)

Total ingredients : 14  
Ingredients : Commiphora mukul, Thrikatu, Curculigo orchiooides, Embelia ribes etc.  
Indication : Heart problems, cough, dyspnea, calculus, Rhuematic complaints  
Dosage : 2 tab Thrice daily or as directed by physician  
Presentation : 10 x 10 blisters

**50. SAMSAMANI VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 1  
Ingredients : Tinospora cordifolia.  
Indication : Fever, chronic fever, phthisis, emaciation, anemia etc.  
Dosage : 1-2 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters.

**51. CHITRAKADI GULIKA:** (The Ayurvedic Formulary of India)

Total ingredients : 16  
Ingredients : Plumbago zeylanica, Piper longum, Panchalavana, Zingiber officinalis etc.  
Indication : Indigestion and gastric problems.  
Dosage : 1 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters.

**52. LAVANGADI VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 5  
Ingredients : Syzygium aromaticum, Piper nigrum, Terminalia chebula, Acacia catechu etc.  
Indication : Cough, Dyspnoea  
Dosage : 1 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters.

**53. PRABHAKARA VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 6  
Ingredients : Makshikabhasma, Lohabhsama, Abhraka Bhasma etc.  
Indication : Heart problems.  
Dosage : ½ tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters

**54. KUTAJAGHANA VATI:** (The Ayurvedic Formulary of India)

Total ingredients : 2  
Ingredients : Holarrhena antidysenterica, Aconitum heterophyllum  
Indication : Diarrhoea, Malabsorption syndrome, Diarrhoea with fever  
Dosage : 1-2 tabs twice daily or as directed by physician  
Presentation : 10 x 10 blisters

**55. THRIPHALA GUGGULU:** (The Ayurvedic Formulary of India)

Total ingredients : 5  
Ingredients : Thriphala, Commiphora mukul  
Indication : inflammation, fistula, Haemorrhoids, ascites etc.  
Dosage : 1 tab Thrice daily or as directed by physician  
Presentation : 10 x 10 blisters

**56. KANKAYANAM GULIKA:** (Sahasrayogam)

Total ingredients : 19  
Ingredients : Cuminum cyminum, Lepidium sativum, Trachyspermum ammi, Baliospermum montanum etc  
Indication : Abdominal lump, Helminthiasis/worm infestation, Haemorrhoids, Bleeding disorder, Heart disease  
Dosage : 1 tab twice daily or as directed by physician  
Presentation : 10 x 10 blisters





# Bhasmam-Sindooram

## 1. ABHRAKA BHASMAM: (Rasaratnasamuchayam)

Ingredients : Mica (processed).  
Indication : Diabetes, Skin disorders, Cough, Respiratory disorders. Blood impurity, Sprue, Anaemia, Pthysis, Jaundice.  
Dosage : 125 - 250 mg. b.d. with honey/Thripala kashayam/Guluchi swarasa/Ginger juice or as directed by the physician.  
Presentation : 5g., 10 g.

## 2. ANNABHEDI SINDOORAM: (Rasa Tharangini)

Ingredients : Ferri sulphus (processed). Ferrous sulphate  
Indication : Anaemia, Obesity, Rheumatic complaints, Skin disorders. Improves absorption of nutrients.  
Dosage : 125 - 250 mg. with 1 tsp. Lemon juice and q.s. honey o.d. or as directed by the physician.  
Presentation : 5g., 10g.

## 3. AVILTHOLADI BHASMAM: (Sahasrayogam)

Total Ingredients : 11  
Main Ingredients : Holoptelia integrifolia, Cyathula prostrata, Baliospermum montanum, Ricinus communis, Cassia fistula.  
Indication : Dropsy. Also effective in Anaemia and Ascites.  
Dosage : As directed by the physician. Indicated to prepare gruel with rice and milk/butter milk.  
Presentation : 50 g., 100g.

## 4. GANDHIKA RASAYANAM: (Rasaratnasamuchayam)

Ingredients : Sulphur (processed).  
Indication : Skin disorders, Blood impurities.  
Dosage : 125 - 250 mg. b.d. with suitable Kashayam/honey or as directed by the physician.  
Presentation : 5 g., 10 g.

**5. GODANTHI BHASMAM:** (The Ayurvedic Formulary of India)

Ingredient : Gypsum  
Indication : Dyspnoea, digestive impairment, head ache, chronic fever, cough etc.  
Usage : 250 mg bd along with Honey, Tulasi Svarasa, ghee, sugar or as directed by physician.

**6. KALYANAKSHARAM:** (Ashtangahridayam)

Total Ingredients : 13  
Main Ingredients : Thrikatu, Thriphala, Thrilavanam, Baliospermum montanum, Semicarpus anacardium, Plumbago rosea, cows urine.  
Indication : Piles, Pthysis, Splenic disorders, Ascites, Dropsy, Urolithiasis, Dysuria, Diabetes, Flatulence, Cardiac disorders.  
Dosage : 1 g. b.d. with honey or ghee or along with food or as directed by the physician.  
Presentation : 250 g

**7. KANTHA SINDOORAM:** (Rasatharangini)

Ingredients : Wrought iron (processed).  
Indication : Iron deficiency anaemia, Ascites, Pthysis, Diabetes, Sprue and Jaundice.  
Dosage : 125 - 200 mg. o.d. with Butter milk/Lemon juice and honey or as directed by the physician.  
Presentation : 5g., 10 g.

**8. LOHA SINDOORAM:** (Rasatharangini)

Ingredients : Ferrum (processed).  
Indication : Anaemia, Jaundice, Worm infestation, Obesity, Diabetes, Splenic disorders, Dropsy, Skin disorders, Ascites, Hyperacidity, Peptic ulcer.  
Dosage : 125 - 200 mg. b.d. with honey/ ghee/ Lemon juice/Thriphala kashayam/ Thriphala choornam/ Thrikatu choornam or as directed by the physician.  
Presentation : 5g., 10 g.

**9. MANDOORA BHASMAM:** (Ayurvedic Formulary of India Part -1)

Ingredients : Iron rust (processed).  
Indication : Splenic disorders, Hepatomegaly, Cirrhosis, Jaundice, Dropsy, Anaemia.  
Dosage : 125 - 200 mg. b.d. with honey/Thriphala kashayam/juice of Boerrhavia diffusa, Lemon juice or as directed by the physician.  
Presentation : 10 g.

**10. PANAVIRALADI BHASMAM:** (Sahasrayogam)

Total Ingredients : 4  
Ingredients : Borassus flabellifer, Achyranthus aspera, Hygrophila auriculata, Musa paradisiaca  
Indication : Inflammatory conditions  
Dosage : Along with buttermilk / rice gruel or as directed by physician  
Presentation : 50 g

**11. PRAVALA BHASMAM:** (Rasathrangini)

Ingredient : Red coral (processed)  
Indication : Dropsy, Respiratory diseases, Cardiac disorders like palpitation and tachycardia, Dysuria, Osteomyelitis.  
Dosage : 125-250 mg. b.d. with rice wash/honey/milk/ghee etc. as directed by the physician.  
Presentation : 5 g., 10 g.

**12. SANKHA BHASMAM:** (The Ayurvedic Formulary of India)

Ingredient : Conch shell  
Indication : Dyspepsia, digestive impairment, malabsorption syndrome, Enlargement of liver and spleen, duodenal ulcer.  
Usage : 125 to 250 mg bd along with lemon juice or triphala kashaya or as directed by physician.





# Kashayachoornam

**Dosage:** 60 g. kashaya choornam with 16 times water (960 ml) boil and reduce to 1/4. Use twice daily before food or as directed by the physician

## 1. AMRUTHOTHARAM KASHAYACHOORNAM: (Sahasrayogam)

Total Ingredients : 3

Ingredients : Tinospora cordifolia, Terminalia chebula, Dried ginger.

Indication : Fever, Flu, Cold and Headache. Used as a digestant in Rheumatic fever.

Presentation : 250 g., 500 g., 1 kg., 3 kg.

## 2. ASHTAVARGAM KASHAYACHOORNAM: (Sahasrayogam)

Total Ingredients : 8

Ingredients : Sida cordifolia, Strobilanthes ciliatus, Ricinus communis, Dried ginger, Alpinia calcarata, Cedrus deodara, Vitex negundo, Allium sativum.

Indication : Rheumatic complaints, Hemiplegia, Numbness, Vertigo, Hypertension.

Presentation : 250 g., 500 g., 1 Kg., 2.5 Kg.

## 3. BHADRADARVADI KASHAYACHOORNAM: (Ashtangahridayam)

Total Ingredients : 15

Ingredients : Cedrus deodara, Indian valerian, Saussurea lappa, Dasamoolam, Sida cordifolia

Indication : Rheumatic diseases.

Presentation : 250 g., 500 g., 1 kg, 2.5 kg.

## 4. BHARANGYADI KASHAYA CHOORNAM: (Sahasrayogam)

Total ingredients : 11

Ingredients : Clerodendrum serratum, Tinospora cordifolia, Zingiber officinale, Cypruss rotundus etc

Indication : Intermittent fever, Cough

Presentation : 250gm, 1kg

**5. BRUHATHYADI KASHAYACHOORNAM:** (Ashtangahrdayam)

Total Ingredients : 5  
Ingredients : Desmodium gangeticum, Pseudarthria viscosa, Solanum melongena, Aerva lanata, Tribulus terrestris.  
Indication : Urinary infection, Calculi, Dysuria, Haematuria, Urolithiasis.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**6. CHIRUVILWADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 6  
Ingredients : Holoptelia integrifolia, Boerrhavia diffusa, Plumbago rosea, Terminalia chebula, Piper longum, Dried ginger.  
Indication : Piles, Fistula, Pthysis, Indigestion, Loss of appetite.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**7. DASAMOOLAKATUTHRAYAM KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 14  
Ingredients : Dasamoolam, Thrikatu, Adhatoda beddomei.  
Indication : Respiratory disorders, Rhinitis, Cold, Bodyache, Headache, Cough, Flu, Fever and Low back-ache.  
Presentation : 250g., 1 Kg.

**8. DASAMOOLAM KASHAYACHOORNAM:** (Bhaishajyaratnavali)

Total Ingredients : 10  
Ingredients : Dasamoolam.  
Indication : Rheumatic Complaints, Respiratory Complaints, Flu, Cold, Cough.  
Presentation : 250g., 500g., 1 Kg., 2.5 Kg.

**9. DHANWANTHARAM KASHAYACHOORNAM:** (Ashtangahrdayam)

Total Ingredients : 44  
Ingredients : Sida cordifolia, Hordeum vulgare, Ziziphus jujuba, Horse gram, Dasamoolam, Asparagus racemosus, Withania somnifera, Ipomoea mauritiana, Santalum album, Cedrus deodara, Rubia cordifolia, Boerrhavia diffusa, Glycyrrhiza glabra, Peucedanum graveolens, Hemidesmus indicus, Elettaria cardamomum, Thripaphala.  
Indication : Useful in Rheumatic complaints. Recommended in Post natal care for getting relief from post-partum strain and for improving physical strength.  
Presentation : 250g., 500g., 1 Kg., 2.5 Kg.

**10. DRAKSHADI KASHAYACHOORNAM :** (Ashtangahrdayam)

Total Ingredients : 16  
Ingredients : Raisins, Madhuca indica, Glycyrrhiza glabra, Symplocos cochinchinensis, Gmelina arborea, Hemidesmus indicus, Cyperus rotundus, Emblica officinalis, Coleus zeylanicus, Lotus stamen, stem and rhizome, Caesalpinia sappan, Santalum album, Vetiveria zizanioides, Phoenix farinifera.  
Indication : General debility, Fatigue, Giddiness, Fainting, Epistaxis, Dizziness, Fever, Vomiting. Can be recommended in Antenatal care. Jaundice.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**11. ELAKANADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 19  
Ingredients : Elettaria cardamomum, Piper longum, Glycyrrhiza glabra, Dried ginger, Cyperus rotundus, Adhatoda beddomei, Azadirachta indica, Tinospora cordifolia, Coleus zeylanicus, Dasamoolam.  
Indication : Bronchitis, Cough, Flu, Fever, Dyspnoea, Consumption, Anorexia.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**12. GANDHARVAHASTHADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Ricinus communis, Holoptelia integrifolia, Plumbago rosea, Dried ginger, Terminalia chebula, Boerrhavia diffusa, Tragia involucrata, Curculigo orchioides.  
Indication : Rheumatic complaints, Flatulence, Loss of appetite, Constipation, Anorexia, Low back-ache.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**13. GOJIHWADI KASHAYA CHOORNAM:** (Siddhayoga samgraha)

Total ingredients : 15  
Main ingredients : Portulaea oleracea, Glycyrrhiza glabra, Anethum graveolens, Vitis vinifera, Ficus racemosa, Ziziphus jujuba, Adhatoda beddomei  
Indication : Cold & Feverishness, Cough, Asthma  
Presentation : 50g., 500g

**14. GULUCHYADI KASHAYACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 5  
Ingredients : Tinospora cordifolia, Caesalpinia sappan, Azadirachta indica, Coriandrum sativum, Pterocarpus santalinus.  
Indication : Fever, Vomiting, Burning sensation, Thirst, Skin disorders, Fainting due to excessive heat.  
Presentation : 250 g., 500 g., 1 kg., 2 kg.

**15. GULGULUTHIKTHAKAM KASHAYACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 31  
Ingredients : Commiphora wightii, Panchathiktham, Cyclea peltata, Embelia ribes, Curcuma longa, Alpinia calcarata, Aconitum heterophyllum.  
Indication : Rheumatic complaints, Arthritis, Chronic skin diseases, Fistula, Sinuses, Pthysis.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**16. INDUKANTHAM KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 18  
Ingredients : Holoptelia integrifolia, Cedrus deodara, Dasamoolam.  
Indication : Anorexia, Colic, Intermittent fever. Promotes health and strength by improving metabolism.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**17. KHADIRADI KASHAYACHOORNAM:** (Proprietary Medicine)

Total Ingredients : 4  
Ingredients : Murraya koenigii, Terminalia chebula, Trichosanthes anguina, Dried ginger.  
Indication : Diarrhoea, Indigestion, Heart burn, Colic, Flatulence, Amoebic dysentery.  
Presentation : 250 g., 500 g., 1 kg., 2 kg.

**18. MAHAMANJISHTADI KASHAYA CHOORNAM:** (Sahasrayogam)

Total Ingredients : 45  
Main Ingredients : Rubia cordifolia, Holorrhena antidysentrica Cyperus rotundus, Tinospora cordifolia, Zingiber officinale etc.  
Indication : Paralysis, fibrilasis, Rheumatic complaints.  
Presentation : 250 gm, 500 gm, 2.5 kg.

**19. MAHARASNADI KASHAYACHOORNAM:** (Sarngadharasamhitha)

Total Ingredients : 26  
Ingredients : Alpinia calcarata, Sida cordifolia, Ricinus communis, Acorus calamus, Boerrhavia diffusa, Tinospora cordifolia, Cassia fistula, Tribulus terrestris, Withania somnifera, Aconitum heterophyllum, Solanum melongena.  
Indication : Rheumatic diseases like Hemiplegia, Brachial palsy, Sciatica etc., Rheumatic fever. Also recommended in Hernia, Elephantiasis, Lassitude, Numbness.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**20. MANJISHTADI KASHAYACHOORNAM:** (Sarngadharasamhitha)

Total Ingredients : 9  
Ingredients : Rubia cordifolia, Thripaphala, Solanum indicum, Acorus calamus, Cedrus deodara, Curcuma longa, Tinospora cordifolia, Azadirachta indica.  
Indication : Arthritis, Skin diseases, Diabetes, Chilblain.  
Presentation : 250 g., 500 g., 1 kg., 3 kg.

**21. MRUDWEEKADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 4  
Ingredients : Raisins, Glycyrrhiza glabra, Azadirachta indica, Picorrhiza kurroa.  
Indication : Thirst, Fainting, Alcoholism, Delusions.  
Presentation : 250 g., 500 g., 1 kg., 2 kg.

**22. MUSALIKHADIRADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 6  
Ingredients : Curculigo orchioides, Acacia catechu, Emblica officinalis, Tribulus terrestris, Asparagus racemosus, Syzygium cumini.  
Indication : Leucorrhoea, Dysfunctional uterine bleeding, Albuminuria.  
Presentation : 250 g., 500 g., 1 kg., 3 kg.

**23. MUSTHAKARANJADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Cyperus rotundus, Pongamia pinnata, Aconitum heterophyllum, Plumbago rosea, Aegle marmelos, Dried ginger, Piper spp., Holarrhena antidysenterica.  
Indication : Diarrhoea, Dysentery, Colic.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**24. NAYOPAYAM KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 3  
Ingredients : Terminalia chebula, Cuminum cyminum, Dried ginger.  
Indication : Dyspnoea, Hiccup, Flatulence, Nausea, Vomiting.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**25. NEELIKARANJADI KASHAYACHOORNAM:** (Proprietary Medicine)

Total Ingredients : 10  
Ingredients : Indigofera tinctoria, Pongamia pinnata, Azadirachta indica, Albizzia lebbeck, Moringa oleifera, Cyperus rotundus, Acorus calamus, Dried ginger, Cedrus deodara, Santalum album.  
Indication : Snake poison.  
Presentation : 250 g., 500 g., 1 kg., 3 kg.

**26. NEELIMOOLADI KASHAYACHOORNAM:** (Proprietary Medicine)

Total Ingredients : 15  
Ingredients : Indigofera tinctoria, Pongamia pinnata, Azadirachta indica, Alangium lamarckii, Moringa oleifera, Albizzia lebbeck, Cyperus rotundus, Acorus calamus, Dried ginger, Cedrus deodara, Santalum album, Cuminum cyminum, Withania somnifera, Saussurea lappa, Rauwolfia serpentina.  
Indication : Poisonous insect bites, Chronic skin diseases.  
Presentation : 250 g, 500 g, 1 kg, 3 kg.

**27. NEELITHULASYADI KASHAYACHOORNAM:** (Proprietary Medicine)

Total Ingredients : 14  
Ingredients : Indigofera tinctoria, Ocimum sanctum, Vitex negundo, Hemidesmus indicus, Allium sativum, Thrikatu, Withania somnifera, Santalum album, Glycyrrhiza glabra, Saussurea lappa, Indian valerian, Aristolochia indica.  
Indication : Poisonous bite, Chronic skin diseases.  
Presentation : 250 g., 500 g., 1 Kg., 3 Kg.

**28. NISAKATHAKADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Curcuma longa, Strychnos potatorum, Emblica officinalis, Ixora coccinea, Symplocos cochinchinensis, Aerva lanata, Salacia fruiticosa, Vetiveria zizanioides.  
Indication : Diabetes mellitus (NIDDM).  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**29. PADOLADIGANAM KASHAYACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 6  
Ingredients : Trichosanthes anguina, Picrorrhiza kurroa, Santalum album, Chonemorpha macrophylla, Tinospora cordifolia, Cyclea peltata.  
Indication : Acute and Chronic skin diseases, Vomiting, Poisonous bites, Jaundice.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**30. PASHANABHEDADI KASHAYA CHOORNAM:** (Bhaishajya ratnavali)

Total ingredients : 9  
Main ingredients : Rotula aquatic, Glycyrrhiza glabra, Elettaria cardamomum, Ricinus Communis, Adhatoda beddomei, Tribulus terrestris, Terminalia chebula Piper longum, Sugar  
Indication : Urinary problems like burning sensation, burning micturition, stone, painful micturition  
Presentation : 50g, 500g

**31. PHALATHRIKADI KASHAYA CHOORNAM:** (Chakradatta)

Total ingredients : 6  
Main ingredients : Emblica officinalis, Terminalia chebula, Terminalia bellirica, Picrorrhiza kurroa, Trichosanthes cucumerina  
Indication : Jaundice, Anaemia, Heart burn  
Presentation : 50g., 500g

**32. PANCHATHIKTHAKAM KASHAYACHOORNAM:** (Sarngadharasamhitha)

Total Ingredients : 3  
Ingredients : Azadirachta indica, Tinospora cordifolia, Adhatoda beddomei, Trichosanthes anguina, Solanum melongena.  
Indication : Blood impurities, Chronic skin diseases and Intermittent fever.  
Presentation : 250 g., 500 g., 1 kg., 2 kg.

**33. PATHYADI KASHAYACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 10  
Ingredients : Terminalia chebula, Gmelina arborea, Dried ginger, Cyperus rotundus, Acorus calamus, Solanum indicum, Coriandrum sativum, Cedrus deodara, Clerodendrum serratum, Oldenlandia corymbosa.  
Indication : Bronchitis, Anorexia, Cough, Flu, Dryness of mouth, Colic.  
Presentation : 250 g., 500 g., 1 kg., 3 kg.

**34. PATHYAKSHADHATHRYADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 7  
Ingredients : Thriphala.Solanum indicum, Curcuma longa, Azadirachta indica, Tinospora cordifolia.  
Indication : Headache, Diseases related with ear, nose and throat, Eye diseases, Neck pain.  
Presentation : 250g., 1 Kg.

**35. PRASARANYADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 6  
Ingredients : Merrimia tridentata, Phaseolus mungo, Sida cordifolia, Allium sativum, Alpinia calcarata, Dried ginger.  
Indication : Brachial palsy and other Rheumatic complaints.  
Presentation : 250 g., 500 g., 1 kg., 2.5 k

**36. PUNARNAVADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Boerrhavia diffusa, Azadirachta indica, Trichosanthes anguina, Dried ginger, Solanum indicum, Tinospora cordifoila, Coscinium fenestratum, Terminalia chebula.  
Indication : Dropsy, Bodyache, Fever, Bronchial disturbances, Urinary infection, Productive cough, Arthritis, Rheumatic complaints, Anaemia.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**37. RASNASAPTHAKAM KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 7  
Ingredients : Alpinia calcarata, Tinospora cordifolia, Cassia fistula, Cedrus deodara, Tribulus terrestris, Ricinus communis, Boerrhavia diffusa.  
Indication : Rheumatic fever and related symptoms like joint pain, swelling, body ache and fever.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**38. RASNEIRANDADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 14  
Ingredients : Alpinia calcarata, Ricinus communis, Sida cordifolia, Strobilanthes ciliatus, Asparagus racemosus, Tragia involucrata, Adhatoda beddomei, Tinospora cordifolia, Cedrus deodara, Aconitum heterophyllum, Cyperus rotundus, Asteracantha longifolia, Kaempferia galanga, Dried ginger.  
Indication : Rheumatic complaints, Arthritis, Lumbago, Joint pain, Vertigo, Painful Swelling over joints.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

**39. SAHACHARADI KASHAYA CHOORNAM:** (Astangahridayam)

Total ingredients : 3  
Main ingredients : Zingiber officinale, Strobilanthes ciliates, Cedrus deodara  
Indication : Rheumatic diseases, Vericosity, Lassitude  
Presentation : 50g,500g

**40. SAPTASARAM KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 7  
Ingredients : Boerrhavia diffusa, Aegle marmelos, Horse gram, Ricinus communis, Strobilanthes ciliatus, Dried ginger, Premna serratifolia.

Indication : Rheumatic complaints, Dysmenorrhoea, Low back-ache, Menstrual irregularities, Indigestion, Ascites, Splenic disorders.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

#### **41. SHADANGAM KASHAYA CHOORNAM:** (Astangahridayam)

Total ingredients : 6  
Main ingredients : Zingiber officinale, Santalum album, Vetiveria zizanioides  
Indication : Improves digestion, It reduces thirst in fever  
Presentation : 50g, 500g

#### **42. VARANADI KASHAYA CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 17  
Ingredients : Crataeva religiosa, Strobilanthes ciliatus, Asparagus racemosus, Plumbago rosea, Semicarpus anacardium.  
Indication : Headache, Carbuncles, Obesity, Anorexia, Rheumatic complaints. Effective in Inflammation and Growths in visceral organs.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

#### **43. VASAGULUCHYADI KASHAYA CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 8  
Ingredients : Adhatoda beddomei, Tinospora cordifolia, Thriphala, Picrorhiza kurroa, Solanum indicum, Azadirachta, indica.  
Indication : Jaundice, Anaemia, Hyper bilirubinemia.  
Presentation : 250g.,1Kg.

#### **44. VIDARYADI KASHAYA CHOORNAM:** (Ashtangahridayam)

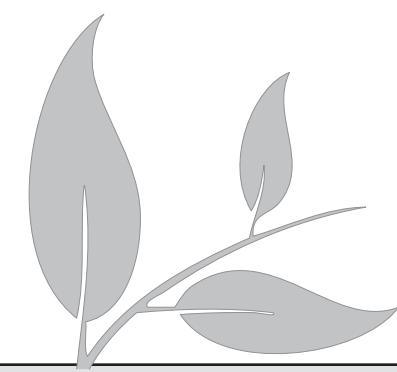
Total Ingredients : 18  
Ingredients : Ipomoea mauritiana, Ricinus communis, Boerrhavia diffusa, Cedrus deodara, Desmodium trifoliatum, Jeevanapanchamoolam, Laghu panchamoolam.  
Indication : Cough, Bronchitis, Cardiac disorders like palpitation and tachycardia, Fatigue, General debility. Helpful to regain health and body weight.  
Presentation : 250 g., 500 g., 1 kg., 2.5 kg.

#### **45. VYAGRHYADI KASHAYA CHOORNAM:** (Sahasrayogam)

Total ingredients : 3  
Ingredients : Tinospora cordifolia, Zingiber officinale, Solanum melongina  
Indication : Fever, Cold, Respiratory tract infection  
Presentation : 250gm, 1kg

**46. VYOSHADI KASHAYACHOORNAM:** (Sahasrayogam)

Total Ingredients : 15  
Ingredients : Thrikatu, Apium graveolens, Boerrhavia diffusa, Saccharum officinarum, Iron (processed), Terminalia chebula, Sida cordifolia, Tamarindus indica (rachis), Iron rust (purified), Citrus acida, Curcuma longa, Vitis quadrangularis, Desmodium trifoliatum  
Indication : Anaemia, General weakness, Dropsy, Anorexia.  
Presentation : 250 g., 500 g., 1 kg., 3 kg.





# Kashayam

**General Dosage:** 5-15 ml. with two times boiled and cooled water, twice daily before food or as directed by the physician.

## 1. AMRUTHOTHARAM KASHAYAM : (Sahasrayogam)

Ingredients & Indication : Same as Amruthotharam kashayachoornam.  
Presentation : 200 ml.

## 2. ASHTAVARGAM KASHAYAM: (Sahasrayogam)

Ingredients & Indication : Same as Ashtavargam kashayachoornam.  
Presentation : 200 ml.

## 3. BALAGULUCHYADI KASHAYAM: (Sahasrayogam)

Total Ingredients : 3  
Main Ingredients : Sida cordifolia, Tinospora cordifolia, Cedrus deodara.  
Indication : Arthritis, Rheumatic complaints.  
Presentation : 200 ml.

## 4. BALAJEERAKADI KASHAYAM: (Sahasrayogam)

Total Ingredients : 10  
Main Ingredients : Sida cordifolia, Cuminum cyminum, Aegle marmelos, Cyperus rotundus, Adhatoda beddomei, Dried ginger, Cedrus deodara, Pseudarthria viscosa, Saccharum officinarum, Fried grain.  
Indication : Respiratory disorders, Cough, Chest pain, Flatulence.  
Presentation : 200 ml.

## 5. BHADRADARVADI KASHAYAM: (Ashtangahrdayam)

Ingredients & Indication : Same as Bhadradarvadi kashayachoornam.  
Presentation : 200 ml.

## 6. BRUHATHYADI KASHAYAM: (Ashtangahrdayam)

Ingredients & Indication : Same as Bruhathyadi kashayachoornam.  
Presentation : 200 ml.

**7. CHIRUVILWADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Chiruvilwadi kashayachoornam.

Presentation : 200 ml.

**8. DASAMOOLAKADUTRAYAM KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Dasmoolakadutrayam kashayachoornam.

Presentation : 200 ml.

**9. DHANADANAYANADI KASHAYAM:** (Sahasrayogam)

Total Ingredients : 14

Main Ingredients : Caesalpinia bonduc, Dried ginger, Moringa oleifera, Alpinia calcarata, Acorus calamus, Crataeva religiosa, Allium sativum, Piper longum, Plumbago rosea, Ricinus communis, Cedrus deodara, Cyperus rotundus, Terminalia chebula, Clerodendrum serratum.

Indication : Rheumatic complaints especially Facial palsy, Hemiplegia.

Presentation : 200 ml.

**10. DHANWANTHARAM KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication : Same as Dhanwantharam kashayachoornam.

Presentation : 200 ml.

**11. DRAKSHADI KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication : Same as Drakshadi kashayachoornam.

Presentation : 200 ml.

**12. DUSPARSAKADI KASHAYAM (Ashtangahridayam)**

Total Ingredients : 5

Main Ingredients : Tragia involucrata, Aegle marmelos, Cuminum cyminum, Dried ginger, Cyclea peltata.

Indication : Pain and other symptoms related with Piles and fistula.

Presentation : 200ml.

**13. ELAKANADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Elakanadi kashayachoornam.

Presentation : 200 ml.

**14. GANDHARVAHASTHADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Gandharvahasthadi kashayachoornam.

Presentation : 200 ml.

**15. GULGULUTHIKTHAKAM KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication : Same as Gulguluthikthakam kashayachoornam.

Presentation : 200 ml.

**16. GULUCHYADI KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication : Same as Guluchyadi kashayachoornam.

Presentation : 200ml.

**17. INDUKANTHAM KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Indukantham kashayachoornam.

Presentation : 200 ml.

**18. KATHAKAKHADIRADI KASHAYAM:** (Sahasrayogam)

Total Ingredients : 12

Main Ingredients : Strychnos potatorum, Acacia catechu, Emblica officinalis, Salacia fruticosa, Coscinium fenestratum, Biophytum sensitivum, Ziziphus jujuba, Curcuma longa, Cyclea peltata, Mangifera indica (nut), Terminalia chebula, Cyperus rotundus.

Indication : Diabetes mellitus (NIDDM). Also recommended in the symptoms related with DM.

Presentation : 200 ml.

**19. KOKILAKSHAM KASHAYAM:** (Ashtangahrdayam)

Total no:of ingredients : 1

Main ingredient : Hygrophila auriculata

Indication : Rheumatoid Arthritis, Gout.

Presentation : 200 ml.

**20. MAHAMANJISHTADI KASHAYAM:** (Sahasrayogam)

Total Ingredients : 45

Main ingredients : Rubia cordifolia, Holorrhena antidysentrica, Cyperus rotundus, Tinospora cordifolia, Zingiber officinale etc

Indication : Vatharaktham, paralysis, filariasis, obesity, eye diseases etc.

Presentation : 200 ml.

**21. MAHARASNADI KASHAYAM:** (Sarngadharasamhitha)

Ingredients & Indication : Same as Maharsnadi kashayachoornam.

Presentation : 200 ml.

**22. MAHATHIKTHAKAM KASHAYAM:** (Ashtangahrdayam)

Total Ingredients : 33

Ingredients : Symplocos cochinchinensis, Oldenlandia corymbosa, Cassia fistula, Picrorrhiza curroa, Thrichala, Curcuma longa, Coscinium fenestratum, Azadirachta indica, Tinospora cordifolia, Bacopa monnieri.

Indication : Chronic skin disorders, Jaundice, Vitiligo, Impetigo, Fistula, Sinuses, Scrofula, Cataract, Cellulitis.

Presentation : 200 ml.

**23. MANJISHTADI KASHAYAM:** (Sarngadharasamhitha)

Ingredients & Indication : Same as Manjishtadi kashayachoornam.

Presentation : 200 ml.

**24. MUSALIKHADIRADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Musalikhadiradi kashayachoornam.

Presentation : 200 ml.

**25. NIRGUNNYADI KASHAYAM:** (Sahasrayogam)

Total ingredients	:	17
Main ingredients	:	Vitexnigundo, Curcuma longa, Plumbagozeylanica, Embelia ribes, Cedrusdeodara etc.
Indication	:	Worm infestation, indigestion, colic.
Presentation	:	200 ml.

**26. MUSTHAKARANJADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Musthakaranjadi kashayachoornam.
Presentation	:	200 ml.

**27. NAYOPAYAM KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Nayopayam kashayachoornam.
Presentation	:	200 ml.

**28. NIMBADI KASHAYAM:** (Sahasrayogam)

Total Ingredients	:	10
Ingredients	:	Azadirachta indica, Tinospora cordifolia, Zingiber officinale, Emblica officinalis, Terminalia chebula
Indication	:	Skin diseases, abscess, etc.
Presentation	:	200 ml.

**29. NISAKATHAKADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Nisakathakadi kashayachoornam.
Presentation	:	200 ml.

**30. PADOLADIGANAM KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication	:	Same as Padoladiganam kashayachoornam.
Presentation	:	200 ml.

**31. PANCHATHIKTHAKAM KASHAYAM:** (Sarngadharasamhitha)

Ingredients & Indication	:	Same as Panchathikthakam kashayachoornam.
Presentation	:	200 ml.

**32. PATHYADI KASHAYAM:** (Ashtangahridayam)

Ingredients & Indication	:	Same as Pathyadi kashayachoornam.
Presentation	:	200 ml.

**33. PATHYAKSHADHATHRYADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Pathyakshadhathyadi Kashayachoornam.
Presentation	:	200 ml.

**34. PRASARANYADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Prasaranyadi kashayachoornam.
Presentation	:	200 ml.

**35. PUNARNAVADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Punarnavadi kashayachoornam.

Presentation : 200 ml.

**36. RASONADI KASHAYAM:** (Sahasrayogam)

Total Ingredients : 4

Main ingredients : Allium sativum, Nigella sativa, Piper longum, Desmodium gangeticum

Indication : Vathanulomanam

Presentation : 200 ml.

**37. RASNASAPTHAKAM KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Rasnasapthakam kashayachoornam.

Presentation : 200 ml.

**38. RASNEIRANDADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Rasneirandadi kashayachoornam.

Presentation : 200 ml.

**39. SAHACHARADI KASHAYAM:** (Ashtangahrdayam)

Ingredients & Indication : Same as Sahacharadi kashaya choornam

Indication : Rheumatic diseases, Varicosity, Lassitude.

Presentation : 200 ml.

**40. SAPTHASARAM KASHAYAM:** (Sahasrayogam)

Ingredients & Indication : Same as Sapthasaram kashayachoornam.

Presentation : 200 ml.

**41. SUKUMARAM KASHAYAM:** (Ashtangahrdayam)

Total Ingredients : 27

Main Ingredients : Boerrhavia diffusa, Dasamoolam, Holostemma adakodien, Withania somnifera, Ricinus communis, Asparagus racemosus, Thrinapanchamoolam.Sphaeranthus indicus.

Indication : Hyperacidity, Hernia, Pthisis, Constipation, Piles, Hydrocele, Menstrual disorders, Urinogenital disorders. Improves bowel evacuation.

Presentation : 200 ml.

**42. THRAYANTHYADI KASHAYAM:** (Ashtangahrudayam)

Total no:of ingredients : 10

Main ingredients : Bacepa monnierii, Terminalia chebula, Terminalia bellerica, Azadirachta indica, Madhuka indica, Operculina turpethum etc.

Indication : Vidradhi, Rokthapitha, Hridroga, skin diseases, jaundice and associated liver disorders.

Presentation : 200 ml.

**43. VAJRAKAM KASHAYAM:** (Sahasrayogam)

Total Ingredients	:	9
Main Ingredients	:	Trichosanthes anguina, Thriphala, Azadirachta indica, Tinospora cordifolia, Solanum indicum, Adhatoda beddomei, Pongamia pinnata.
Indication	:	Skin diseases, Vitiligo, Fever, Jaundice.
Presentation	:	200 ml.

**44. VARANADI KASHAYAM:** (Ashtangahrdayam)

Total Ingredients	:	15
Ingredients & Indication	:	Same as Varanadi kashayachoornam.
Presentation	:	200 ml.

**45. VASAGULUCHYADI KASHAYAM:** (Ashtangahrdayam)

Total Ingredients	:	8
Main Ingredients	:	Adhatoda beddomei, Tinospora cordifolia, Thriphala, Picrorrhiza, kurroa, Solanum indicum, Azadirachta, indica.
Indication	:	Jaundice, Anaemia, Hyper bilirubinemia
Presentation	:	200 ml.

**46. VIDARYADI KASHAYAM:** (Ashtangahrdayam)

Ingredients & Indication	:	Same as Vidaryadi kashayachoornam.
Presentation	:	200 ml.

**47. VYOSHADI KASHAYAM:** (Sahasrayogam)

Ingredients & Indication	:	Same as Vyoshadi kashayachoornam.
Dosage	:	5 - 15 ml kashayam with 60 ml buttermilk b.d. after food or as directed by the physician.
Presentation	:	200 ml.

**48. HAMSAPADYADI KASHAYAM:** (Proprietary medicine)

Total ingredients	:	5
Ingredients	:	Adiantum philippens, Tinospora cordifolia, Azadiracta indica, Piper longum, Adathoda beddomiae.
Indication	:	Thyroid problems
Presentation	:	200 ml

**49. VARUNADI KASHAYAM:** (Chakradatham)

Total ingredients	:	4
Ingredients	:	Crataeva nurvala, Zingiber officinale, Rotula aquatica, Tribulus terrestris
Indication	:	Calculus
Presentation	:	200 ml





# Kashayam Tablet

## 1. AMRUTHOTHARAM KASHAYAM TABLET: (An Ayurvedic Proprietary medicine)

Ingredients and

indication : Same as Amruthothram Kashayachoornam

Dosage : 3 tab twice daily or as directed by physician

Presentation : 10 x 10 blisters

## 2. DASAMOOLAKADUTRAYAM KASHAYAM TABLET: (An Ayurvedic Proprietary medicine)

Ingredients and

indication : Same as Dasamoolakadutrayam Kashayachoornam

Dosage : 2-3 tab twice daily or as directed by physician

Presentation : 10 x 10 blisters

## 3. RASNEIRANDADI KASHAYAM TABLET: (An Ayurvedic Proprietary medicine)

Ingredients and

indication : Same as Rasneirandadi Kashayachoornam

Dosage : 2 tab twice daily or as directed by physician

Presentation : 10 x 10 blisters





# Kashaya Sookshma Choornam

Dosage: 30 g. Kashaya Sookshma Choornam with 8 times water (240 ml) boil and reduce to  $\frac{1}{2}$ . Use twice daily before food or as directed by the physician

**1. AMRUTHADI KASHAYA SOOKSHMA CHOORNAM:** (Sarngadharasamhitha)

Total Ingredients : 6  
Ingredients : Tinospora cordifolia, Cyperus rotundus, Dried ginger, Andrographis paniculata, Ocimum sanctum, Vitex negundo  
Indication : Fever, Flu, Bronchitis, Cough, Anorexia  
Presentation : 70g.

**2. AMRUTHOTHARAM KASHAYA SOOKSHMA CHOORNAM:** (Sahasrayogam)

Total Ingredients : 3  
Ingredients : Tinospora Cordifolia, Terminalia chebula, Dried ginger  
Indication : Fever, Flu, Cold & Headache. Especially in Rheumatic fever  
Presentation : 100g.

**3. BALADI KASHAYA SOOKSHMA CHOORNAM:** (Bharata Bhaishajya Ratnakaram)

Total ingredients : 1  
Main ingredient : Sida retusa  
Indications : Diseases associated with vata  
Presentation : 70g.

**4. DASAMOOLAKATUTRAYAM KASHAYA SOOKSHMA CHOORNAM:** (Sahasrayogam)

Total ingredients : 14  
Main ingredients : Dasamoolam, Trikatu, Adathoda beddomei  
Indication : Respiratory disorders, Rhinitis, cold, Bodyache, Headache, Cough, Flu  
Presentation : 250g, 500g, 1 kg, 2.5kg

**5. GANDHARVAHASTADI KASHAYA SOOKSHMA CHOORNAM:** (Sahasrayogam)

Total ingredients : 8  
Main ingredients : Ricinus communis, Holoptelia integrifolia, Plumbago rosea, Dried ginger, Terminalia chebula.  
Indication : Rheumatic complaints, Flatulence, Loss of appetite, Constipation, Anorexia, Low back ache  
Presentation : 250g, 500g, 1 kg, 2.5kg

**6. GULUCHYADI KASHAYA SOOKSHMA CHOORNAM (Ashtangahridayam)**

Total Ingredients : 5  
Ingredients : Tinospora cordifolia, Caesalpinia sappan, Azadirachata indica, Coriandrum sativum, Pterocarpus santalinus.  
Indication : Fever, Vomiting, Burning sensation, Thirst, Skin disorders, Fainting due to excessive heat.  
Presentation : 100g., 70g.

**7. MAHARASNADI KASHAYA SOOKSHMA CHOORNAM:** (Sarangadhara samhita)

Total ingredients : 26  
Main ingredients : Alpinia calcarata, Sida cordifolia, Ricinus communis, Acorus calamus, Boerrhavia diffusa, Tinospora cordifolia, Cassia fistula  
Indication : Rheumatic diseases like Hemiplegia, Brachial palsy, Rheumatic fever  
Presentation : 250g, 500g, 1 kg, 2.5kg

**8. PADOLAMOOLADI KASHAYA SOOKSHMA CHOORNAM:** (Ashtangahrdayam)

Total Ingredients : 8  
Ingredients : Trichosanthes anguina, Thripahala, Citrullus colocynthis, Bacopa monnieri, Picrorrhiza curroa, Dried ginger.  
Indication : Chronic skin diseases, Vitiligo, Ascites, Psoriasis. An effective purgative.  
Presentation : 500g.

**9. PATHYADI KASHAYA SOOKSHMA CHOORNAM:** (Ashtangahrdayam)

Total Ingredients : 10  
Ingredients : Terminalia Chebula, Gmelina arborea, Dried ginger, Cyperus rotundus, Acorus calamus, Solanum indicum, Coriandrum sativum, Cedrus deodara, Clerodendrum serratum, Oldenlandia corymbosa  
Indication : Bronchitis, Anorexia, Cough, Flu, Dryness of Mouth, Colic.  
Presentation : 70g.

**10. PUNARNAVADI KASHAYA SOOKSHMA CHOORNAM:** (Sahasrayogam)

Total ingredients : 8  
Main ingredients : Boerrhavia diffusa, Azadirachta indica, Solanum indicum, Tinospora cordifolia, Terminalia chebula  
Indication : Dropsy, Bodyache, Fever, Bronchial disturbances, Urinary infections, Productive cough, Arthritis, Anaemia  
Presentation : 250g, 500g, 1 kg, 2.5kg

**11. RASNEIRANDADI KASHAYA SOOKSHMA CHOORNAM:** (Sahasrayogam)

Total ingredients : 14  
Main ingredients : Alpinia calcarata, Ricinus communis, Sida cordifolia, Asparagus racemosus, Cedrus deodara, Cyperus rotundus  
Indication : Rheumatic complains, Arthritis, Lumbago, Joint pain, Vertigo, Painful swelling over joints  
Presentation : 250g, 500g, 1 kg, 2.5kg





# Choornam

(Compound Drugs)

## 1. ABHAYADI CHOORNAM: (Bhaishajya ratnavali)

Total Ingredients : 13

Main Ingredients : Terminalia chebula, Piper longum, Raisins, Acorus calamus.

Indication : Constipation, Piles, Indigestion, Flatulence.

Dosage : 5 -15 g. before food with luke warm water or as directed by the physician.

Presentation : 50 g., 500 g.

## 2. AGNIMUKHA CHOORNAM: (Sarngadharasamhitha)

Total Ingredients : 10

Main Ingredients : Myristica fragrans, Panchakolam, Elettaria cardamomum, Zingiber officinale, Cow ghee, Sugarcandy.

Indication : Anorexia, Nausea, Loss of appetite, Vomiting, Indigestion, Cough, Flatulence.

Dosage : 5 - 15g. with luke warm water or as directed by the physician.

Presentation : 50 g, 500 g.

## 3. APARAJITHADHOOPA CHOORNAM: (Chakradattam)

Total Ingredients : 8

Ingredients : Bomiphora mukul, Acorus calamus, Azadirachta indica, Calotropis gigantea, Brassica nigra.

Indication &

Usage : For fumigation to prevent spread of contagious diseases.

Presentation : 50g.

## 4. AMRUTHADI CHOORNAM: (Sahasrayogam)

Total Ingredients : 5

Ingredients : Tinospora cordifolia, Dried ginger, Tribulus terrestris, Sphaeranthus indicus, Crataeva religiosa.

Indication : Rheumatic fever, Hiccup, Breathing apnoea.

Dosage : 5 -15 g. b.d. before food along with whey or rice wash or as directed by the physician.

Presentation : 50 g., 500 g.

**5. ASHTACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 8  
Ingredients : Thrikatu, Apium graveolens, Rock salt, Cuminum cyminum, Carum carvi, Ferula asafoetida.  
Indication : Colic, Loss of appetite, Dyspepsia, Anorexia, Sprue, Worm infestation.  
Dosage : 5 -15 g. before food with honey/buttermilk or as directed by the physician.  
Presentation : 50 g., 500 g.

**6. AVIPATHI CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 11  
Ingredients : Thrikatu, Thrijathakam, Cyperus rotundus, Embelia ribes, Emblica officinalis, Merrimia turpethum, Sugar.  
Indication : Safe purgative in bilious disorders like scabies, urticaria, allergic conditions and effective in spider and rat poison.  
Dosage : 5 - 15 g. with luke warm water in empty stomach or as directed by the physician.  
Presentation : 50 g., 500 g.

**7. AVIPATHIKARA CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 14  
Main ingredients : Zingiber officinale, Piper nigrum, Piper longum, Terminalia chebula, Emblica officinalis, Terminalia bellirica, Cyperus rotundus  
Indication : Safe purgative in bilious disorders like scabies, urticaria, allergic Conditions and effective in spider and rat poison, Piles  
Dosage : 5-15g.with lukewarm water or as directed by the physician.  
Presentation : 10 g, 50g, 500g.

**8. DADIMASHTAKACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 14  
Ingredients : Punica granatum, Curcuma angustifolia, Chathurjathakam, Cuminum cyminum, Coriandrum sativum, Apium graveolens, Piper officinarum, Thrikatu, Sugar.  
Indication : Diarrhoea, Dysentery, Sprue, Colic, Nausea, Anorexia, Pthisis.  
Dosage : 5 -15 g. b.d. before food with luke warm water/butter milk or as directed by the physician.  
Presentation : 50 g., 500 g.

**9. ELADI CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 9  
Main ingredients : Elettaria cardamomum, Cinnamomum zeylanicum, Messua ferrea, Piper longum, Cyperus rotundus, Santalum album Ziziphus jujuba, Oriza sativa, Callicarpa macrophylla  
Indication : Cough, Asthma, Vomiting  
Dosage : 2 to 4 g with honey, sugar or as directed by physician  
Presentation : 50g.

#### **10. ELADIGANA CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 29  
Ingredients : Elettaria cardamomum, Amomum subulatum, Nardostachys jatamansi, Kaempferia galanga, Pearl oyster, Saffron, Commiphora wightii, Yellow resin.  
Indication : Scabies, Itches, Dandruff. Improves complexion.  
Dosage : External application only.  
Presentation : 50 g., 500 g.

#### **11. GRUHADHOOMADI LEPACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 6  
Ingredients : Soot, Acorus calamus, Saussurea lappa, Peucedanum graveolens, Curcuma longa, Coscinium fenestratum.  
Indication : Swelling related with Rheumatic complaints and Rheumatoid arthritis.  
Dosage : For external application only. Boil with rice wash or juice of Moringa leaves or Tamarind leaves, into a paste form, apply in bearable warmth over affected area or as directed by the physician.  
Presentation : 50 g., 500 g.

#### **12. GULGULUPANCHAPALAM CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 7  
Ingredients : Commiphora wightii (purified & processed), Piper longum, Thriphala, Cinnamomum zeylanicum, Elettaria cardamomum.  
Indication : Skin diseases, Pthisis, Fistula, Sinus, Chronic ulcers.  
Dosage : 5-15 g. with honey and ghee or as directed by the physician.  
Presentation : 50 g., 500 g.

#### **13. HINGUVACHADI CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 24  
Ingredients : Ferula asafoetida, Acorus calamus, Terminalia chebula, Punica granatum, Coriandrum sativum, Kaempferia galanga, Thrikatu, Thrilavanam, Soda carbonas impura (processed), Potassium carbonas Impura (processed).  
Indication : Dyspepsia, Loss of appetite, Anorexia, Constipation, Urinary disorders, Splenic disorders, Pain in the chest, neck, anus, vagina and Rheumatic ailments.  
Dosage : 5 -15 g. with Cumin seed water / Butter milk before food or as directed by the physician.  
Presentation : 50 g., 500 g.

#### **14. INTHUPPUKANAM:** (Sahasrayogam)

Total Ingredients : 4  
Ingredients : Rock salt, Apium graveolens, Piper longum, Terminalia chebula.  
Indication : Colic and Indigestion.  
Dosage : 5-15 g. before food with luke warm water/butter milk or as directed by the physician.  
Presentation : 50 g., 500 g.

**15. JATAMAYADI LEPACHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Nardostachys jatamansi, Saussurea lappa, Santalum album, Boswellia serrata, Indian valerian, Withania somnifera, Pinus longifolia, Alpinia calcarata.  
Indication : Arthritis, Sciatica, Rheumatic pain and swelling.  
Usage : For external application. Boil with Moringa leaves juice/ricewash into a paste form, apply over affected area or as directed by the physician.  
Presentation : 200 g.

**16. KACHOORADI CHOORNAM:** (Sahasrayogam)

Total Ingredients : 8  
Ingredients : Sida cordifolia, Fried grain.  
Indication : Feverishness, Fits, Pyrexia, Epistaxis, Headache.  
Usage : For external application over head (Pichudharanam), mixed with coconut milk, breastmilk or other suitable vehicles or as directed by the physician.  
Presentation : 50 g., 500 g.

**17. KARPOORADI CHOORNAM:** (Sahasrayogam)

Total Ingredients : 11  
Ingredients : Camphor, Cinnamomum zeylanicum, Illicium verum, Myristica fragrans, Areca, Eugenia caryophyllata, Mesua ferrea, Thrikatu, Sugar.  
Indication : Cough and Consumption, Anorexia. Promotes appetite and digestion.  
Dosage : 2 - 5 g. intermittently with honey/10-15 g. b.d., with honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**18. KOLAKULATHADI CHOORNAM:** (Charakasamhitha)

Total Ingredients : 11  
Ingredients : Ziziphus jujuba, Horse gram, Cedrus deodara, Alpinia calcarata, Linseed, Black gram, Acorus calamus, Seeds of Ricinus communis.  
Indication : Rheumatic pain and swelling. Recommended to use in "Dhanyakkizhi"  
Usage : Mix with Veppukadi/juice of Moringa leaves/Juice of Tamarind leaves/Luke warm water, Boil, make a paste and apply over the affected area.  
Presentation : 200 g.

**19. KOTTAMCHUKKADI CHOORNAM:** (Sahasrayogam)

Total Ingredients : 10  
Ingredients : Saussurea lappa, Dried ginger, Acorus calamus, Cedrus deodara, Alpinia calcarata, Tamarindus indica (leaves).  
Indication : Rheumatic pain and swelling.  
Usage : For external application with rice wash/Tamarindus leaf juice or as directed by the physician.  
Presentation : 50 g., 500 g.

**20. NAGARADI LEPA CHOORNAM:** (Proprietary Medicine)

Total ingredients : 5  
Main ingredients : Zingiber officinale, Acorus calamus  
Indication : Traumatic inflammations, Oedema etc.  
Dosage : For external use only. As directed by the physician  
Presentation : 50g, 500g

**21. NAVAYASACHOORNAM:**(Bhaishajyaratnavali)

Total Ingredients : 10  
Ingredients : Thrikatu, Thripala, Cyperus rotundus, Embelia ribes, Plumbago rosea, Loha bhasmam (Calcinated Iron).  
Indication : Anaemia, Skin diseases, Cardiac complaints, Piles, Jaundice.  
Dosage : 1 - 3 g. with honey and ghee once in a day after food or as directed by the physician.  
Presentation : 50 g., 500 g.

**22. NIMBADI CHOORNAM:** (Sahasrayogam)

Total Ingredients : 15  
Ingredients : Azadirachta indica, Curcuma longa, Coscinium fenestratum, Ocimum sanctum (leaves and spike), Trichosanthes anguina, Saussurea lappa.  
Indication : Skin diseases, Itches all over body.  
Usage : For external application only. Used for applying over the body with lukewarm water or butter milk.  
Presentation : 50 g., 500 g.

**23. PANCHAKOLA CHOORNAM:** (Ashtangahridayam)

Total Ingredients : 5  
Ingredients : Panchakolam  
Indication : Loss of appetite, colic.  
Dosage : 5-10 g. with Honey/lukewarm water in empty stomach.  
Presentation : 50 g., 500 g.

**24. PANCHAKOLADI CHOORNAM:** (Sahasrayogam)

Total Ingredients : 5  
Ingredients : Panchakolam, Ferula asafoetida, Thrilavanam.  
Indication : Pthysis, Anorexia, Indigestion, Sprue. Recommended in post-natal care.  
Dosage : 5 -15 g. with luke warm water or as directed by the physician.  
Presentation : 50 g., 500 g.

**25. PUSHYANUGACHOORNAM:** (Ashtangahridayam)

Total Ingredients : 26  
Ingredients : Cyclea peltata, Syzygium cumini, Mangifera indica (cotyledon), Rotula aquatica, Coscinium fenestratum, Symplocos cochinchinensis, Red ochre, Glycyrrhiza glabra, Terminalia arjuna.  
Indication : Urino-genital diseases, Leucorrhoea, Menorrhagia, Menstrual disorders, Bleeding piles, Dysentery, Sprue and Epistaxis.  
Dosage : 5 -10 g. b.d. with rice wash /milk / honey or as directed by the physician.  
Presentation : 50 g., 500 g.

## **26. RAJANNYADI CHOORNAM:** (Ashtangahridayam)

Total Ingredients	: 8
Ingredients	: Curcuma longa, Cedrus deodara, Pinus longifolia, Piper officinarum, Solanum melongena, Solanum xanthocarpum, Pseudarthria viscosa, Peucedanum graveolens.
Indication	: Ideal remedy for Infantile diarrhoea, Dysentery, Emesis, Fever, Cough and all ailments during the period of teeth eruption.
Dosage	: 2 - 5 g. with honey/butter or as directed by the physician.
Presentation	: 50 g., 500 g.

## **27. RASNADI CHOORNAM:** (Sahasrayogam)

Total Ingredients	: 24
Ingredients	: Alpinia calcarata, Withania somnifera, Aloe extract, Acorus calamus, Red ochre, Curcuma longa, Glycyrrhiza glabra, Sida cordifolia, Cyperus rotundus, Thrikatu, Santalum album, Tamarindus indica (rachis).
Indication	: Cold, Nasal catarrh, Headache, Sneezing, Fever.
Usage	: For external application i.e. rubbing over the crown & for pain, apply over affected area by making a paste with lemon juice.
Presentation	: 50 g., 500 g.

## **28. SHADDHARANA CHOORNAM:** (Susrutha samhitha)

Total Ingredients	: 6
Ingredients	: Plumbago rosea of Holarrhena antidysenterica, Cyclea peltata, Picrorrhiza kurroa, Aconitum heterophyllum. Terminalia chebula.
Indication	: Rheumatic fever and associated symptoms.
Dosage	: 5–10 g. with Honey/Butter Milk/Suitable kashayam, twice daily before food or as directed by the Physician.
Presentation	: 50 g.

## **29. SARASWATHA CHOORNAM:** (Sahasrayogam)

Total Ingredients	: 10
Ingredients	: Dried ginger, Apium graveolens, Curcuma longa, Coscinium fenestratum, Rocksalt, Acorus calamus, Glycyrrhiza glabra, Saussurea lappa, Piper longum, Cuminum cyminum.
Indication	: Indistinct speech followed by paralysis, Stammering, Weak memory power.
Dosage	: 5 - 15 g. b.d. after food preferably with milk/Ghee or as directed by the physician.
Presentation	: 50 g., 500 g.

## **30. SARPAGANDHYADI CHOORNAM:** (Proprietary Medicine)

Total Ingredients	: 2
Ingredients	: Rauwolfia serpentina, Aristolochia indica.
Indication	: Effective for snake poison.
Dosage	: 1-5 g. with honey or as directed by the physician.
Presentation	: 50 g., 500 g.

**31. SITHOPALADI CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 5  
Main ingredients : Elettaria cardamomum, Piper longum, Bambusa arundinacea, Cinnamomum zeylanicum, Sugar  
Indication : Loss of appetite, Indigestion, Asthma, Fever, Burning sensation of hands and feet, Weakness  
Dosage : 1 to 3g with Honey or as directed by physician  
Presentation : 50 g, 500g

**32. SUDARSANACHOORNAM:** (Sahasrayogam)

Total Ingredients : 54  
Ingredients : Thriphala, Cyperus rotundus, Solanum xanthocarpum, Kaempferia galanga, Thrikatu, Tinospora cordifolia, Picrorrhiza curroa, Oldenlandia corymbosa, Azadirachta indica, Clerodendrum serratum, Desmodium gangeticum, Pseudarthria viscosa, Abies spectabilis, Andrographis paniculata.  
Indication : Fever, Flu, Indigestion, Jaundice and Skin disorders.  
Dosage : 5 -15 g. with honey/luke warm water or as directed by the physician.  
Presentation : 50 g., 500 g.

**33. THALEESAPATHRADI CHOORNAM:** (Ashtangahrdayam)

Total Ingredients : 7  
Ingredients : Abies spectabilis, Thrikatu, Cinnamomum zeylanicum, Elettaria cardamomum, Sugar.  
Indication : Cough, Bronchitis, Loss of appetite, Indigestion, Anorexia and Flu.  
Dosage : 5 - 10 g. intermittently with honey or as directed by the physician.  
Presentation : 10g, 50 g., 500 g.

**34. TRIKATU CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 3  
Main ingredients : Zingiber officinale, Piper nigrum, Piper longum  
Indication : Loss of appetite, IndigestionProblems of throat,Cold,Skin disease  
Dosage : 1 to 3 g with honey, warm water or as directed by physician  
Presentation : 50g.500g

**35. UNMADANASINI CHOORNAM:** (Proprietary Medicine)

Total Ingredients : 11  
Ingredients : Saussurea lappa, Rock salt, Withania somnifera, Thrikatu, Cyclea peltata, Clitoria ternatea.  
Indication : Mental disorders like Insanity, Psychosis, etc.  
Dosage : 5 - 15 g. with honey/Brahmi juice/Ghee in empty stomach or as directed by the physician.  
Presentation : 50 g., 500 g.

### **36. VAISWANARA CHOORNAM:** (Ashtangahridayam)

Total Ingredients	: 6
Ingredients	: Rock salt, Cuminum cyminum, Apium graveolens, Piper longum, Dried ginger, Terminalia chebula.
Indication	: Colic, Piles, Flatulence, Constipation, Dysuria, Ascites, Anorexia, Indigestion etc.
Dosage	: 5 - 15 g. before food with luke warm water/butter milk/Cumin seed water or as directed by the physician.
Presentation	: 50 g., 500 g.

### **37. VARA CHOORNAM / THRIPHALA CHOORNAM:** (Ashtangahridayam)

Total Ingredients	: 3
Ingredients	: Thriphala.
Indication	: Powerful remedy in eye diseases. Also recommended in Ulcers of mouth and skin, Obesity, Blood impurities, Constipation. Used both externally and internally. Decoction made by Varachooranam can be used as a powerful antiseptic lotion for cleaning wounds, gargling, eye irrigation.
Dosage	: 5 -15 g. with honey/butter/ghee (internally) or as directed by the physician.
Presentation	: 50 g., 500 g.

### **38. YAVANYADI CHOORNAM:** (Sahasrayogam)

Total Ingredients	: 13
Ingredients	: Cuminum cyminum, Tamarindus indica, Rheum emodi, Dried ginger, Punica granatum, Ziziphus jujuba, Sugar, Coriandrum sativum, Black salt, Apium graveolens, Cyperus rotundus, Piper longum, Piper nigrum.
Indication	: Anorexia, Diarrhoea, Cough and Uneasiness in chest, Flatulence. Also recommended in Piles and Sprue.
Dosage	: 5 -15 g. intermittently or b.d. before food with honey/ buttermilk or as directed by the physician.
Presentation	: 50 g., 500 g.

### **39. YOGARAJA CHOORNAM:** (Sahasrayogam)

Total Ingredients	: 21
Ingredients	: Panchakolam, Cyclea peltata, Embelia ribes, Acorus calamus, Picrorrhiza kurroa, Commiphora wightii (Purified and processed)
Indication	: Piles, Fistula, Pthisis, Anaemia., Anorexia and Rheumatic complaints.
Dosage	: 5 - 15 g. with honey/antirheumatic decoctions or as directed by the physician.
Presentation	: 50 g., 500 g.

### **40. AJAMODADI CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients	: 12
Ingredients	: Tachyspermum ammi, Embelia ribes, Rocksalt, Cedrus deodara, Plumbago zeylanica etc
Indication	: Rheumatic complaints and associated symptoms, improper movement of vatha, swelling
Dosage	: 3-6 gm with jaggery or luke warm water or as directed by the physician
Presentation	: 50 g., 500 g.

**41. DASANGALEPA CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 10  
Ingredients : Albizia lebbeck, Glycyrrhiza glabra, Valleriana vallichi, Santalum album,  
Curcuma longa etc.  
Indication : Fever, inflammation, erysipelas, diseases of the skin.  
Usage : External application along with ghee or as directed by physician  
Presentation : 50 g., 500 g.





# Choornam

(Single Drugs)

## 1. ABHAYA CHOORNAM: (Ashtangahridayam)

Ingredient	: Terminalia chebula.
Indication	: Dropsy, Eye diseases, Constipation, Flatulence, Bronchitis, Rejuvinates the body.
Dosage	: 5 -15 g. with luke warm water/Honey or as directed by the physician.
Presentation	: 50 g, 500 g.

## 2. AMAYA CHOORNAM: (Sahasrayogam)

Total ingredients	: 1
Main ingredients	: Saussurea lappa
Indication	: Cough, Bronchial diseases, Skin diseases, Redness and swelling due to rheumatic complaints
Dosage	: 0.2-1.0g
Presentation	: 50g, 500g

## 3. ASWAGANDHA CHOORNAM: (Ashtangahridayam)

Ingredient	: Withania somnifera.
Indication	: Consumption, General debility, Loss of libido. Also recommended to regain body strength and power.
Dosage	: 5 - 15 g. preferably with milk at bed time or as directed by the physician.
Presentation	: 50 g., 500 g.

## 4. CHANDANA CHOORNAM: (Ayurveda Pharmacopoeia of India)

Total ingredients	: 1
Main ingredients	: Santalum album
Indication	: Burning sensation, Polydipsia, leprosy, Skin disease, cardiac debility, Diarrhoea
Dosage	: 3-6g
Presentation	: 50g, 500g

## 5. CHITRAKA CHOORNAM: (Ayurveda Pharmacopoeia of India)

Total ingredients	: 1
Main ingredients	: Plumbago zeylanica
Indication	: Dyspepsia, Inflammations, cough, bronchitis, leprosy, colic
Dosage	: 1-2g

**6. GOKSHURA CHOORNAM:** (Ashtangahrdayam)

Ingredient	: Tribulus terrestris.
Indication	: Urinary infection, Haematuria, Incontinence of urine, Urolithiasis, Prostatitis, Cystitis, Dropsy, Dysuria.
Dosage	: 5 - 15 g. with luke warm water/Tender coconut water/Bruhathyadi Kashayam or as directed by the physician.
Presentation	: 50 g., 500 g.

**7. GULUCHI CHOORNAM:** (Ashtangahrdayam)

Ingredient	: Tinospora cordifolia.
Indication	: Rheumatoid arthritis, Diabetes mellitus, Jaundice, Skin diseases, Leucorrhoea, Spermatorrhoea.
Dosage	: 5 -15 g. with luke warm water/Honey or as directed by the physician.
Presentation	: 50 g., 500 g.

**8. JEERAKA CHOORNAM:** (Bhaishajyaratnavali)

Ingredient	: Cuminum cyminum.
Indication	: Cardiac disorders, Cough, Flatulence, Uterine disorders.
Dosage	: 5 - 15 g. with luke warm water/Honey or as directed by the physician.
Presentation	: 50 g., 500 g.

**9. KANTAKARICHOORNAM:** (Ashtangahrdayam)

Ingredient	: Solanum xanthocarpum
Indication	: Cough and Flatulence.
Dosage	: 5-1 Og. with Honey
Presentation	: 50g., 500g.

**10. KUTAJA CHOORNAM:** (Ashtangahrdayam)

Total ingredients	: 1
Main ingredients	: Holarrhena antidysenterica
Indication	: Amoebic dysentery, Diarrhoea, Asthma, Malaria, Skin disease, Piles
Dosage	: 20-30g for decoction
Presentation	: 50g, 500g

**11. LAKSHMANA CHOORNAM:** (Ashtangahrudayam)

Ingredient	: Ipomoea sepia.
Indication	: Burning sensation, hyperdipsia, used in infertility of women, general debility, as uterine tonic and laxative.
Dosage	: 5 - 15 g. with luke warm water/Honey or as directed by the physician.
Usage	: As directed by physician

**12. MARICHA CHOORNAM:** (Chakradattam)

Ingredient	: Piper nigrum.
Indication	: Cough, Bronchitis, Worm infestation, fever.
Dosage	: 5 - 15 g. with luke warm water/Honey or as directed by the physician.
Presentation	: 50 g., 500 g.

**13. MISI CHOORNAM:** (Sarngadharasamhitha)

Ingredient : Anethum graveolens  
Indication : Loss of appetite, Anorexia, Colic.  
Dosage : 5 - 15 g. with luke warm water/Honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**14. MURVA CHOORNAM:** (The Ayurvedic pharmacopiea of India)

Ingredient : Marsdenia tenacissima  
Indication : Fever, obesity, diabetes, diseases of mouth, worm infestation, thirst etc.  
Usage : 2-6 gm with suitable anupana or as directed by physician.

**15. MUSTHA CHOORNAM:** (Bhaishajyaratnavali)

Ingredient : Cyperus rotundus.  
Indication : Anorexia, Indigestion, Diarrhoea and Dysentery.  
Dosage : 5 -15 g. with honey / ghee / milk or as directed by the physician.  
Presentation : 50 g., 500 g.

**16. NAGAKESARA CHOORNAM:**(Bruhatnighanturatnakaram)

Total ingredients : 1  
Main ingredients : Mesua nagassarium  
Indication : Asthma,cough,leprosy,scabies  
Dosage : 1-3g  
Presentation : 50g, 500g

**17. NISA CHOORNAM:** (Ashtangahridayam)

Ingredient : Curcuma longa.  
Indication : Diabetes, Wounds, Skin diseases, Worm infestation. Promotes complexion.  
Dosage : 5 - 15 g. decoction of Thriphala/Honey/Ghee or as directed by the physician.  
Can also be used for external application.  
Presentation : 50 g., 500 g.

**18. PIPPALEE CHOORNAM:** (Bhavaprakasam)

Ingredient : Piper longum.  
Indication : Cough, Anorexia, Splenic disorders, Anaemia, increases breast milk.  
Dosage : 5 -15 g. with honey /milk or as directed by the physician.  
Presentation : 50 g., 500 g.

**19. PIPPALIMOOLA CHOORNAM (Ashtangahridayam)**

Ingredient : Roots of Piper spp. (wild) Pipper Longum.  
Indication : Cough, Anorexia, Splenic disorders, Anaemia, increase breast milk.  
Dosage : 5-10 g. with Honey/Milk.  
Presentation : 50g., 500g.

**20. PRISNIPARNI CHOORNAM:** (The Ayurvedic Pharmacopia of India)

Ingredient : Uraria picta  
Indication : Burning sensation, Fever, Asthma, Skin diseases, vomiting, ulcers, Haemorrhoides, eye diseases, fracture etc.  
Usage : 5-15 gm with suitable anupana or as directed by the physician.

**21. PURANADHATHREEPHALA CHOORNAM:** (Sarngadharasamhitha)

Ingredient : Emblica officinalis.  
Indication : Eye diseases, Diabetes, Wounds, also for vitamin C deficiency.  
Dosage : 5-15 g. with lukewarm water/Honey/Ghee or as directed by the physician.  
Presentation : 50 g., 500 g.

**22. SARPAGANDHI CHOORNAM:** (Susruthasamhitha)

Ingredient : Rauwolfia serpentina.  
Indication : Hypertension, Poisonous bites, Insomnia, mental disorders.  
Dosage : ½ g. - 2 g. with Honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**23. SATHAVARI CHOORNAM:** (Chakradattam)

Ingredient : Asparagus racemosus.  
Indication : Diabetes, Leucorrhoea, Chilblain, Burning sensation over extremities.  
Dosage : 5 -15 g. with milk or as directed by the physician. For Diabetes preferably with antidiabetic decoctions.  
Presentation : 50 g., 500 g.

**24. SOMALATHA CHOORNAM:** (Sahasrayogam)

Ingredient : Sarcostemma acidum.  
Indication : Mental diseases. Renders good sleep.  
Dosage : 5 -15 g. with Honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**25. SUNDI CHOORNAM:** (Sarngadharasamhitha)

Ingredient : Dried ginger. (*Zingiber officinale*)  
Indication : Colic, Cough, Dysentery, Loss of appetite, Indigestion.  
Dosage : 5 -15 g. with honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**26. SWETHASANKHUPUSHPA CHOORNAM:** (Sahasrayogam)

Ingredient : Clitoria ternatea.  
Indication : Mental diseases, induces sleep  
Dosage : 5 -15 g. with Milk/Honey/Ghee or as directed by the physician.  
Presentation : 50 g., 500 g.

**27. TRIVRIT CHOORNAM:** (Ashtangahrdayam)

Ingredient : Operculina turpethum  
Indication : A safe purgative. Recommended in Skin diseases, Erysipelas, Dropsy, Ascites.

Dosage : 15 - 20 g. for purgation and 5 -10 g. as additive with Honey or decoctions as directed by the physician.  
Presentation : 50 g., 500 g.

**28. USEERA CHOORNAM:** (Sahasrayogam)

Ingredient : Vetiveria zizanioides.  
Indication : Urinary disorders, Excessive thirst, Burning sensation, removes bad odour from body  
Dosage : 5 -15 g. with Milk/Honey or as directed by the physician.  
Presentation : 50 g., 500 g.

**29. VACHA CHOORNAM:** (Chakradattam)

Ingredient : Acorus calamus.  
Indication : Mental diseases. Also recommended in Colic, Flatulence, Constipation.  
Dosage : 5 -10 g. with honey/Ghee or as directed by the physician.  
Presentation : 50 g., 500 g.

**30. VIDANGA CHOORNAM:** (Chakradattam)

Ingredient : Embelia ribes.  
Indication : Worm infestation, skin disease, temporary contraceptive.  
Dosage : 5 - 15 g. with Honey/Anthelmintic decoctions or as directed by the physician.  
Presentation : 50 g., 500 g.

**31. YASHTI CHOORNAM:** (Bhavaprakasham)

Ingredient : Glycyrrhiza glabra.  
Indication : Eye diseases, Poison, Wounds, Hoarseness of voice, Thirst, Oral ailments.  
Dosage : 5 - 15 g. with honey or as directed by the physician. Can be used for external application in wounds, eye wash, gargling.  
Presentation : 50 g., 500 g.

**32. YAVA CHOORNAM:** (The Ayurvedic pharmacopiea of India/Part I/Volume IV)

Ingredient : Hordeum vulgare Linn  
Indication : Pramcha, Urusthambha, Improves lipid metabolism, Diseases of throat rhinitis, Cough, Skin diseases, improves complexion.  
Dosage : 5-15 gm with suitable anupana or as directed by physician.  
Presentation : 50 g., 500 g.

**33. ARJUNA CHOORNAM:** (The Ayurvedic Pharmacopiea of India)

Total ingredients : 1  
Ingredients : Terminalia arjuna  
Indication : Excess fat, hypercholesterolaemia, ulcers, cardiotonic, emaciation, diabetes, excess thirst etc.  
Dosage : 3-6 g. of the drug in powder form or as directed by the physician  
Presentation :

**34. ASANA CHOORNAM:** (The Ayurvedic Pharmacopiea of India)

Total ingredients : 1  
Ingredients : Pterocarpus marsupium  
Indication : worm infestation, diabetes, skin diseases, excess fat, anaemia.  
Dosage : 50-100 g of the drug for decoction or as directed by the physician  
Presentation :

**35. DANTHI CHOORNAM:** (Ashtangahrudayam)

Total ingredients : 1  
Ingredients : Baliospermum montanum  
Indication : Haemorrhoids  
Usage : 5 – 10gm along with honey/ buttermilk/ lukewarm water or as directed by the physician  
Presentation : 50gm, 500gm

**36. MADANA CHOORNAM:** (Ashtangahrudayam)

Total ingredients : 1  
Ingredients : Rantia dumetorum  
Indication : Digestive problem  
Usage : 5 – 10 gm along with honey or as directed by the physician  
Presentation : 50gm, 500gm

**37. VIBHEETHAKA CHOORNAM:** (Chakradatham)

Total ingredients : 1  
Ingredients : Terminalia belerica  
Indication : Cough, Excessive thirst, Vomitting, Eye disorders, hair fall  
Usage : 5 – 10 gm along with honey or as directed by the physician  
Presentation : 50gm, 500gm

**38. PUNARNAVA CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 1  
Main ingredients : Boerhaavia diffusa  
Indication : Inflammation, leucorrhoea, lumbago.scabies, anaemia, cough  
Dosage : As directed by physician  
Presentation : 50g.

**39. PUNARNAVA CHOORNAM:** (The Ayurvedic Formulary of India)

Total ingredients : 1  
Main ingredients : Boerhavia diffusa  
Indication : Inflammation, leucorrhoea, lumbago.scabies, anaemia, cough  
Dosage : As directed by physician  
Presentation : 50 g.

**40. NISA CHOORNAM:** (The Ayurvedic Pharmacopoeia of India)

Total ingredients : 1  
Ingredient : Curcuma longa  
Indication : Anaemia, Diabetes, ulcer, skin diseases, allergic conditions etc.  
Usage : 1-3 gm with suitable anupana as directed by physician.





# Rasakriya

## 1. ELANEER KUZHAMBU: (Sahasrayogam)

Total Ingredients : 9

Ingredients : Coscinium fenestratum, Thripala, Glycyrrhiza glabra, Tender coconut water, Rock salt, Camphor, Honey.

Indication : Cataract, Conjunctivitis, Pain in eyes. Renders cooling effect to eyes.

Usage : For ophthalmic use only.

Presentation : 10 g., 25 g.



# Sandhana Kriya

## 1. VEPPUKADI: (Sahasrayogam)

Total Ingredients : 9

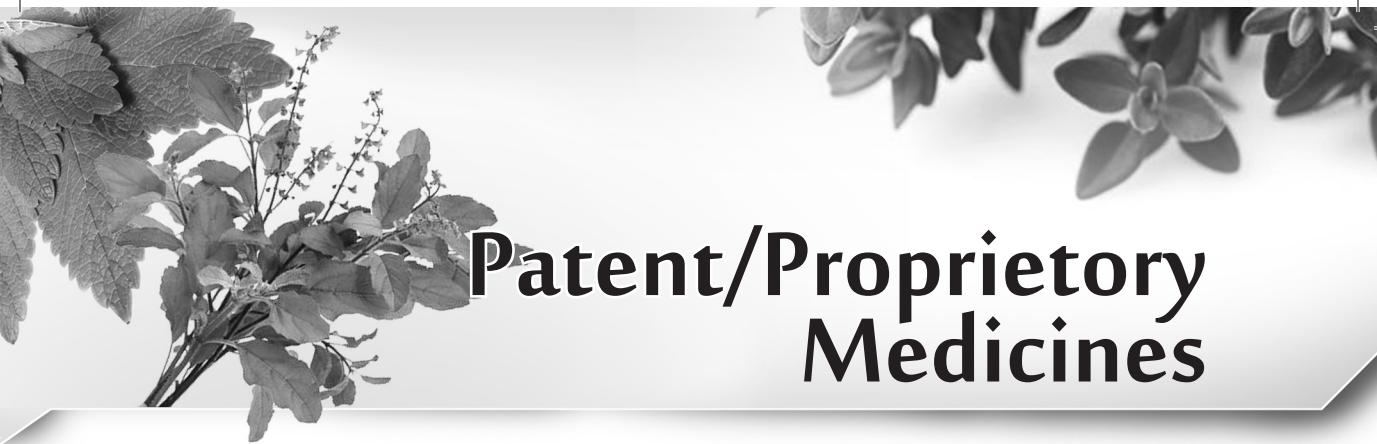
Ingredients : Oryza sativa, Flattened rice, Horse gram, Fried paddy, Panicum italicum, Common millet, Dried ginger, Lemon, Apium graveolens.

Indication : Rheumatic Complaints.

Dosage : For sitz bath, "Dhara" in rheumatic pains. Recommended as an additive with "Kizhi" in antirheumatic fomentation.

Presentation : 450 ml., 5 ltr.





# Patent/Proprietary Medicines

## 1. ASHTACHOORNAM SYRUP

Total Ingredients : 9  
Ingredients : Ashtachoornam, Honey, Syrup base.  
Indication : Loss of appetite, Indigestion, Colic, Worm infestation.  
Dosage : 2.5-5 ml. b.d. before food or as directed by the physician. (Paediatric dose)  
Presentation : 200 ml.

## 2. BURNCURE OINTMENT

Total Ingredients : 4  
Ingredients : Pothos scandens, Coconut oil, White petroleum jelly, Bee wax.  
Indication : All types of burns. Prevents blister, Inflammation and Discolouration.  
Usage : Provides cooling effect while applying over the affected area.  
Presentation : 25 g.

## 3. CARDOCARE TABLET

Total Ingredients : 12  
Main ingredients : Withania somnifera, Rauvolfia serpentina, Nardostachys jatamansi, Boerhavia diffusa, Coral, Punica granatum, Moringa oleifera, Terminalia arjuna  
Indication : High blood pressure & associated symptoms  
Dosage : 1-2 tabs/ Once/ Twice daily as directed by Physician.  
Packing : 100 Nos.

## 4. DIABET DRINKS

Total Ingredients : 4  
Ingredients : Salacia fruiticosa, Pterocarpus marsupium, Vetiveria zizanioides, Caesalpinia sappan.  
Indication : Excessive thirst, Perspiration etc. related with Diabetes Mellitus.  
Usage : For preparing drinking water for diabetic patients.  
Dosage : 3 - 5 g. powder in 2 litre water, boil for ten minutes and use whole day.  
Presentation : 50 g.

## **5. LIPOCARE TABLET**

Total Ingredients : 10

Main ingredients : Piper longum, Piper longum root, Piper chaba, Plumbago Indica, Zingiber officinalis, Terminalia chebula, Terminalia bellirica, Emblica officinalis, Muraya koenigii, Allium sativum

Indication : Hypercholesterolemia and associated symptoms

Dosage : 2 tabs twice daily half an hour before food.

Packing : 100 Nos.

## **6. OUSHADHI BABY OIL**

Total Ingredients : 5

Main ingredients : Coconut Oil, Virgin Coconut Oil, Ocimum sanctum, Ixora coccinea, Carum carvi

Indication : Application on head and body for Children.

Packing : 100 ml.

## **7. OUSHADHI BLISS BALM**

Total Ingredients : 14

Main Ingredients : Kachooradi Choornam Ointment base

Indication : Head ache, Cold, Feverishness.

Usage : For external application over forehead

Presentation : 10 g.

## **8. OUSHADHI CHYAVANAPRASAM**

**(Chocolate flavoured)**

Total Ingredients : 52

Main Ingredients : Chyavanaprasam, Bacopa monnieri, Acorus calamus, Saffron, Almonds.

Indication : Emaciation, Respiratory complaints, General debility. Restores immunity power and youth. Enhances memory power.

Dosage : 2 tsp. b.d. after food preferably with milk.

Presentation : 250 g., 500 g.

## **9. OUSHADHI COUGH SYRUP**

Total Ingredients : 17

Main Ingredients : Adhatoda beddomei, Clerodendrum serratum, Thrikatu, Terminalia bellirica, Glycyrrhiza glabra, Ocimum sanctum, Coleus aromaticus, Camphor.

Indication : Allergic dry cough, Throat irritation, Hoarseness of voice.

Dosage : Adult: 5ml-10ml Twice or Thrice daily. Children: 2.5ml-5ml Twice or Thrice daily.

Presentation : 100ml.

## **10. OUSHADHI DAHASAMANI**

Total Ingredients : 7

Ingredients : Acacia catechu, Sarasaparilla, Vetiveria zizanioides, Caesalpinia sappan, Elettaria cardamomum, Dried ginger, Petrocarpus marsupicum.

Indication : Thirst, Dryness of mouth, Distaste, Fatigue.

Dosage : 3 - 5 g. powder in one litre water boil and cool, can be used as drinking water for all age groups.  
Presentation : 50 g.

## 11. OUSHADHI HAIRTONE

Total Ingredients : 19  
Ingredients : Caryota urens, Terminalia bellirica (whole plant), Emblica officinalis, Eclipta alba, Indigofera tinctoria, Terminalia chebula, Lotus stammen, Glycyrrhiza glabra, Galena.  
Indication : Dandruff, Premature greying, Loss of hair.  
Usage : Massage the scalp with hair-tone for ten minutes before bath. Avoid soap.  
Presentation : 100 ml., 200 ml.

## 12. OUSHADHI MURIVENNA OINTMENT

Total Ingredients : 3  
Ingredients : Murivenna, Bee wax, White petroleum jelly  
Indication : Wounds, Sprain, Contusions, Bruises over vital points and Burns.  
Usage : For external application only.  
Presentation : 10 g.

## 13. OUSHADHI RHEUMAJITH OINTMENT

Total Ingredients : 12  
Ingredients : Sahacharadi thailam, Dhanwantharam kuzhambu, Prabhanjanavimardanam, Narayana thailam, Kottamchukkadi thailam, Winter grass oil, Mustard oil, Camphor, Bee wax, White petroleum jelly  
Indication : Rheumatic pain, Inflammation, Contusions and Sprain.  
Dosage : For external application over the affected area. Gentle massage, followed with fomentation is preferred.  
Presentation : 10 g.

## 14. OUSHADHI THENGINPOOKKULAMRUTHAM

Total Ingredients : 29  
Main Ingredients : Cocos nucifera (inflorescence), Ariyaru, Jeerakathrayam, Thrikatu, Jaggery, Coconut juice, Ghee, Honey.  
Indication : Low back-ache in both sex, Leucorrhoea, Menorrhagia, Post -natal disorders, Increases breast milk, improves health and vigour.  
Dosage : 2 tsp. b.d. after food preferably with milk.  
Presentation : 400 g.

## 15. OUSHADHI TOOTH POWDER

Total Ingredients : 16  
Ingredients : Mangifera indica (leaves), Elettaria cardamomum, Glycyrrhiza glabra, Red ochre, Myristica fragrans, Eugenia caryophyllata, Camphor.  
Indication : Pyorrhoea, Bleeding and Spongy gums, Toothache. Prevents Dental Caries, strengthens teeth and gum. Useful to all age groups and restores oral hygiene.  
Dosage : For dental application.  
Presentation : 25 g.

## **16. PRAMEHOUSHADHI**

Total Ingredients : 14  
Ingredients : Emblica officinalis, Salacia fruiticosa, Curcuma longa, Trigonella foenum-graecum, Vernonia anthelmintica, Phyllanthus amarus, Mimordica charantia.  
Indication : Diabetes mellitus. Reduces Drowsiness, Fatigue and Constipation related with Diabetes.  
Dosage : 5-10 gm. powder in boiled and cooled water, preferably prepared with DIABET DRINKS in empty stomach in the morning. Dose may be maintained according to the blood sugar level as directed by the physician.  
Presentation : 100 g., 250 g.

## **17. PRAMEHOUSHADHI TABLET:**

Total ingredients : 14  
Main ingredients : Emblica officinalis, Salacia oblonga, Curcuma longa, Trigonella foenum graceum, Vernonia anthelmintica, Phyllanthus amarus, Caesalpinia sappan, Pterocarpus marsupium, Strychnos potatorum, Ixora coccinea, Symplocos cochinchinensis, Aerva lanata, Vetiveria Zizanioides, Momordica charantia  
Indication : Diabetes Mellitus. Reduces drowsiness, Fatigue, and constipation related with diabetes  
Dosage : 1-2 tab twice daily 10 min before food or as directed by the physician  
Presentation : 10 x 10 blister of 500mg tab

## **18. PSORSET OINTMENT**

Total Ingredients : 5  
Ingredients : Wrightia tinctoria, sodium borate, Coconut oil, Ointment base.  
Indication : Psoriasis, Dermatitis, Allergic Skin Diseases.  
Usage : For external application over forehead  
Presentation : 50 g.

## **19. PSORSET OIL**

Total Ingredients : 3  
Ingredients : Wrightia tinctoria, sodium borate, Coconut oil  
Indication : Psoriasis, Dermatitis, Allergic Skin Diseases.  
Dosage : For external application over forehead  
Presentation : 100ml.

## **20. SUDARSANAM TABLET:** (Sudarsanachoornam - Sahasrayogam)

Total Ingredients : 54  
Ingredients : Sudarsana choornam  
Indication : Fever and associated symptoms.  
Dosage : 1-2 tabs, with Honey/Suitable kashayam, twice/thrice daily before food or as directed by the Physician.  
Presentation : 10 x 10 Blister pack

## **21. SHADDHARANAM TABLET:** (Shaddharana Choornam - Susruthasamhitha)

Total Ingredients : 6  
Ingredients : Plumbago rosea, Seeds of Holarrhena antidysenterica, Cyclea peltata, Picrorrhiza curroa, Aconitum heterophyllum, Terminalia chebula.  
Indication : Rheumatic fever and associated symptoms.  
Dosage : 1 -2 tabs with Honey/Buttermilk/Suitable kashayam, twice/thrice daily before food or as directed by the Physician  
Presentation : 10 x 10 Blister pack.

## **22. VIGOR PLUS (Capsules)**

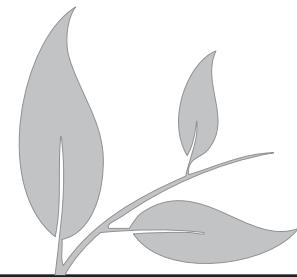
Total Ingredients : 13  
Main Ingredients : Withania somnifera, Mucuna Pruriens, Asparagus Racemosus, Tribulus terrestris, Boerrhavia diffusa, Piper longum, Silajathu  
Indication : General fatigue, sexual Dysfunctions, Emaciation, Improves physical strength & Vigor, Recommended for the management of male infertility.  
Dosage : 2 capsules twice daily after food preferably with milk.  
Presentation : 60 caps in White HDPE Bottles

## **23. OUSHADHI FACEPACK**

Total Ingredients : 9  
Main Ingredients : curcuma aromatica, Coriandrum sativum, rubia cordifolia, Curcuma longa, Acorus calamus etc.  
Indication : Varnyam, Enhance complexion of the face.  
Dosage : External application along with rose water/honey/buttermilk according to skin type.  
Presentation : 50 gm.

## **24. KONNAYILAKADUKADI LEPAM:** (An Ayurvedic Proprietary medicine)

Total ingredients : 6  
Ingredients : Cassia fistula, Brassica nigra, curcuma longa, butter milk, cream base etc  
Indication : Itching and fungal infections of skin.  
Usage : External application only  
Presentation : 25gm tube



# APPENDIX I

## INDEX OF MAIN INGREDIENTS

SCIENTIFIC NAME	SANSKRIT NAME	MALAYALAM NAME	PARTS USED
<i>Abies webbiana</i>	Thaleesapathram	Thaleesapathram	Leaf
<i>Abrus precatorius</i>	Gunja	Kunni	Seed
<i>Acacia ferruginea</i>	Arimeda	Karivelam	Stem bark
<i>Acacia catechu</i>	Khadira	Karingali	Heart wood
<i>Achyranthes aspera</i>	Apamarga	Valiyakataladi	Whole plant, Root
<i>Aconitum ferox</i>	Valsanabha	Valsanabhi	Rhizome
<i>Aconitum heterophyllum</i>	Athivisha	Athivitayam	Rhizome
<i>Acorus calamus</i>	Vacha	Vayambu	Rhizome
<i>Adhatoda beddomei</i>	Vasa	Atalotakam	Whole plant, Root, Leaf
<i>Aegle marmelos</i>	Vilwam	Koovalam	Leaf, Root, Fruit pulp
<i>Aerva lanata</i>	Bhadra	Cheroola	Root
<i>Aglaia roxburghiana</i>	Priyangu	Njazhal	Flower
<i>Alangium lamarckii</i>	Ankolam	Azhinjil	Root
<i>Albizia lebbeck</i>	Sireesha	Nenmenivaka	Stem bark
<i>Allium cepa</i>	Palandu	Chuvannulli	Bulb
<i>Allium sativum</i>	Lasuna	Vellulli	Bulb
<i>Aloe vera</i>	Kumari	Kattaravazha	Leaf
<i>Alpinia galanga</i>	Rasna	Chittaratha	Rhizome
<i>Alstonia scholaris</i>	Sapthaparna	Ezhilampala	Stem bark, Root
<i>Amomum subulatum</i>	Sthooleila	Perelam	Fruit
<i>Andrographis paniculata</i>	Kirathathiktha	Kiryathu	Whole plant
<i>Apium graveolens</i>	Ajamoda	Ayamodakam	Seed
<i>Aristolochia indica</i>	Gaarudi	Karalakam	Root
<i>Asparagus racemosus</i>	Sathavari	Sathavari	Tuberous root
<i>Asteracantha longifolia</i>	Ikshuram	Vayalchulli	Root
<i>Azadirachta indica</i>	Nimba	Aryaveppu	Stem bark, Leaf, Fruit
<i>Bacopa monnieri</i>	Brahmi	Brahmi	Whole plant
<i>Baliospermum montanum</i>	Danthi	Nagadanthi	Root
<i>Benincasa hispida</i>	Kooshmandam	Kumbalam	Fruit
<i>Biophytum sensitivum</i>	Samanga	Mukkutti	Whole plant
<i>Boerrhavia diffusa</i>	Punarnava	Thazhuthama	Whole plant, Root
<i>Borassus flabellifer</i>	Thalam	Panaviral	Inflorescence
<i>Boswellia serrata</i>	Kunthurushka	Kunthirikkam	Gum resin
<i>Brassica alba</i>	Sidharthakam	Venkatuku	Seed
<i>Butea monosperma</i>	Palasam	Plassu	Stem bark, Seed
<i>Caesalpinia bonduc</i>	Kuberakshi	Kazhanji	Seed
<i>Caesalpinia sappan</i>	Pathangam	Pathimukam	Heart wood
<i>Calotropis gigantea</i>	Arkam	Erikku	Root
<i>Cardiospermum halicacabum</i>	Indravalli	Uzhinja	Whole plant
<i>Carum carvi</i>	Krishnajeerakam	Karimjeerakam	Seed
<i>Caryota urens</i>	Thalam	Panamkula	Inflorescence
<i>Cassia fistula</i>	Aragwadha	Kanikkonna	Stem bark
<i>Cedrus deodara</i>	Devadaru	Devatharam	Heart wood
<i>Celastrus paniculatus</i>	Jyothishmathi	Cherupunna	Seed
<i>Chonemorpha fragrans</i>	Madhusruva	Perumkurumba	Root
<i>Cinnamomum thamala</i>	Pathram	Pachila	Leaf
<i>Cinnamomum zeylanicum</i>	Thwak	Elavangam	Stem bark
<i>Citrullus colocynthis</i>	Indravaruni	Kattuveilar	Root
<i>Citrus limon</i>	Nimbookam	Cherunaranga	Fruit

SCIENTIFIC NAME	SANSKRIT NAME	MALAYALAM NAME	PARTS USED
<i>Clerodendrum serratum</i>	Bharngi	Cheruthekku	Root
<i>Clitoria ternatea</i>	Sankhupushpam	Sankhupushpam	Root, Whole plant
<i>Coccus lacca</i>	Laksha	Kolaraku	Resin
<i>Cocos nucifera</i>	Keravriksham	Thengu	Inflorescence
<i>Coleus aromaticus</i>	Asmanthakam	Panikkoorkka	Leaf
<i>Coleus zeylanicus</i>	Valakam	Iruveli	Stem
<i>Commiphora mukul</i>	Guggulu	Gulgulu	Gum
<i>Coriandrum sativum</i>	Dhanyakam	Kothamallii	Seed
<i>Coscinium fenestratum</i>	Darvi	Maramanjal	Stem bark
<i>Crataeva magna</i>	Varanam	Neermathalam	Stem bark, Root
<i>Cuminum cyminum</i>	Jeeraka	Jeerakam	Seed
<i>Curculigo orchoides</i>	Varahi	Nilappana	Rhizome
<i>Curcuma angustifolia</i>	Thugaksheeri	Koova	Extract
<i>Curcuma longa</i>	Nisa	Manjal	Rhizome
<i>Cyathula prostrata</i>	Mayoorika	Cherukataladi	Leaf, Whole plant
<i>Cyclea peltata</i>	Pata	Pata	Rhizome
<i>Cynodon dactylon</i>	Doorva	Karuka	Whole plant
<i>Cyperus rotundus</i>	Mustha	Muthanga	Rhizome
<i>Datura stramonium</i>	Kanakam	Ummathu	Leaf, Whole plant
<i>Desmodium gangeticum</i>	Saliparni	Moovila	Root
<i>Desmodium trifoliatum</i>	Thripadi	Nilamparanda	Whole plant
<i>Desmostachya bipinnata</i>	Kusa	Kusappullu	Root
<i>Dolichos biflorus</i>	Kulatham	Muthira	Seed
<i>Eclipta alba</i>	Bhriggaraja	Kanjunni	Whole plant
<i>Elaeocarpus sphaericus</i>	Rudrakasham	Rudraksham	Fruit
<i>Elettaria cardamomum</i>	Ela	Elam	Fruit
<i>Embelia ribes</i>	Vidanga	Vizhal	Seed
<i>Emblica officinalis</i>	Amalaki	Nelli	Fruit rind, Fruit
<i>Emilia sonchifolia</i>	Sasasruthi	Muyalchevi	Whole plant
<i>Eragrostis cynosuroides</i>	Darbha	Darbhappullu	Root
<i>Eugenia caryophyllata</i>	Lavangam	Karayampoo	Flower bud
<i>Ferula asafoetida</i>	Hingu	Kayam	Gum
<i>Ficus bengalensis</i>	Vatam	Peral	Stem bark
<i>Ficus glomerata</i>	Udumbaram	Athi	Stem bark
<i>Ficus religiosa</i>	Aswatham	Arayal	Stem bark
<i>Ficus tinctoria</i>	Plaksham	Itthi	Stem bark
<i>Glycyrrhiza glabra</i>	Madhukam	Erattimadhuoram	Root
<i>Gmelina arborea</i>	Kasmaryam	Kumizhu	Root
<i>Gossypium herbaceum</i>	Karpasa	Paruthi	Seed
<i>Hemidesmus indicus</i>	Sariba	Naruneendi	Root
<i>Hibiscus rosasinensis</i>	Rakthapushpa	Chemparathi	Flower, Bud, Leaf
<i>Holarrhena pubescens</i>	Kutaja	Kutakappala	Stem bark, Seed Holarrhena antidysenterica
<i>Holoptelea integri folia</i>	Poothikaranjam	Aavil	Stem bark, Shoot
<i>Holostemma ada-kodien</i>	Jeevanthi	Atapathiyam	Rhizome
<i>Hordeum vulgare</i>	Yavam	Yavam	Seed
<i>Hyocymus niger</i>	Paraseekayavani	Kurassani	Seed
<i>Illicium verum</i>	Thakkolam	Thakkolapputtill	Flower
<i>Indigofera tinctoria</i>	Neelee	Neelayamari	Leaf, Root
<i>Ipomoea digitata</i>	Vidari	Palmuthukku	Rhizome
<i>Ixora coccinea</i>	Paranthi	Thechi	Root, Inflorescence, Leaf
<i>Jasminum grandiflorum</i>	Malathee	Picchakam	Leaf, Flower, Bud
<i>Kaempferia galanga</i>	Kachoram	Kacholam	Rhizome
<i>Leucas aspera</i>	Dronapushpi	Poothumba	Flower, Shoot
<i>Madhuca longifolia</i>	Madhookam	Ilippa	Heart wood, Flower

SCIENTIFIC NAME	SANSKRIT NAME	MALAYALAM NAME	PARTS USED
<i>Mangifera Indica</i>	Amram	Mavu	Stem Bark, Leaf, Cotyledon
<i>Merrimia tridentata</i>	Prasarani	Prasarani	Root
<i>Turpethum</i>	Thrivirth	Thrikolppakkona	Root operculina trupethum
<i>Mesua nagassarium</i>	Nagakesaram	Nagappooovu	Flower
<i>Mimusops elenji</i>	Bakularn	Elanji	Flower, Seed
<i>Momordica charantia</i>	Karavellam	Pavakka	Fruit
<i>Monochoria hastaefolia</i>	Neelolpalam	Chengazhi	Rhizome
<i>Moringa oleifera</i>	Sigru	Muringa	Stem bark, Root, Seed
<i>Mucuna pruriens</i>	Markkali	Naikkurana	Root, Cotyledon
<i>Murraya koenigii</i>	Kaidaryam	Kariveppu	Leaf
<i>Musa paradisica</i>	Kadali	Vazha	Rhizome, Fruit
<i>Myristica fragrans</i>	Jathiphalam	Jathikka	Fruit, Seed, Aril
<i>Nardostachys jatamansi</i>	Jatamansi	Jatamanchi	Root
<i>Nelumbium speciosum</i>	Aravindam	Thamara	Flower, Rhizome, Stamen, Stem
<i>Nerium odorum</i>	Karaveeram	Kanaveeram	Root, Stem bark
<i>Nervilia plicata</i>	Padmacharini	Orilathamara	Root tuber
<i>Ocimum basilicum</i>	Phanijam	Ramathulasi	Root
<i>Ocimum sanctum</i>	Surasa	Krishnathulasi	Leaf, Spike, Root
<i>Ocimum coryophyllatum</i>	Surasa	Veluthathulasi	Root
<i>Oldenlandia corymbosa</i>	Parpada	Parppatakappullu	Whole plant
<i>Oroxylum indicum</i>	Dundukam	Palakappayyani	Root
<i>Oryza sativa</i>	Thandulam	Ari	Seed
<i>Panicum italicum</i>	Kangu	Thina	Seed
<i>Peucedanum graveolens</i>	Sathahwa	Sathakuppa	Seed
<i>Phaseolus aconitifolius</i>	Masooram	Mankuttappayaru	Seed
<i>Phaseolus mungo</i>	Masharn	Uzhunnu	Seed
<i>Phaseolus radiatus</i>	Mudgam	Cherupayaru	Seed
<i>Phaseolus trilobus</i>	Mudgaparni	Kattupayaru	Root
<i>Phoenix pusilla</i>	Parooshakam	Chitteenthal	Root
<i>Phyllanthus niruri</i>	Thamalaki	Keezharnelli	Root, Whole plant
<i>Physalis minima</i>	Upakunjika	Njottanjodiyan	Whole plant
<i>Picrorhiza kurroa</i>	Katuki	Katukurohini	Root
<i>Pinus roxburghii</i>	Saralarm	Charalam	Heart wood
<i>Piper aurantiacum</i>	Gajapippali	Athithippali	Root
<i>Piper betel</i>	Thamboolam	Vettila	Leaf, Stem
<i>Piper longum</i>	Pippali	Thippali	Fruit
<i>Piper nigrum</i>	Maricham	Kurumulakau	Fruit
<i>Piper retrofractum</i>	Chavyam	Kattumulaku	Root
<i>Piper longum</i>	Pippaleemoolam	Thippaliveru	Root
<i>Plumbago zeylanica</i>	Chithrakam	Kotuveli	Root
<i>Pongamia pinnata</i>	Karanjam	Ungu	Stem bark, Root, Nut
<i>Premna serratifolia</i>	Agnimantham	Munja	Root
<i>Uraria picta</i>	Prisniparni	Moorila	Root
<i>Psoralia corylifolia</i>	Somaraji	Karkokil	Seed
<i>Pterocarpus marsupium</i>	Asanam	Venga	Heart wood
<i>Pterocarpus santalinus</i>	Rakthachandanam	Rakthachandanam	Heart wood
<i>Punica granatum</i>	Dadimam	Mathalam	Fruit rind, Pulp, Leaf
<i>Randia dumetorum</i>	Madana	Malankara	Seed
<i>Rauwolfia serpentina</i>	Sarpagandha	Sarpagandhi	Root
<i>Rheum emodi</i>	Amiavethasam	Njerinjampuli	Root
<i>Ricinus communis</i>	Erandam	Avanakku	Root, Oil
<i>Rotula aquatica</i>	Pashanabhedi	Kaloorvanchi	Root
<i>Rubia cordifolia</i>	Manjishta	Manjatti	Root
<i>Saccharum mungo</i>	Sara	Sarappullu	Root
<i>Saccharum officinarum</i>	Ikshu	Karimbu	Stem, Root

SCIENTIFIC NAME	SANSKRIT NAME	MALAYALAM NAME	PARTS USED
<i>Saccharum spontaneum</i>	Kasa	Kasappullu	Root
<i>Salacia oblonga</i>	Ekanayakam	Ekanayakam	Root
<i>Santalum album</i>	Chandanam	Chandanam	Heart wood
<i>Saraca asoka</i>	Asoka	Asokam	Stem bark
<i>Sarcostemma acidum</i>	Somalatha	Somalatha	Stem
<i>Saussurea lappa</i>	Kushtam	Kottam	Root
<i>Semecarpus anacardium</i>	Bhallathakam	Cheru	Cotyledon
<i>Sesamum indicum</i>	Thilam	Karerillu	Seed
<i>Sida cordifolia</i>	Bala	Kurumthotti	Root
<i>Smilax china</i>	Snuhi	Cheenappavu	Rhizome
<i>Solanum indicum</i>	Thiktha	Putharichunda	Root
<i>Solarium melongena</i> . var. <i>insanum</i>	Bruhathi	Cheruvazhuthina	Root
<i>Solanum nigrum</i>	Kakamachi	Manithakkali	Root
<i>Solanum xanthocarpum</i>	Kantakari	Kantakari	Whole plant
<i>Sphaeranthus indicus</i>	Hapusha	Atakkamaniyan	Root
<i>Stereospermum suareolens</i>	Patala	Pathiri	Root
<i>Strobilanthes ciliatus</i>	Sahacharam	Karimkurunji	Root, Whole plant
<i>Strychnos nux-vomica</i>	Karaskaram	Kanjiram	Seed
<i>Symplocos racemosa</i>	Sapthaparna	Pachotti	Stem bark, Root
<i>Syzygium cumini</i>	Jamboo	Njaval	Stem bark
<i>Tamarindus indica</i>	Chincha	Kolpuli	Stem bark, Root, Fruit,
<i>Tectona grandis</i>	Saka	Thekku	Leaf, Rachis
<i>Teramnus labialis</i>	Mashaparni	Kattuzhunnu	Young Shoot
<i>Terminalia arjuna</i>	Partha	Neermaruthu	Root
<i>Terminalia bellirica</i>	Vibheethakam	Thanni	Stem bark
<i>Terminalia chebula</i>	Hareethaki	Katukka	Fruit,Root,Fruit rind,Stem
<i>Tinospora cordifolia</i>	Amruthu	Chittamruthu	bark,Leaf,Seed
<i>Tragia involucrata</i>	Duralabha	Kotuthoova	Fruit, Fruit rind
<i>Tribulus terrestris</i>	Gokshuram	Njerinjil	Stem
<i>Trichosanthes anguina</i>	Patolam	Kattupatavalam	Root
<i>Trigonella foenum-graecum</i>	Methika	Uluva	Fruit
<i>Ventilago maderaspatana</i>	Dinesavalli	Thavittuvempada	Whole plant
<i>Vernonia anthelmintica</i>	Vanyajeerakam	Kattujeerakam	Seed
<i>Vetiveria zizanioides</i>	Useeram	Ramacham	Stem bark
<i>Vitex negundo</i>	Nirgundi	Karinochi	Root, Leaf
<i>Cissus quadrangularis</i>	Vajralatha	Changalamparanda	Stem
<i>Withania somnifera</i>	Aswagandha	Amukkuram	Root
<i>Woodfordia fruiticosa</i>	Dhathaki	Thathiri	Flower
<i>Zingiber officinalis</i>	Ardrakam	Inchi	Rhizome
<i>Zizyphus jujuba</i>	Kolam	Lantha	Seed

# APPENDIX II

## **1. ARIYARU:**

Seeds of *Holarrhena antidysenterica*  
*Psoralia corylifolia*  
*Coriandrum sativum*  
*Celastrus paniculatus*  
*Embelia ribes*  
*Elettaria cardamomum*

## **2. CHATHURJATHAKAM**

*Cinnamomum zeylanicum* (bark)  
*Elettaria cardamomum* (fruit)  
*Cinnamomum thamala* (leaf)  
*Mesua ferrea* (flower)

## **3. DASAMOOLAM:**

Roots of *Aegle marmelos*  
*Premna serratifolia*  
*Gmelina arborea*  
*Stereospermum colais*  
*Oroxylum indicum*  
*Desmodium gangeticum*  
*Pseudarthria viscosa*  
*Solanum melongena*. var.*insanum*  
*Aerva lanata*  
*Tribulus terrestris* (fruit)

## **4. DHANYAMLAM: VEPPUKADI**

## **5. JEEVANEYAGANAM:**

*Holostemma ada-kodien*, *Asparagus racemosus* (for MEDA)  
*Asparagus racemosus* (for MAHAMEDA)  
*Ipomoea mauritiana* (for JEEVAKAM)  
*Ipomoea mauritiana* (for RISHABHAKAM)  
*Withania somnifera* (for KAKOLI)  
*Withania somnifera* (for KSHEERAKAKOLI)  
*Phaseolus trilobus*  
*Teramnus labialis*  
*Glycyrrhiza glabra*

## **6. JEERAKATHRAYAM**

*Cuminum cyminum*  
*Nigella sativa*  
*Carum carvi.*

## **7. JEEVANAPANCHAMOOLAM**

*Asparagus racemosus*,  
*Withania somnifera* (for VEERA)  
*Holostemma ada-Kodien*  
*Ipomoea mauritiana* (for JEEVAKAM)  
*Ipomoea mauritiana* (for RISHABHAKAM)

## **8. KSHEERIVRIKSHA:**

*Ficus religiosa*  
*Ficus bengalensis*  
*Ficus glomerata*  
*Ficus tinctoria*

## **9. LAGHUPANCHAMOOLAM**

Roots of *Desmodium gangeticum*  
*Pseudarthria viscosa*  
*Solanum melongena*. var.*insanum*  
*Aerva lanata*  
*Tribulus terrestris* (fruit)

## **10. PANCHAKOLAM**

*Piper longum* (fruit)  
*Piper longum* (root)  
*Piper spp.* (root)  
*Plumbago rosea* (root)  
Dried Ginger (rhizome)

## **11. PANCHALAVANAM**

Rock salt  
Common salt  
Black salt  
Salt petre  
Sochal salt.

## **12. PANCHATHIKTHAM**

*Azadirachta indica* (stem bark)  
*Tinospora cordifolia* (stem)  
*Adhatoda beddomei* (root)  
*Trichosanthes anguina* (whole plant)  
*Solanum melongena*. var. *insanum* (root)

## **13. SHADPALAM**

*Piper longum* (fruit)  
*Piper longum* (root)  
*Piper spp.* (root)  
*Plumbago rosea* (root)  
Dried Ginger (rhizome)  
Rock salt.

## **14. THRIJATHAKAM**

*Cinnamomum zeylanicum* (bark)  
*Elettaria cardamomum* (fruit)  
*Cinnamomum thamala* (leaf).

## **15. THRIKATU**

*Piper longum* (dried fruit)  
*Piper nigrum* (dried fruit)  
Dried Ginger (rhizome).

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| 8. Chakradattam                           | 19. Sarvarogachikitsaratnam'          |
| 9. Charakasamhitha                        | 20. Susruthasamhitha                  |
| 10. Chikitsakramam                        | 21. Yogaratnakaram                    |
| 11. Chikitsamanjari                       | 22. Yogaratnasamuchayam               |

## EXPIRY OF AYURVEDIC MEDICINES\*

SI No	Name of the Group	Date of Expiry with effect from the date of manufacture
1	Asava arishta	10 Years
2	Bhasma	10 Years
3	Thailam	3 Years
4	Thailam for internal use	2 Years
5	Lehyam, Khanda, Guda, Paka	3 Years
6	Ghritham	2 Years
7	Liquid Kashayam	2 Years
8	Gulika/Tablets	3 Years
9	Choornam	2 Years
10	Kashayachoornam	2 Years
11	Lepa choornam	2 Years
12	Tooth powder	2 Years
13	Ointment	3 Years
14	Capsule made of Hard gelatin	3 Years
15	Syrup	3 Years
16	Eye drops/Arka	1 Year
17	Ear / Nasal drops	2 Years
18	Avarthi	2 Years
19	Varti	2 Years
20	Veppukadi	1 Year

\*As per Drugs & Cosmetics Rules

## PATENT MEDICINES

<b>Sl. No.</b>	<b>Medicine Name</b>	<b>Expiry date</b>
1	Facepack	2 Years
2	K K Lepam	2 Years
3	Psorset oil	2 Years
4	Baby oil	2 Years
5	Hairtone	2 Years
6	Pramehoushadhi coornam	2 Years
7	Pramehoushadhi Tablet	2 Years
8	Lipocare Tablet	2 Years
9	Cardocare Tablet	2 Years
10	Psorset ointment	2 Years
11	Murivenna ointment	3 Years
12	Bliss balm	3 Years
13	Rheumajith ointment	3 Years
14	Burncure ointment	3 Years

## THAILAM FOR INTERNAL USE

<b>Sl. No.</b>	<b>Medicine Name</b>	<b>Expiry date</b>
1	Gandharvahastha thailam	2 Years
2	Anu thailam	2 Years
3	Bala thailam	2 Years
4	Gandha thailam	2 Years
5	Eranda thailam	2 Years
6	Hinguthrigunam	2 Years

<b>Sl. No.</b>	<b>Medicine Name</b>	<b>Expiry date</b>
1	Shadbindu thailam	2 Years
2	Pipallyadyanuvatasana thailam	2 Years
3	Karnapoorana thailam	2 Years
4	Vachalasunadi thailam	2 Years
5	Gandhakadyamalhara thailam	2 Years

## **NAME AND ADDRESS OF OTHER ESTABLISHMENTS OF OUSHADHI**

### **OUSHDHI SALES DEPOT**

Arogyabhavan, Opposite Ayurveda College, M.G. Road,  
Thiruvananthapuram, Phone: 0471 2332981  
E-mail: [tvmbranch@oushadhi.org](mailto:tvmbranch@oushadhi.org)

### **OUSHDHI SALES COUNTER**

Panchakarma Institute Campus  
Poojappura, Thiruvananthapuram-I 2

### **OUSHDHI PANCHAKARMA HOSPITAL AND RESEARCH INSTITUTE**

Shornur Road, Thrissur-22, Phone: 0487 2334396  
E-mail: [panchakarma@oushadhi.org](mailto:panchakarma@oushadhi.org)

### **OUSHDHI SUB CENTRE North Region**

Medical College P.O., Pariyaram, Kannur  
Ph: 0497 2808303, 2808275, 9446459378  
E-mail: [rdc@oushadhi.org](mailto:rdc@oushadhi.org)

### **Southern Region**

Forest range office compound, Pathanapuram,  
Kollam Dist. Pin: 689695  
Ph: 0475-2352899, 2015525, 9400724010  
E-mail: [rdcsouth@oushadhi.org](mailto:rdcsouth@oushadhi.org)

### **Proprietary Ayurvedic Medicine Manufacturing Unit**

Muttathara, Thiruvananthapuram.  
Ph: 0471 2502648, 9446257197  
E-mail: [oushadhimuttathara@gmail.com](mailto:oushadhimuttathara@gmail.com)